

TOUGH MUDDER

Melbourne, Australia
Phillip Island
March 31 and April 1, 2012



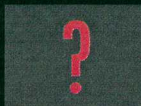
FYI: - Total course is approximately 20km long.
- Estimated time of completion is 3 hours.

Visit us at: www.ToughMudder.com.au

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1. Braveheart Charge
Charge into battle with 5,000 other mudders. Battle cries essential.



3. Mystery Obstacle
Obstacle will be revealed prior to event.



5. Berlin Walls #1
Show team spirit and camaraderie as you work with other Tough Mudders to scale our series of 3.5-metre-high walls, tough enough when dry, but really fun when wet.



7. Radioactive Jacuzzi
It'll be like tie-dyeing your shirt at summer camp, except that it's your body and the summer camp from hell.



9. Greased Lightening
Have some fun sliding down the hill on your ass. Real Tough Mudders go headfirst back into the pond.



11. Berlin Walls #2
Yet another set of brutal walls. Don't slip off the top!



13. Devil's Beard
Try as you might, you will get caught like a fly in a spider's web time and time again in our annoyingly low cargo nets.



15. Kiss of Mud
Eat dirt as you crawl on your belly under wire set only 20 centimetres from the ground.



17. Mud Mile
Get stuck in our energy-zapping trademark Tough Mudder thick mud as you way through a maze of trenches.



19. Hold Your Wood
Make like a lumberjack, and drag a log up a hill. Then try to keep your footing on the way back down.



21. Turd's Nest
Try not to fall as you make your way across this fragile net.



23. Twinkle Toes
Make your way across a log bridge without falling into a freezing-cold lake.



25. Reed Romp
Where swamp stomp meets log bog jog, this challenging stretch of peat bog is covered with a tangle of 1.5-metre-tall reeds, which you will have to bushwhack your way through in knee-deep mud.



27. Fire Walker
Plain and simple run through our blazing, diesel-soaked straw. Expect flames at least 1.2 metres high.



2. Tired Yet?
Pump your legs, or you'll get the taste of old rubber. Some are filled with our signature mud, just for kicks.



4. Walk the Plank
Test your fear of heights and cold with our 4.5-metre-high splash into the pond, which is followed by a swim back out.



6. Underwater Tunnels
Bob underneath the obstacles on the surface of the water as your head shrinks to the size of a walnut.



8. Hell March
Feel the burn early on as you charge straight up this steep run.



10. Ball Shrinker
Try not to fall off this rickety, swinging rope bridge into the muddy waters below.



12. Spider's Web
Fight your way up and over not one but two cargo nets. The view from the top is nice, but we think it's best you get down the other side as soon as humanly possible.



14. Boa Constrictor
Crawl through a series of pipes that may also force you into freezing, muddy water.



16. Everest
You'll need help from your fellow mudders to reach the top of this slippery giant quarter pipe.



18. Funky Monkey
Monkey bars were easy when you were five, but you'll need to hold on extra tight to these. Some of them have been greased with butter, and you'll get a shock when you fall into an ice-cold lake.



20. Swamp Stomp
Slosh your way through waist-deep sludge without losing your shoes in the process.



22. Mystery Obstacle
Obstacle will be revealed prior to event.



24. Log Jammin'
Don't hang your head as you navigate over and under a series of logs.



26. Mystery Obstacle
Obstacle will be revealed prior to event.



28. Electroshock Therapy
Release your inner demons as you sprint through a field of live wires, some of which carry a 10,000-volt shock.