

LEGACY TIMES



In this issue...

*Garden Makeover Program,
Legacy Week 2018 and
much more.*



11



18

Contents

- 4 Perth President's Message
- 4 Executive Officer's Message
- 5 Fremantle President's Message
- 5 Legatee Dot Squire Out and About in Collie
- 6 Meet the Team
- 9 Ever Wanted to Train Like a Commando?
- 11 Think 'Backyard Blitz' with a Military Twist
- 12 MBMMC Legacy Charity Ride
- 14 For the Fallen
- 15 My Health Record
- 16 Legacy Children Take On the Royal Show
- 18 Legacy Week 2018
- 20 Fly the Flag
- 21 Legacy Holiday Camp
- 23 100th Birthdays
- 25 A Legatees Laurel Adventures
- 26 From the Laurel Clubs
- 34 Recipe
- 35 Puzzle

Coming up...



Queen's Birthday

24 September

46th Militaria Auction

Claremont Showground
21 October

True Grit

Donnybrook
27-28 October

Remembrance Day

11 November

Christmas Jingle

Crown Towers Ballroom
3 December

Christmas Day

25 December

Boxing Day

26 December



Legacy WA

1130 Hay Street,
West Perth WA 6005

PO Box 1983,
West Perth WA 6872

T: (08) 9486 4900

F: (08) 9486 7022

E: legacy@perthlegacy.com.au

W: www.legacy.com.au/PerthLegacy

Opening Hours:
Monday to Friday
8:30am-4:30pm

Follow us...



LEGACY and the Torch Logo are trade marks of Legacy Australia Council Inc., and are used with its permission.

Perth President's Message



On the night of 7 September 2018, historically the Boards of Management of Perth and Fremantle Legacy Club joined with Torchbearers for Legacy at three separate General Meetings, at Fremantle Legacy and unanimously agreed to amalgamate to form the new entity,

which will be known as the *Legacy Club of Western Australia*.

The spirit of service, enthusiastically administered to all beneficiaries over the past ninety years, will continue with adulation for another ninety.

I had the pleasure of attending the Rockingham Laurel Club Birthday celebration, early in September, at the Port Kennedy RSL. The food was great, as was the company - thank you, ladies.

Legacy week and Badge Appeal, during the first week of September, was a very busy period for all

in the Legacy Family. The fundraising team, who had worked hard to ensure a successful campaign, were more than pleased to inform me that the collected amount in the city was \$10,000 more than the efforts in 2017! Combining this money with the shopping centres has so far raised more than \$80,000! This is phenomenal and I want to extend a thank you to all that contributed to making this possible. Funds raised will help us to continue to assist those we serve.

Our Laurel Club Convenor, Legatee Marlene Robbins, conjointly with the Fundraising and Marketing Team, are working very hard on putting together this year's Christmas Jingle, to be held at the Crown Ballroom on Monday 3 December.

As my year as President comes to an end in November, I wish to say thanks for the privilege to serve you all as President, rest assured, I will continue with honour to assist you all for as long as I am able.

Legatee Peter Heeney

Executive Officer's Message



The Board of Management of the Legacy Club of Western Australia Incorporated is pleased to announce that from 1 October 2018, all Legacy clubs and entities in Western Australia will be amalgamated into one entity, known publicly as *Legacy WA*.

From that date onwards the Legacy WA office will conduct all of its operations from its West Perth headquarters. As such, from 1 October 2018, all correspondence for Legacy clubs and beneficiaries in WA should be *addressed to Legacy WA (or the Legacy Club of Western Australia Incorporated)*.

Whilst the Fremantle Legacy House will remain a part of the organisation's asset base, the office will formally close for walk-in contact as of Monday 1 October 2018. All mail and phone calls will be redirected from that date. After that date, all physical contact will be required to occur through the West Perth office. These details can be found below.

Address:
1130 Hay Street
West Perth WA 6005

Postal Address:
PO Box 1983
West Perth BC WA 6872

Phone: (08) 9486 4900
Fax: (08) 9486 7022

Office Hours:
Monday-Friday 8:30am – 4:30pm
Closed on weekends and public holidays
Christmas Shutdown period: Fri 21 Dec 2018 –
Wed 2 Jan 2019

Please note that the Fremantle Laurel Club will continue to meet at Fremantle Legacy House at its usual time.

If there are any questions regarding the new business arrangements of Legacy WA please contact the Executive Officer on 0429 597 178.

Robert Ratkovic

Fremantle President's Message



I trust this Spring Report from the Fremantle Legacy Club (FLC) finds you all well and in good health.

My name is Legatee Matthew Granger and I was elected to the role of President, at Fremantle's AGM, as Legatee Arthur Peters has decided to take a step down from such an

active position. He will be remaining a Legatee for the near future and the Club members are grateful for his service to our Widows, Legacy Children and the club in general and we wish him well.

The biggest news around the club has of course been the forthcoming amalgamation. We were pleased that our offer to host the three Special General Meetings (SGM), was accepted and it was our pleasure to have so many Legatees and Torchbearers attend the meetings on Friday 7, September. The amalgamation proposal was accepted unanimously by all three entities and the work put in by all parties, was recognised.

What does this mean for Fremantle? First and foremost was consideration of the impact on our beneficiaries and two Laurel Clubs (Fremantle and Rockingham) and our intention is to ensure the transition is as seamless as possible. FLC already had a funding agreement with these clubs to ensure that their social activities could be planned with confidence and I'm pleased to write that this agreement will carry over into the new entity of the Legacy Club in Western Australia.—or "Legacy WA" as it will be referred to.

The Laurel Clubs have also been assured that the building at 17 Parry Street will remain in Legacy hands for the foreseeable future, as its use is likely to increase. Legacy WA will be proceeding with our Lotterywest grant application to renovate and develop the building as a hub for our activities, and we plan to accelerate this process as soon as the amalgamation is complete. If the building must be temporarily vacated during the renovations we will source a facility close by to ensure that the Laurel Club activities can continue.

I have had the pleasure of offering former Legatee Dr John Rigg reserve membership due to his long service with Legacy, both in Perth and Fremantle, and I'm happy to announce that John has accepted. We will be presenting John with recognition later in the year when the former members and staff of Fremantle hold a 'wind up' function. I've also had the pleasure of recognising former President Legatee Mark Stevens, who was present at the SGM's, for his service. I know many more of our club members have put in a lot of work over the years and we will be endeavouring to ensure that gratitude of their service is made.

I suppose I am in the unique position of probably serving as the shortest-period President in Fremantle's history and likely writing my one-and-only contribution to the Newsletter. On behalf of the Fremantle Legacy Club I'd like to thank everyone for their support through this process and, on a personal note, I'd like to thank all those members of Fremantle who, over decades in some cases, have supported the families of those who served their country.

Legatee Matt Granger

Legatee Dot Squire Out and About in Collie

On 10 August, Legatee Dot Squire attended a wonderful afternoon tea with the Premier Hon. Mark McGowan and local returned service families and representatives to commemorate the year ending Anzac Ceremony.

Students from Collie High School who will be travelling overseas to the Anzac ceremony next year, played host and catered the lovely afternoon tea.

Dot was also approached by a lovely group of local ladies asking where Legacy held their meetings locally, so plans are afoot to try a monthly meeting with the vision of more involvement with these lively widows.

Overall it was a lovely and memorable day.



Meet the Team

Robert Ratkovic Executive Officer



It is a great honour and a pleasure to be involved in all aspects of the Legacy Family and I'd have to say my favourite Legacy memory was seeing the happiness on the faces of our Legacy Children when I gave out their Christmas presents whilst dressed as Santa. A little bit more about me... My favourite food is a Margherita Pizza from 400 Gradi in Melbourne. My hobbies include scuba diving, sailing, soccer, reading and I can't forget my teenage daughters – a full time hobby in their own right... I also have two dogs, Teddy the Schizo Cavoodle and Jem the Border x Kelpie "roundemup" dog, who also keep me busy.

Steve Danaher Business Manager



I do a bit of everything really, from assisting new ladies and families, to organising some activities and providing guidance to ladies and families on many topics that affect them. I also manage the administration team who are the engine room of Legacy House. It's never a dull day and we are always busy.

My favourite food is the curry from Royal India next to Legacy House. You can find me collecting War Medals and crashing motorcycles (long story) in my free time.

I have a cat, Amber, who is not so friendly and only smooches when it wants a feed.

Favourite memories from Legacy, include the acknowledgement from ladies we have assisted. The huge smiles on the faces of our Legacy Children and PWD members after a day at Barbagallo Raceway, is up there too!

Renèe Benson Fundraising and Events Manager



I come up with strategies and plans to create events and fundraising campaigns, with my awesome team – Jess and Emily, who make sure that the communication and events plans roll out smoothly.

When I am out of the office I'm usually enjoying my Yoga practice or in the spending some time with my husband, Scott, and two dogs, Millie and Buddy, or making and enjoying a cheese platter with my girl friends.

A favourite Legacy memory of mine is the 90th Anniversary Gala where I got to see the seven months of planning come together, in particular the history videos I worked on!

Carl Ponnuthurai Pensions Officer



I investigate and submit claims for pension by our widows.

My favourite food is Ginger soy chicken with braised cabbage as cooked by my father, which sadly, I can only try to recreate.

I enjoy Jazz, bass guitar and reading the novels of Terry Pratchett and Anthony Burgess. I have Tropical fish though they don't have names yet.

My favourite Legacy memory is winning the unwinnable case.

Steve Stoll Manager - Legacy Holiday Camp



I manage the Legacy Holiday Camp Busselton and many of my favourite memories are of the interactions I have with the Widows at the camp.

My favourite food is spaghetti and meatballs and I enjoy photography and Master Rules AFL.

Ivy Hung Executive Administration Assistant



I am Ivy, the voice you hear on the phone when you call Legacy, and also the one to welcome you when you come through the door for your appointment. It gives me great pleasure to work at Legacy, to make a difference each day, in a small way to serve you. Even though I consider myself an Aussie and have been in Australia for over forty years, I still have the strong craving for Singapore Hawkers food. In my free time, I enjoy Formula 1, besides reading, baking, and craft.

I used to have two pet goldfish, Whoopi Goldberg, and Golden Hawn, but not anymore. My favourite Legacy memory was The Great Perth Hail Storm because we got to change new cars.

Kirstie Morrison Administration Assistant



I create and send Initial Contact (IC) packs for Legatees to visit widows to see if they need any assistance from Legacy. My other tasks include data entry, administration and reception.

Pasta and potato bake is my favourite food and when I'm not in the office I enjoy keeping fit. I have two German shepherds, Sky and Storm. I also have lots of birds, including emus and peacocks.

My favourite Legacy memory was attending the Legacy Busselton Camp when I was a kid.

Jackie Voo Administration Officer



I am responsible for the effective running of the office dealing with the support of Committees and providing co-operative assistance as necessary for the rest of the team.

My favourite food is Durian and I enjoy playing table tennis. One of my favourite memories is attending gatherings with the Laurel Ladies.

Robyn Follington Document Control Officer



I came to Legacy after working at the Department of Veterans' Affairs and Veterans' Review Board for 28 years. I work in the back office and am currently doing document control. My favourite Legacy memory is having morning tea with some of our lovely widows and the Governor of Western Australia, on Badge Day in 2015.

My hobbies are quilting, doing puzzles, bushwalking and travelling. I'll eat anything within reason, except offal. Oh, and tomato. I cannot stand those slimy seeds. Come to think of it, passionfruit seeds are awful too.

Vareena Johnson Pensions Administrator



I am the go to for all correspondence in relation to our Widows/Widowers and their pension applications.

My dad's roast lamb is my favourite savoury food but Cheesecake is my favourite when it comes to the sweet stuff. Out of the office I enjoy baking, camping, crafts and working out/exercising.

I have two pets; Spud, a chocolate Labrador and Fridge, an American Staffy.

My favourite Legacy memory is either abseiling down the QV1 building in a bear suit, or camping in Donnybrook for True Grit the last two years running.



Graham Follington Pensions Officer



I complete nearly all the Veterans' Review Board appeals and a number of claims for live veterans linked with Legacy in some way. I was an employee of the Department of Veterans' Affairs, before my time here.

My favourite food is cheese – all types. I enjoy playing squash (currently State champion for the 60-64 age group), gardening, wine, renovating our beach-house (never-ending), using the spa, and spending time with Robyn of course.

I don't currently have any pets but we did have a Jack Russell named Spinner who was an entertaining little creature and a world-class mouse/rat catcher.

My favourite Legacy moment is when Robyn started working here and/or when Rob became the Executive Officer. There have been many, many good moments with our widows.

Dave Jones Pensions Officer



Hi there, at Legacy WA I investigate and submit claims for pension on behalf of our widows.

My favorite food is steak, eggs and chips and I love golf, caravanning and fishing. I have an Alexandrine parrot named Ali and my favorite Legacy moment was when I got my first pension approved.

Jessica Kirstenfeldt Marketing Coordinator



I look after all of Legacy WA's communications, from posting to social media to this newsletter.

My favourite food is mango and on the weekends you can find me sipping an Earl Grey tea over Brunch or at the gym. I love spending time with my two cats, Relph and Kitty; and Rufis, our Maltese Bichon.

The night of the 90th Anniversary Legacy Gala would have to be my favourite memory as well as seeing April and Legacy Week Collection campaigns come together.

Emily Mullins Fundraising and Events Coordinator



I bring together both the April and September fundraising appeals. I also look after volunteers and third party fundraising.

My favourite food is a close tie between Pho and Ramen. When I'm not in the office I enjoy a little bit of rock climbing and indoor plant loving.

I have a Blue Heeler x Kelpie called Remy and she is a very good girl! One of my favourite memories is Legacy WA's 90th Gala!

Andrew Michaelson Casual



Hi all my name is Andrew, I have been with Legacy for around 3 years in a multifaceted role, ranging from supporting staff with any requests, to taking care of our stock and storerooms. My wife of 26 years, Rebecca, and I have a daughter, Kiah (14yrs), and a little fella, Lachlan (12yrs).

Outside of work I enjoy road cycling, being around / on / or in the ocean; along with filling in holes dug by our Staffordshire Terrier Lizzy (3rd child) when she's not escaping. If I had to give up all food and drink, I would live on milk and roasted meat.

One of my fondest Legacy memory's is having people reinforce how worthwhile and important the work we do is, by relaying how, as a young family Legacy gave them stability, hope and the feeling they were not alone.



"Thank you Legacy WA it was a great morning out. MFA did a great session with the crew, now to borrow some ideas to use in our training." – Step into Life Swan View.

Ever Wanted to Train Like a Commando?

Members from a number of Step Into Life clubs, from across Perth, rolled out of bed on a Sunday morning, and braved the cold for a 7am start at City Beach, to take part in a Military Endurit Bootcamp.

Logan and Dan, trainers from Military Fit Australia (MFA) as well as members of the Legacy WA Fundraising Team, pushed everyone to their limits, with

a range of exercises to test everyone's mental and physical strength, all whilst having a bit of fun. That's if you call running buckets of sand up and down the beach, carrying berthing ropes, jumping in and out of tyres and commando crawling in the sand – 'fun'!

way they operate, shows that the really are about working with and supporting the community in a collaborative way that is a fun way to achieve results. With similar values to Legacy, it seemed only right to train together.

"A wonderful time on Sunday, cheers Legacy WA. I know the guys really had a good time and what a beautiful morning at the beach side. That is the reason we do it outdoors!" – Step into Life Bassendean.

Proceeds from the registrations were donated to Legacy, which totalled a whopping \$850! It was great to see the comradery and mateship amongst the Step Into Life community and their generosity.

Step Into Life offers outdoor small group training and the





TRUE GRIT

MILITARY INSPIRED OBSTACLE CHALLENGE



PART PROCEEDS DONATED TO LEGACY

OCT 27+28, 2018

SIGN UP ONLINE VIA WWW.TRUEGRIT.COM.AU



Think 'Backyard Blitz' with a Military Twist

Twenty soldiers from the Western Australian University Regiment (WAUR) and Association armed themselves with whipper snippers, gardening gloves and chainsaws to help tidy the yard of 90-year-old Legacy War Widow and Doubleview resident, Mrs Eva Young.

Mrs Young was born in Thailand and migrated to Australia in the 1950's later meeting her husband, Ray Young, who had served in the Royal Australian Air Force (RAAF) Darwin and undertook flights over enemy territory. Ray sadly passed away in June of this year, after 64 years of marriage.

Legacy currently cares for around 58,000 widows/ widowers and 2,000 children and disabled dependants throughout Australia. As the average age of Legacy widow is over 80, maintenance around the house, particularly in the garden, has become increasingly difficult to keep on top of.

The clean-up was organised as a part of Legacy's Garden

Makeover Program, an initiative that assists Legacy widows in order to help maintain their gardens and reduce the risk of falls.

"I've lived in this residence for over 63 years, raised a family of three and it is great to see my family home restored to its former glory," said Mrs Eva Young.

"It is such a great feeling to know Legacy is here when and if I need them."

The WAUR has close ties with Perth Legacy, and regularly assists the organisation in a variety of ways, ensuring quality of life for the families of those who served.

It is with the help from the Defence Force and community and corporate volunteers that Legacy WA is able to care for the families left behind.



46TH LEGACY MILITARIA AUCTION

Sunday 21 October 2018
10am onwards

Claremont Showground, Jim Webster Pavilion

Viewing

Saturday 20 October: 10am-4pm

Sunday 21 October: 9am-10am

Item Drop Off

Items to be delivered directly to the Jim Webster Pavilion on Monday 15 and Tuesday 16 October

Please contact John Burridge on 0417 189 883 or email johnbjma.com.au for more information



MBMMC Legacy Charity Ride



On Sunday 16 September members of the Perth South and Rockingham Sub Branches, of The Military Brotherhood Motorcycle Club (MBMMC), took part in a charity ride with proceeds donated to Legacy WA.

We were lucky with the weather, which saw 60 plus riders from the two branches as well as riders from the Grunts and Patriots and members from the Perth One Tonners Club. The Armadale RSL hosted the start of the ride, providing refreshments and the use of their carpark for the assembled masses. We took a leisurely ride through some of the beautiful scenery around the Canning Reservoir then through Serpentine before we made our way to the coastal town of Rockingham where the RSL made us very welcome.

A fantastic lunch was on offer along with plenty of participation in some raffles with a variety of donated prizes. The Chief Operation Officer, RSLWA, Martin Holzberger, and Legatee Steve Danaher, addressed the assembled crowd, thanking them for their wonderful effort in supporting the beneficiaries of Legacy.

Special mention should be made of those members of the MBMMC who made the event happen and its ultimate success, National

President 'Haggis', Perth South President 'Sarge', QM/Tres 'Dazza', Rockingham President 'Swain', PR Officer 'Scotty' and Road Captain 'Biggles' for keeping everyone safe on the trip.

The tally of monies raised was \$5,130 and counting when I departed. A heartfelt thanks to all involved, the money raised will be used for our 2019

Education Fund for our young legacy members.

The MBMMC have been valuable supporters of Legacy WA and have conducted a number of fundraising events over the years. This event, was another resounding success and we appreciate the generosity and ongoing support.

Legatee Steve Danaher



MBMMC Rockingham President, 'Swain,' presenting Legatee Steve Danaher with a cheque for Legacy WA.



WE'RE ALWAYS LOOKING FOR WAYS TO SHOW WE CARE.

At Regis we've dedicated over 20 years to developing innovative products and pioneering services that lead the way in aged care.

Our goal has always been to give our clients the support and services they need to live rewarding, independent lives. So we're constantly reviewing and refining what we do.

A growing national network of world-class residences, personalised care programs and extensive in-home services have all been developed to make sure we're providing the best care possible at all times.

And while we're proud of everything we've achieved, we'll never stop looking for ways to do more, because for us 'care' is more than just a service.



To find out just how much we care call **1300 998 100** or visit **regis.com.au**

For the Fallen

For the Fallen, will commemorate and honour the 100th anniversary of the Armistice of World War I, in a concert of evocative poetry and music on Remembrance Day; **Sunday, November 11 at 2.30pm at The Basilica of St Patrick, (corner Parry and Adelaide Streets, Fremantle).**

The final 'Pipe Organ Plus' concert for 2018, was inspired by James Hagan's desire to recite war poems accompanied by music.

"The poetry and music reflections for this concert are drawn from many countries to show that no matter where we come from, the effects of war are universal," Dominic Perissinotto said.

"Through this integration of poetry and music reflections from international poets and musicians who have experienced the atrocities of World War 1, the programme will honour those who have fallen."

The programme will be interspersed with the music of Paul Hindemith, Marco Bossi, Johannes Brahms, and the final piece by Brenton Broadstock – At the Going Down of the Sun featuring the pipe organ and trumpet.

A limited amount of tickets available for distribution amongst the Legacy family.

To secure your ticket contact Perth Legacy on (08) 9486 4900 or email reception@perthlegacy.com.au

General Tickets: available at the door (\$40 Concession -\$35 Under 18 -\$20) or www.trybooking.com/TATI



Legatee Arthur Peters and Dominic Perissinotto inside the Basilica of St Patrick.

My Health Record

What is My Health Record?

My Health Record is an online summary of your key health information.

When you have a My Health Record, your health information can be viewed securely online, from anywhere, at any time – even if you move or travel interstate. You can access your health information from any computer or device that's connected to the internet.

My Health Record brings together health information from you, your healthcare providers and Medicare. Whether you're visiting a GP for a check-up, or in an emergency room following an accident and are unable to talk, healthcare providers involved in your care can access important health information, such as:

- allergies
- medicines you are taking
- medical conditions you have been diagnosed with
- pathology test results like blood tests.

This can help you get the right treatment. You don't need to be sick to benefit from having a My Health Record. It's a convenient way to record and track your health information over time.

Information from healthcare professionals

Healthcare providers such as GPs, specialists and pharmacists can add clinical documents about your health to your record, including:

- an overview of your health uploaded by your doctor, called a shared health summary. This is a useful reference for new doctors or other healthcare providers you visit
- hospital discharge summaries
- reports from test and scans, like blood tests
- medications that your doctor has prescribed to you
- referral letters from your doctor(s).

Information from Medicare

Up to two years of past Medicare data may be added to your record when you first get one, including:

- Medicare and Pharmaceutical Benefits Scheme (PBS) information held by the Department of Human Services
- Medicare and Repatriation Schedule of Pharmaceutical Benefits (RPBS) information stored by the Department of Veterans' Affairs (DVA)
- organ donation decisions

- immunisations that are included in the Australian Immunisation Register, including childhood immunisations and other immunisations received.

Information you can add to your record

You, or someone authorised to represent you, can share additional information in your record that may be important for your healthcare providers to know about you. This includes:

- contact numbers and emergency contact details
- current medications
- allergy information and any previous allergic reactions
- Indigenous status
- Veterans' or Australian Defence Force status
- your advance care plan or contact details of your custodian.

How My Health Record benefits you?

Better connected care

As more people use the My Health Record system, Australia's national health system will become better connected. The result is safer, faster and more efficient care for you and your family.

Access to your key health information in an emergency

In a medical emergency, healthcare providers connected to the My Health Record system can see your health information such as allergies, medicines and immunisations. This helps them to provide you with the best possible treatment and care.

A convenient snapshot of your health

When your healthcare provider uses your My Health Record, you won't need to remember all the details of your medical story, such as your prescriptions or the names of tests you've had.

What do I have to do?

You don't have to do anything. A secure My Health Record will be created for you by the end of 2018 if you have a Medicare or Department of Veterans' Affairs card.

However if you don't want a My Health Record, please contact 1800 723 471 or visit www.myhealthrecord.gov.au by 15 November 2018.

Sourced from www.myhealthrecord.gov.au/



MARKET DAY

In support of Legacy WA

Teapots & Roses Gallery

92 Tranquil Drive, Carramar
Sunday 11 November 2018
9am-3pm

There will be a hand-picked selection of vintage, garden and jewellery stalls perfect for Christmas gifts

Enquiries to Jeanette- 0400 369 924

Legacy Children Take On the Royal Show

The Royal Agricultural Society of Western Australia (RASWA) provided Legacy WA with a number of passes for Legacy Children to make some furry friends at the 2018 IGA Perth Royal Show animal nursery. Of course we couldn't say no, and a number of Legacy families had a great day.

We received handwritten letters from Tomas and Lachlan who, by the sounds of it, had a wonderful time.



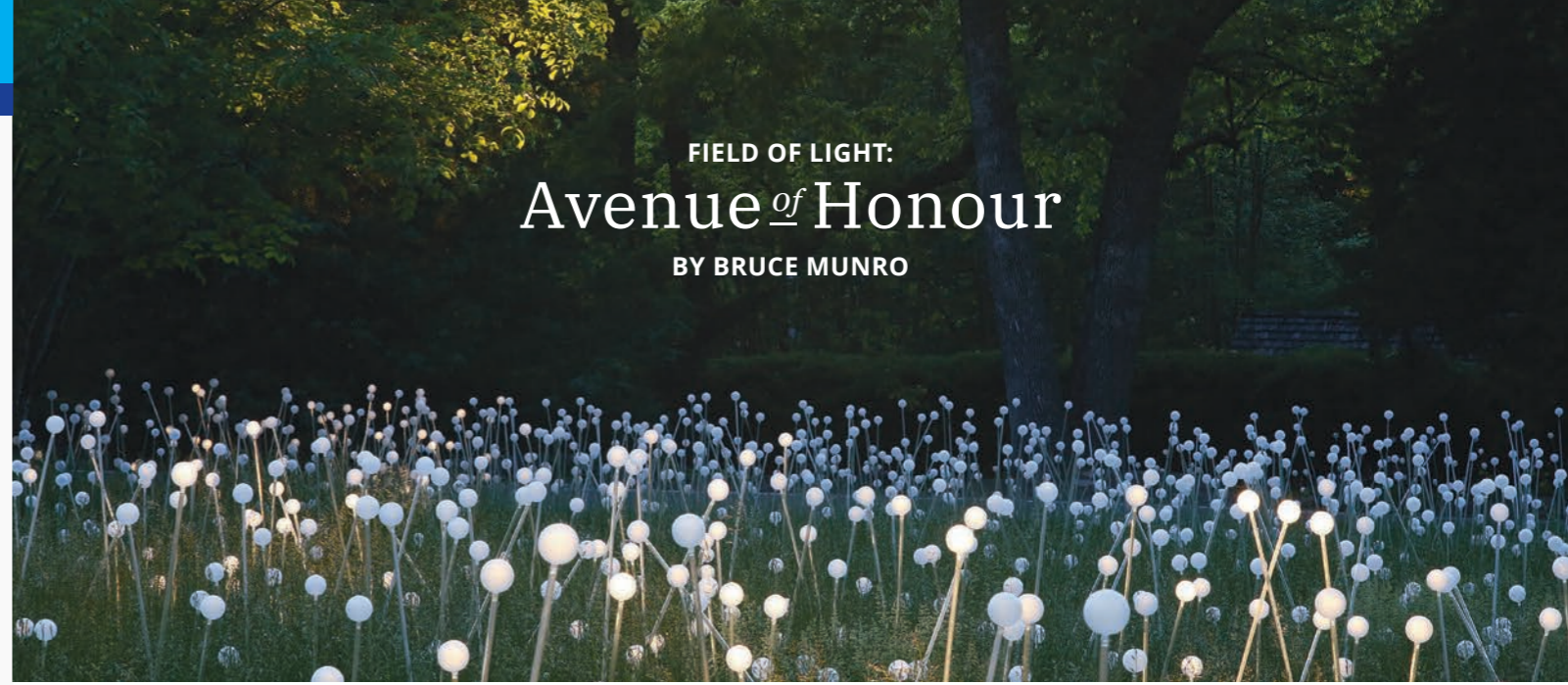
25/9/2018

To my Legacy family
Thank you for giving
me a ticket to see
perth royal show animals
early. I had so much fun seeing the chicks
holding the rabbits and having a bird
sit on my finger.
the royal show was so much fun.
thank you
From Tomas.

25-9-2018
Dear Perth Legacy
thank you for
letting us go to the
Animal nursery my
favourite bit
there was holding the Animals and
letting the bird sit on my finger
and my hands the chicks looked
really cute and the cat was
very fluffy. I loved the Royal
show.
Love from Lachlan.



FIELD OF LIGHT: Avenue of Honour BY BRUCE MUNRO



WHAT IS FIELD OF LIGHT: AVENUE OF HONOUR?

Field of Light: Avenue of Honour is an immersive art installation by Bruce Munro gently illuminating the Avenue of Honour at Mt Clarence with 16,000 shining spheres in homage to the Anzacs who departed from Albany for the Great War.

The artwork will shine at night with thousands of glass spheres on slender stems planted along the avenue at Albany Heritage Park by local volunteers, illuminating the tree-lined path blooming at night like wildflowers after rain.

It will reference the national flowers of Australia and New Zealand; honouring 100 years since the First World War's end and celebrating Albany's unique biodiversity with thousands of lights shining in the whites, yellows and greens of the wattle and the kowhai.

Incorporating Munro's motif use of light on an environmental scale to create an emotional response for the viewer, *Field of Light: Avenue of Honour* will symbolise wild beauty, sacrifice, courage and honour. Coinciding with the Armistice, the installation will embody peace, hope and light; a celebration of a brighter future and a timely reminder for the need of hope and peace amid a world of chaos and conflict.

WHO IS BRUCE MUNRO?

Internationally acclaimed British artist Bruce Munro is best known for producing large immersive light-based installations, which often employ a massing of components by the thousands. For more information visit www.brucemunro.co.uk

WHERE WILL THE INSTALLATION BE?

The artwork will shine at night with thousands of glass spheres on slender stems illuminating the tree-lined path along the Avenue of Honour at Albany Heritage Park.

WHEN WILL THE INSTALLATION BE IN PLACE?

The artwork will be installed between the 13th and the 28th September 2018. It will be exhibited from the 5th October 2018 through to Anzac Day in April 2019, coinciding with peak wildflower season and the conclusion of the Anzac Centenary commemorations.

WHO IS COORDINATING THIS PROJECT?

The installation was commissioned by independent, non-profit cultural organisation FORM with the City of Albany and made possible by funding from the Australian Government through the Building Better Regions Fund and the State Government through Tourism Western Australia and Lotterywest, and with support from Christine & Kerry Stokes AC.

WHY IS THE PROJECT HAPPENING?

Field of Light: Avenue of Honour will honour the Anzacs and commemorate 100 years since the First World War's end. The project seeks to highlight the region's unique sense of place and identity in sophisticated, contemporary ways and draw locals and tourists to see Albany and Western Australia in a different light. It is expected to attract more than 28,500 people including 8,500 visitors from outside the Great Southern region.

For more information visit www.fieldoflightalbany.com.au



The installation was commissioned by independent, non-profit cultural organisation FORM with the City of Albany and made possible by funding from the Australian Government through the Building Better Regions Fund and the State Government through Tourism Western Australia and Lotterywest, and with support from Christine & Kerry Stokes AC.

Image courtesy of Bruce Munro Studio. Photograph by Mark Pickthall. www.brucemunro.co.uk



Legacy Week 2018 Thank you

WOW, Legacy Week 2018 was... incredible! Firstly, a HUGE thank you to Legatees, Australian Defence Force members, Cadets, volunteers and the wider group of staff who gave their time to ensure the 2018 Legacy Week Appeal was a success.

The rain held off and by mid-morning full buckets were starting to flow through headquarters which was based at DVA, and a thank you goes to their team for making us feel welcome.

Our three mascot Legacy Bears loved all the attention and couldn't get enough of everyone's cuddles! They not only provided entertainment but were pretty good at shaking a bucket.

The Cassanovas were parked up next to our Legacy tent, giving away prizes and lollipops which saw the public get involved.

A special mention to the large contingent of Cadets from Christchurch Grammar, Mandurah, Morley, Midland, Como, Eastern Hills, Wanneroo, Joondalup, Carine and Aquinas College students who put in 110% both in the Perth CBD and at shopping centres and Bunning stores across Perth over the weekend of 8/9 September.

Another thank you goes to the team from Technip FMC who held a Legacy fundraising morning tea to kick off Legacy



Week and provided a number of volunteers in the CBD. Amana Living also held morning teas for Legacy at both the Rivervale and Subiaco sites, which saw our bears flying off the shelves to new homes.

The support of the media was once again great to see with Channel 9 News Presenters wearing Legacy badges and interviews on Curtin FM, 6PR and 101.3 FM. You might have caught us on the back of the CAT Bus, or seen our posters on the train interiors. There was also a generous amount of support across social media and if you

have not yet, make sure you are following @LegacyWA on Facebook and Instagram and @PerthLegacy on Twitter.

So far we have banked \$80,000 with a few buckets still to make their way into Legacy House. Whether you bought a badge, volunteered at a stall, or simply dropped a gold coin in a bucket - thank you. The impact of your support is truly life-changing.

Once again it is time to get your diaries out! Our April Collection will be 24 April 2019 in the Perth CBD, followed by shopping centres and Bunnings stores on

27/28 April. We hope you can join us in keeping the promise to the families of those who served their country.

Thank you to everyone who lent a hand and dug deep during Legacy Week 2018. Thanks to you Legacy WA is able to keep its promise to care for the families of those who served our country. – Robert Ratkovic Executive Officer.



Fly the Flag

In support of the Invictus Games Sydney 2018 Perth Legacy took part in 'Fly the Flag' the final 'Make Your Mark Down Under' activation. On 17 August, supporters from around the world raised the Invictus flag in a united show of support for our wounded warriors.

The Invictus Games is an international adaptive sporting event for serving and former serving military personnel who have become wounded, injured or ill during their military service.

Neighbouring businesses and friends of Legacy made their way to Legacy House for a flag raising ceremony and BBQ. Executive Officer of Perth Legacy, Robert Ratkovcic, recited the Invictus Poem and touched

on the importance of the games, Legatee Bob Keatch played the last post and former Legacy Child and current Administration Assistant, Kirstie Morrison, raised the flag.

'Invictus', the Latin word meaning 'unconquered', is drawn from the poem written by William Henley in 1875 describing his experiences while terminally ill with tuberculosis. The final verse contains the

rallying cry for the Invictus Games - 'I am the master of my fate, I am the captain of my soul' – the focus on the individual, empowerment and choice irrespective of the circumstances.

The Games will be held from 20-27 October in Sydney and will attract 500 competitors from 18 nations. Make sure you tune in and support our Australian athletes.



2018 Camp Dates

Camp 4	Fri 12- Tue 23 October	Gae Donaldson (PVA)
--------	------------------------	---------------------

Camp 5	Fri 9- Tue 20 November	Barbara Keillor
--------	------------------------	-----------------

2019 Camp Dates

Camp 1	Fri 15- Tue 26 February	Yvonne Cocker/Elvie Cartmell
--------	-------------------------	------------------------------

Camp 2	Fri 15- Tue 26 March	Rosemary Ricetti/Linda Archer
--------	----------------------	-------------------------------

Camp 3	Fri 26- Tue 7 May	Betty Rochford
--------	-------------------	----------------

Legacy Holiday Camp

Application to attend Legacy Holiday Camp Busselton

Please complete and return to:

Legacy Holiday Camp Busselton

128 Caves Road

Siesta Park WA 6280

legacycamp@bigpond.com

Camp Details		
Holiday Camp no.:	From:	To:
Your Details		
Surname:	First name:	Preferred name:
Address:		
Suburb:	State:	Postcode:
Phone no.:	Mobile no.:	
Email:		
Next of Kin		
Surname:	First name:	Phone no.:
Address:		
Suburb:	State:	Postcode:
Name of family doctor:		Phone no.:
Other requirements		
Do you require a commode, walker or gofer during the camp? Please indicate below:		
*Please note there are limited supplies of these items at the Legacy Holiday Camp and any aids MUST be requested at the time of booking to ensure that your needs are met and arrangements can be made to secure these items for you.		

Legacy Holiday Camp

Private Transport

Please Circle:

YES/NO

If YES please provide your vehicle registration number: _____

Bus Information

TransWA

If you wish to travel with TransWA using your free travel pass you will need to arrange your own booking. Please advise the Legacy holiday camp on (08) 9755 4530 or 0429 293 316 of your travel itinerary in order for Busselton pick up to be arranged.

If you are a Gold Card holder, arrangements can be made on your behalf. Please provide the following details so these arrangements can be made.

Gold Card no.: _____ Expiry date: ____/____/____

Seniors Card no.: _____

Pension Card no.: _____

South West Coach Lines- Daily		
	Morning Route	Afternoon Route
Perth Elizabeth Quay Busport	<input type="checkbox"/> 7:30am	<input type="checkbox"/> 1:20pm
Perth Airport- Domestic Terminal (T3/T4)	<input type="checkbox"/> 8:00am	<input type="checkbox"/> 1:50pm
Perth Airport- International Terminal (T1/T2)	<input type="checkbox"/> 8:10am	<input type="checkbox"/> 2:05pm
Cockburn Central Station	<input type="checkbox"/> 8:40am	<input type="checkbox"/> 2:35pm
Bunbury Bus Station	<input type="checkbox"/> 10:30am	<input type="checkbox"/> 4:25pm
Busselton Terminal	<input type="checkbox"/> 11:15am	<input type="checkbox"/> 5:20pm
Return Journey		
	Morning Route	Afternoon Route
Busselton	<input type="checkbox"/> 7:40am	<input type="checkbox"/> 1:00pm

Signature: _____ Date: ____/____/____

100th Birthdays

Happy 100th Birthday Alex Ireland

Alex Ireland celebrated her 100th Birthday on the 30 May.

Alex was an absolutely delightful lady and very alert. In her hundredth year Alex still enjoys reading and at times has three books on the go!

Alex has a beautiful family that include her 2 children, 10 grandchildren and 17 great grandchildren. Her family picked her up on the day and took her out for a birthday luncheon at

a lovely restaurant. The day did not end there as she continued receiving birthday wishes from visitors throughout the day.

Legatee De'Arne Prosser



Mrs Constance Bayley Turns 100

Legatee Keith Burbridge had the pleasure of meeting Mrs Constance Bayley on Friday 18 June, at the RAAFAWA Retirement Village at Booragoon.

Mrs Bayley, a past Fremantle Laurel Club member, was a real surprise to meet and is much younger than her one hundred years of life and knowledge.

Constance reflected on Victoria Park, the area she once knew so differently in comparison to its current state of newly housed structures and apartments. She spoke for some time about her memories of Victoria Park and Bayswater where she spent most of her life.

Legatee Keith Burbridge



100th Birthday Celebrations for Mrs Ward

I delivered flowers to Mrs Ward on her 100th birthday, to her home in Eaton.

She was born in Katanning in 1918 and says that her life has been wonderful. Her advice is to live a life of moderation and exercise regularly, Every morning and afternoon Mrs Ward walks for 20 minutes, she lives independently in her home, has family nearby and a 102 year old sister.

Happy birthday Mrs Ward!

Legatee Alf Mainstone



100th Birthdays

Happy 100th Birthday Mrs Margaret Howell

Mrs Margaret Howell celebrated her 100th Birthday on 6 June with family, residents and staff of Hilltop Hostel, Juniper Rowethorpe Bentley, being her home for the past 3 years.

Margaret was in excellent spirits and thoroughly enjoyed the occasion with 40 fellow residents who joined in the celebrations with morning tea and a rousing song for her birthday. Her daughter Christine travelled from Melbourne to share the occasion.

Legatee Peter Gleeson presented Margaret with flowers and a card on behalf of Perth Legacy which was most appreciated.

Margaret was born on 5 June 1918 and raised in Clare, South Australia, where her father was the Seven Hills Hotel manager. She met her future husband, Phillip, on a train trip from Adelaide to Perth in 1941. They married in December 1942.

Phillip at the time was serving in the RAAF and subsequently achieved the rank of Sergeant in the Medical mustering. He served in Singapore fortuitously managing to avoid the Japanese occupation, and afterwards, at various Australian-based postings including the secret Corunna Downs Airfield in the Pilbara.

After discharge from the RAAF Philip worked as a Health and Safety Officer in Perth. The family which now included children, Christine and John, moved to New Guinea in 1953 where they lived in Lae until 1964. John and Christine said they had a wonderful childhood with many adventures to reflect on in post-war New Guinea.

Margaret enjoyed playing tennis in her social time and was an active member of the Country Women's Association (CWA) for many years on the family's return to Australia.



The family moved around Perth before settling on a Hills lifestyle in Glen Forrest then finally downsizing to the Forrestfield Retirement Village where Margaret continued to live independently after Phillip's passing in 1991.

Margaret believed the key to a long life was staying positive and having a caring and loving family environment.

She is clearly enjoying the care and support of the Juniper Rowethorpe Bentley staff who made a special effort for her 100th Birthday celebrations.



A Legatees Laurel Adventures

I was fortunate enough to attend the Rockingham Laurel Club's annual fashion parade. An extensive variety of clothing and accessories was made available on the day by Kerry D Fashion. A storm was brewing outside with the winter weather upon us, however, that didn't stop these ladies getting together for a wonderful morning. There was no shortage of prizes for their monster raffle and the amount of yummy food was enough to feed an army!

Well done to the beautiful models of the day; Helen, Mick, Cynthia and Joan, you all did a fantastic job and looked amazing. A lot of time and hard work went into organising this fantastic event which was enjoyed by 52 members and guests. Together they raised just over \$650!

Thursday, June 14, we went on a bus trip to the Crown Casino, although, numbers were a little low with the winter ailments out in full force. A little flutter here and there, a lovely lunch and chat set a great mood. It was a trip of great value which was \$10 each, including our return bus trip, lunch, Keno flutter and \$3 for extra play on the member's card. There were some smiles for the winners and the losers didn't complain (which included me).

Unfortunately, I missed out on their outing to the Mandurah Performing Arts Centre to see

the Fred Astaire Tribute on 22 May. It must have been great as the ladies are still talking about how Brenda and a couple of others had their eyes on the pianist! He's definitely left an impression.

At their meeting in June, they had a guest speaker Connie from Joseph's Coat - a charity organisation that sends much-needed stationery and other items to those in need all over the world. All the Laurel Club members were asked to bring in a donation, as they have done every year for quite some time. Unfortunately, the organisation will be closing down soon, but I was amazed at the generosity of these ladies and the amount that they donated.

The Rockingham Laurel Club ladies are a real thrifty bunch and they continue to raise funds for their club and Legacy at every opportunity! The ladies donate the fruit grown in their

gardens to their President, Pauline, who makes marmalade jam to be sold. If you forget your badge you have to pay a gold coin and a small raffle is held each meeting. Raising all of these funds allows the club to reduce the cost of outings.

The calendar for the remainder of the year is very busy with no signs that these ladies are slowing down.

I just wanted to thank these beautiful ladies for allowing me to come along every fortnight and assist where I can. I'd highly recommend to those who are not part of a Laurel Club to come along and see what you are missing out on and believe me, you won't be disappointed.

I look forward to seeing everyone at the Christmas Jingle in December!

Legatee Kim Farmer

Legacy Christmas Jingle

Please find your invite to the Legacy Christmas Jingle included in this edition of the Legacy Times newsletter. On 3 December the Legacy family will gather at the Crown Ballroom, Burswood, with special guests 7th Heaven.

Ensure you RSVP by 1 November to your Laurel Club President or the Laurel Club Convenor, Marlene Robins, on 0419 278 184 or email mkrpromotions@hotmail.com.

We look forward to seeing you there and celebrating the holiday season with old and new friends.



Bunbury Laurel Club

Best wishes to all Laurel Club ladies.

We hope you have been able to keep warm during the cold weather; it will be great to welcome Spring.

We have had enquiries from several Bunbury ladies to join Bunbury Laurel Club and we look forward to welcoming them to our group.

We will be very sorry when Angie and Steve move on. They do such a wonderful job – making us all feel very welcome at camp - nothing is too much

trouble for them and they will be greatly missed. It does come as wonderful news that Steve and Angie will be running the camp until April.

There was a Liaison Officers camp from 6 to the 12 August that our President Rosemary attended.

We hope you keep in good health, from all our Bunbury members.

Beryl Winning
Secretary

Vasse Laurel Club

Greetings from beautiful Busselton. Our Vasse Laurel Club now has a new committee.

President: Joan Ormsby
Secretary: Florrie Hill
Treasurer: Daphne Preston

Thank you to Barbara Froome our erstwhile secretary who, for many years, worked tirelessly for us. Time to sit back and relax Barbara!

In August, our members enjoyed a cosy lunch at The Ship Hotel despite the tempest that raged outside.

Come October, with sunshine ordered, we

anticipate a pleasant mystery coach day and a delightful lunch, somewhere in the Southwest.

November is the time for the annual morning tea at the Legacy Camp with Legatee Angie Stoll tending to our every need.

And so to Christmas. The lunch is sure to be excellent, graced with the happy smiling faces of our members. Please bring a gist.

Count your blessings.

Suzanne Ozolins
Vasse Laurel Club Member

Floreat Coastal Laurel Club



We have had a very quiet time at our meetings lately, mainly due to the cold, wintry conditions. However, a few of us have braved the conditions and have had nice social mornings playing bingo and Beetles.

Currently we are making to have an outing on the 28 September when the weather will be more settled.

Best wishes to all Laurel Clubs.

Beryl Gibson
President

Fremantle Laurel Club

Since my last message, where I wished all Laurel Club ladies the best for the second half of 2018, I had no idea it would turn out so cold and wet, that the Avon Descent in August had the highest water levels in three decades. Regardless, I still wish everybody much happiness throughout the rest of the year.

In the interim we did experience warm May weather for a great trip to Friar Tuck in Dawesville and everyone seemed to enjoy the Kerry D Fashion Parade.

Perth Legacy was constituted on 9 June 1928, marking this year its 90th year anniversary. Perth Legacy organised a special celebration on Saturday 9 June at the Fremantle War Memorial, to honour this unique occasion. Together with the blessing and rededication of the *Legacy Mother and Child Statue*, our President Maria Brown and Rockingham President Pauline Vernon attended, as well as other Laurel Club Ladies. All were most impressed with this well organised tribute.

In late June we enjoyed a bus trip to Pinjarra plus a luncheon at the Redcliffe on the Murray – one of the ladies was so pleased with the day she wrote about it on Facebook! Another happy luncheon get together was held locally at the Airforce Bull Creek Memorial Café in mid-July.

A sumptuous three-course meal including a specially decorated homemade cake by our President Maria Brown's daughter, Rebecca, ensured a happy festive background for all to enjoy our 50th birthday party on 31 July. As well as the Laurel Ladies, our special guests included club

Fremantle President Arthur Peters, his wife Gail, Treasurer David Cornell, his wife Frances (who once again provided flowers to adorn the tables), past Legatee Alan Lievers, his partner Jane, Rockingham President Pauline Vernon and Pat Birch, including office staff Carolyn and Sarah. Everyone won prizes in our free raffle, so everyone was lucky – it was a great day!

Following our Laurel Club AGM on 14 August where the previous committee was re-elected unopposed, our President Maria Brown, Treasurer Verna Grant and I were invited to the 89th Fremantle Legacy AGM, where we were informed of the progress for the Legacy Clubs of WA to amalgamate by the end of the year. The new club is to be named, The Legacy Club of Western Australia, but more on this later when the merge is formally adopted.

Alan Lievers, Maria and I also enjoyed the hospitality of Rockingham Laurel Club at their birthday party on 30 August.

I recently received a call from Gladys Norris, the best friend of lovely Legacy Lady, Maureen Barber, to say that Maureen had passed away on Thursday 5 July 2018. Maureen was an especially kind, long standing, friendly Laurel Lady whose companionship will be sadly missed by all at Fremantle. Vale Maureen.

May all our Laurel Ladies enjoy the spring weather after suffering an inhospitable winter. Good luck, health and happiness to all.

Margret Carbon
Social Secretary



1. From left to right: Margaret Curry, Chystine Calhoun, and Beryl Messenger.
2. Clockwise: Alan Lievers and his partner Jane; Pauline Vernon, President Rockingham Laurel Club; Pat Birch, Rockingham Laurel Club; Arthur Peters President of Fremantle Legacy; Margaret Carbon, Social Secretary; Maria Brown, President Fremantle Laurel Club, and Verna Grant, Treasurer.
3. President Arthur Peters alongside Maria Brown with the cake made by Rebecca Self.

Geraldton Laurel Club

Hello again to all our dear Laurels. We trust everyone is safe, well and has survived the recent storms. Up here in "sunny" Geraldton the sun has not been shining for the last week. But trust and believe it's still there and will shine for us soon, bringing back warmth.

We sadly lost two links from our chain, with the passing of Faye Peters and Josie Elfick. At our last meeting, we honoured these ladies with a minute's silence for thoughts and respect. They will be sadly missed by all who were blessed to be associated with these two wonderful ladies.

In July we were honoured with the attendance of Jessica and Renee from Legacy WA. Jessica is the Marketing Coordinator with Renee having the honour of Fundraising Manager. We were also blessed with the attendance of four Legatees and their partners.

It was enlightening to hear the girls' rendition of events in Perth and the responsibilities they carry. We were well informed of current activities within Legacy management.

Brenda very generously made a beautiful batch of pumpkin scones for morning tea. Our visitors begged for her recipe, however, it is a family secret and Brenda is reluctant to pass it on. Bad luck girls... suggest you get a copy of the Golden Wattle Cook Book.

After our meeting we headed out for a tour of Geraldton, visiting the HMAS Sydney II Memorial and other sites of interest. Although the weather was appalling, the journey was pleasant and gave an insight to our visitors of what Geraldton has

to offer. Our coach driver, the very able Legatee Max did an awesome job and was very diligent in his care for the ladies and ensuring we had a very safe journey. Well done Max and thank you for your time on this day, it was greatly appreciated by all.

"It is not all about the journey...it is how we get there."

After our tour of Geraldton, we all enjoyed a cosy fish 'n chip lunch which was ably collected by Legatee Roy and delivered safely for the enjoyment of all. Our Legatees do look after us very well and again provided the funding for this delicious lunch. A big thank you.

"Time is precious...waste it wisely."

After such a delicious and memorable lunch gathering we bid farewell to our visitors and wished them a safe journey home (the worst day of the year for driving). As for the rest of us, we headed home for our mandatory "nanna nap."

Well, dear hearts – best wishes to all our Laurels for continued good health and happiness from Geraldton.

In closing I leave you with the thoughts of one of my favourites:

"Lock up your libraries if you like; but there is no gate, no lock, nor no bolt that you can set upon the freedom of one's mind."

Until we read again Stay safe and well.

Barb
Publicity Officer Geraldton



Kalamunda and Districts Laurel club

Hello to all Laurel Club Ladies, I hope that you are all well after the bleak weather that we have had.

Our Club has had a busy three months with visits to Gracies Café near Walridge Village, the International on the Water Hotel at Ascot for lunch, Lakeside café, Byford as well as a pleasant drive through the Swan Valley on our way to Houghton's Winery. We left at a later hour (11 am) on our trips for the winter months to avoid the wet weather. Warrick, our Legatee and bus driver would take us the "long way home" so we could still enjoy the countryside.

In July we were invited by the Midland Laurel Club ladies to a Christmas in July lunch. They even arranged for a bus to take us there so all members' from our club were able to attend. It was a most enjoyable day, full of friendship whilst meeting all the ladies.

At this month's meeting, we are pleased to welcome Mrs Shirley Conway-Mortimer and Mrs Margaret Dodd, two new members of our club.

The ladies of the Villa Maria Village Craft Club from Lesmurdie were pleased to make and send away a parcel of poppies for the RSL Poppy Project.

Now that spring has arrived we hope all members will enjoy good health and sunny days and even venture further afield to see the beautiful wildflowers.

Cheerio to all.

Angela Waters
Secretary

Rockingham Laurel Club

Greetings to all our fellow Laurel Club Members.

Like myself, I guess we are all hoping for more sunshine after all the wet weather we have endured. Hopefully, you have all come out in good health. Our Legatee Mark Stevens has retired, and we wish him good health and share our many thanks for all the good work he has put in to keep us up to date.

We welcome our new Legatee Kim Farmer, and hope she enjoys her time with us – we will try not to be too demanding of your services.

Once again, we had a very successful Fashion Parade, with Kerry D supplying all the "goodies". The hall was packed, and everyone enjoyed morning tea before the parade.

During the year, we have gathered goods for Joseph's Coat, an overseas mission for the needy. Connie informed us that the mission is closing down, but our donations will be taken by members going overseas to various parts of the world.

On 12 July we celebrated Christmas in July at Green Hills Inn, where those who were able to attend enjoyed the outing.

We had two speakers from the Emergency Relief Fund, an eye opener to know what the poor and needy experience. Count your blessings, we now know how hard it is for some people doing it tough.

Our Annual General Meeting will be held on 2 August and we will be celebrating our birthday on 30 August. We have invited guests who have helped us over the year.

On 7 September our volunteers will sell Legacy Badges, Bears etc. at two locations: Port Kennedy Bunnings and Rockingham Shopping Centre – a big thank you to all that offered their help on the day.

Looking forward to spring and all its beauty.

Keep well, Be Happy, Enjoy Life!

Jan Firth
Secretary

Midland and District Laurel Club

Hello to all our fellow members and Legatees.

I am pleased to write, that we have now moved to our new meeting place, The Ascension Anglican Church Hall, 17 Spring Park Road, Midland.

We were privileged to celebrate the 90th Anniversary with other Legacy Laurel Clubs on 9 June. Thanks to all who helped with the arrangements.

Our outing this month was to The Grand Central Hotel in Midland celebrating Christmas in July. We had the pleasure of being accompanied by the ladies from Kalamunda and Districts Laurel Club and Jessica from Legacy House. We also received a lovely card and letter of thanks from Kalamunda.

On behalf of all our members, we would like to thank Wendy, Jan and Margaret for all the effort they put in to making it so enjoyable. With a good meal, lots of raffle prizes, Christmas decorations and the happy smiling faces, what more would we want? Well done all!



Our next outing is on Tuesday 18 September. If we are lucky we will have a sunny spring day and some wild flowers to look at as we travel to our destination.

We will be combining our AGM with next month's meeting on Wednesday 5 September.

Best wishes from our club to yours.

Lilian Cottingham

Northern Districts Laurel Club

Hello to all Laurel Ladies everywhere and welcome to spring! We have had a busy few months, with members travelling overseas and around Australia.

We were sorry to hear of the passing of Gladys York, a dear member of our club. Our sincere condolences are extended to her family.

Rosie has been busy arranging our outings. Early in June, we attended the dedication to the Widow and Child Statue in celebration of Perth Legacy's 90th anniversary. At the conclusion of the service, we gathered for morning tea.

Also in June, we had a lunch in Currambine as well as a number of guest speakers including an Occupational Therapist, Lorna Watson, and physiotherapist, Anthony Imms, whose talks were all-encompassing and members were able to ask questions and try out many of the aids that were brought along. Lorna and Anthony also belong to an organisation called Life Care who have offices

across Perth with a phone service that will direct you to their nearest office. For more information please call (08) 9424 0222.

Christmas in July was celebrated at the Caladenia Mini Golf, with a delicious Christmas dinner. In August we went to the Greenwood Hotel and some members enjoyed lamb fry with bacon!

We held our AGM and President, Lorna Wilson, Secretary, Edith Cruthers and Treasurer, Kath Screen, have all agreed to continue for another 12 months. Thank you to all three for the excellent job they do for our club.

Our subcommittee continues to keep things running smoothly, thanks to Anna, Rosie, Barbara and Gwen.

May you all enjoy the roses and smile every day, god bless.

Sue Jarvis

Mandurah/Murray Laurel Club

Hello to all in the Legacy family. Despite some terrible weather, the club has been out and about. Eighteen of us went to lunch at Ravenswood Hotel in June and had DVA representatives attend our meeting; to remind widows what help was available for them.

Whilst I was away enjoying the sun in QLD, the bus trip in July started with morning tea at Kings Park, followed by a concert at the Perth Town Hall featuring great songs by Wayne Pride. Later the club had lunch at Miss Maud's and a quick visit to the Teddy Tree.

Congratulations to Lois and Creagh Bramley on recently being awarded 'The Order of Australia' for their generous and tireless work for Legacy which is most appreciated by the widows. Having just spent a cold, wild and wet week in Busselton at the Liaison Officers Camp, I must thank the caretakers, especially Steve and Terry Keys for the wood. Thanks for the new stove and oven; it has been a big improvement.

The devastation of the beach is a real concern and needs attention.

On 15 July our member Greta Jolley celebrated her 90th birthday. Greta was on the first committee in 1988 and has always been an active member ever since. It will be 30 years next year!

On a sadder note, long-time member Doreen Kendall passed away.

To all members who aren't travelling so well, hope you are up and about soon. Looking forward to seeing you all at the Jingle with some warmer weather.



Many thanks to all at Legacy for all you do. Best wishes.

*Barbara Keillor
Secretary*

Perth Friday Laurel Club

Did somebody say spring is here? With the cold nights and substantial rains we have been having it appears winter has not left us yet, which has left its mark on some of our members who are still battling coughs and colds. Get well soon ladies, we miss you at our weekly meetings.

The iPad enthusiasts are keeping busy with the games and jigsaw puzzles downloaded. Recently we were pleased to see a previous member join us for our usual lunch at Miss Mauds. Come again, Gayle.

It is always nice to catch up with old friends, and new ones are always welcome.



We meet each Friday at 9am on the 3rd floor of 66 St. Georges Terrace.

*Audrey Ridout
Secretary*

Legacy Lillies

It was wonderful to see 19 ladies attend our night out at Karalee on Preston in July. We joined the loud noise and vibrant surroundings of a packed restaurant. It was evident that all is well as there was plenty of chatter and smiles from the Lillies. This just goes to show, Saturday night was a popular time. Kelly Beake was introduced to her first outing and to quote another new member, Sharon McLachlan, "it is lovely to see the smiles and the obvious friendship and support that the ladies show to each other." There was another comment from a Lilly, "I'm so grateful to go out and mix with people, I could eat cardboard and I'd still be happy." I feel that the small committee of three, established four years ago has achieved what we set out to do.

We had an excellent presentation at Legacy House by Lawyer, Marguerites de Wet from Haynes Leeuwin and Peter Campbell from Nexus Wealth Finance on Monday 23 July. There was an excellent attendance with standing room only, followed by a meal. Members are already using Peter and Marguerites services and it feels good to be able to trust these recommended services.

A group of ladies got all dolled up to attend the Legacy 90th Anniversary Gala. There was definitely plenty of glitz and glamour as we sung and celebrated to all hours. The meal was extra special and overall, I think the smiles in the room said it all.

Thank you to my committee, Pam, Cheral and De'Arne for their hard work and dedication to the Lillies.

As Legatees, De'Arne and I are the representatives on the Family Services Committee (FSC) and De'Arne is a representative on the Personnel Committee. Essentially, we are a Laurel Club, but, have named our group 'Lillies.' Each Laurel Club has a Legatee attached and for the Lillies that is De'Arne and, I. We both are kept busy with the ever-increasing numbers. The last count was around 68. I think De'Arne is busier than I am, as she visits widows on their first contact and is due to visit a 100-year-old widow with a card and flowers. I can't imagine turning 100 but how exciting.

The committee met in August and planned for 2019. There is a big focus on activities, mixed with dinners, outings and our two Busselton Camps, Christmas in July and December and of course we start off with a bang at Cheral's in January. An added bonus is a trip to Albany as many members have not yet viewed the new memorial. As this is my hometown, I'm keen to show off the new National Memorial Centre, there is so much to learn and see including the old Forts with restored cannons. It is so spectacular and interactive, I'm sure this will be a highlight of 2019.

*Georgina Hall
President*



CMVAustralia.com



Cruise Of Remembrance

A VOYAGE OF HERITAGE AND HISTORY

Embark on a voyage through time and rediscover the ANZAC legend aboard the iconic Astor.

Intimate and classic, sail in complete comfort aboard Astor bound for Esperance and Albany, the final departure point for the ANZAC troops on their way to the battlefields in the First World War. Savour sensational cuisine in four restaurants, mingle with newfound friends in the cosy lounges, relax by the pool or immerse in the special WW1 enrichment programme.

Part proceeds from every cruise fare will also be donated to Legacy.

SOUTHWEST ESCAPE

WW1 Remembrance Event

6 Jan 2019 | 5 nights | Astor
Cruise Code: A909



BUY ONE GET ONE HALF PRICE

Category 3	Standard Inner 1st person \$1119, 2nd person \$559
Category 6	Standard Ocean View 1st person \$1369, 2nd person \$684
Category 7	Standard Plus Ocean View 1st person \$1559, 2nd person \$779
Category 12	Premium Suite 1st person \$2679, 2nd person \$1339

SPECIAL WORLD WAR 1 ENRICHMENT PROGRAMME INCLUDES:

Onboard Memorial Service Off Middleton Beach
Special Remembrance Service at the Desert Mounted Corps Memorial in Albany
WW1 Photographic Exhibition curated by the WA Army Museum
Themed Period Entertainment
Guest Lecture Series From Military Historians:

Neville Browning OAM

A renowned historian and author, Neville Browning has written more than a dozen books on WW1 and Australia's rich military history and was awarded the Order of Australia Medal for his contribution to the field. A keen enthusiast, he also regularly lectures on the topic and hosts tours along the Kokoda Trail.

Jon Doust

Highly regarded storyteller and author, Jon Doust is a professional speaker specialising in bringing historical events to life, particularly those around World War 1. Speaking about a range of topics, including Australia's most known battles and the ANZAC's horses, Jon will also recount tales of his own family members that were involved in WW1.

ALL CRUISE & MARITIME VOYAGES INCLUDE:

Intimate, Country-Club Ambiance | Friendly, Personalised Service
All Main Meals, Afternoon Tea & Late Night Snacks | Sensational Entertainment | Tea, Coffee & Much More



For bookings and information contact Chris Dagostino
P: 9382 5011 | E: chrisd@traveltree.com.au | W: www.traveltree.com.au

Terms and Conditions: Offers are valid for new bookings only. Fares shown are cruise only, per person twin-share, in AUD and include all savings, discounts, port and government charges (including GST when applicable). Inclusions are indicative only and may be subject to change. On "20% Off Plus Buy One Get One Half Price" offers both 1st and 2nd passenger must be booked together and travel in the same cabin. Prices and availability correct as at 27/6/18. Prices differ for triple or quad share. Offer is not combinable with any other offer or promotion. Prices are governed by the CMV terms and conditions. This offer can be withdrawn at any time without notice. Gratuities not included. Non-refundable deposit required within 5 days of confirmation, balance due 90 days prior to sailing. Amendment/cancellation fees and booking conditions apply. Agents may charge service fees and/or fees for card payments which vary. E&OE. For all terms and conditions that apply, please visit CMVAustralia.com. BR1806XX_RemembranceCruise_Flyer



Recipe

Quick spring salmon pasta with lemon cream sauce

INGREDIENTS

- 300g dried linguine pasta
- 1 bunch asparagus, trimmed, cut into 4cm lengths
- 1/2 Cup frozen broad beans, thawed, podded
- 100g sugar snap peas, trimmed, halved lengthways
- 100g snow peas, trimmed, halved lengthways
- 1 Tablespoon extra-virgin olive oil
- 4 x 200g boneless salmon fillets without skin
- 40g butter
- 4 garlic cloves, crushed
- 2 Teaspoon grated lemon rind
- 1/2 Cup dry white wine
- 300ml light cream for cooking
- 2 Tablespoons chopped fresh dill
- 2 Tablespoons lemon juice
- Lemon zest, to serve

METHOD

1. Cook pasta in a large saucepan of boiling salted water following packer instructions until al dente, adding asparagus, broad beans, sugar snaps and snow peas for the last 2 minutes of cooking. Drain.
2. Meanwhile, heat oil in a large deep frying pan over medium-high heat. Add salmon. Cook for 4 minutes each side or until cooked as desired. Transfer to a plate. Stand 2 minutes. Coarsely flake.
3. Melt butter in same frying pan over medium heat. Add garlic. Cook, stirring, for 30 seconds or until fragrant. Add lemon rind and wine. Simmer, uncovered, for 2 minutes or until wine has reduced by half. Add cream. Bring to a simmer. Add pasta, vegetables and dill. Cook until heated through. Stir in salmon and lemon juice. Serve sprinkled with lemon zest.

Source: Taste.com.au

Puzzle

D	S	N	A	P	D	R	A	G	O	N	H	L	H	P	O	P	P	Y	X	Q
F	B	U	E	O	P	G	G	F	H	N	G	I	B	Z	A	R	E	S	R	M
A	L	R	N	I	F	O	R	G	E	T	M	E	N	O	T	U	B	R	E	G
R	U	Y	S	F	O	Z	E	D	J	G	O	Y	I	C	L	O	T	U	S	N
E	E	O	C	M	L	A	V	E	N	D	E	R	S	L	A	K	M	C	R	H
L	B	P	F	Q	P	O	Y	K	O	T	P	R	C	A	D	R	Y	A	K	I
K	E	K	A	U	P	R	W	C	D	Z	U	T	A	F	O	D	Q	S	Z	B
A	L	M	V	P	Y	C	T	E	S	A	O	U	S	N	C	S	E	K	A	I
S	L	N	E	X	A	H	M	Y	R	O	S	E	P	R	I	R	I	S	T	S
D	S	Q	N	J	N	I	E	B	O	Q	A	D	O	A	S	U	A	L	O	C
F	A	G	D	A	T	D	N	D	S	W	P	S	I	G	B	L	M	U	R	U
T	M	I	C	H	R	Y	S	A	N	T	H	E	M	U	M	V	I	Y	V	S
S	L	A	U	B	B	E	G	O	N	I	A	D	S	A	N	A	K	E	T	C
Y	N	K	R	W	H	Y	O	R	W	D	K	A	N	H	P	Z	B	P	U	A
U	U	A	K	I	E	K	T	E	H	A	J	I	S	L	I	C	L	U	L	R
P	Q	E	P	P	G	I	P	S	I	X	H	S	U	T	O	B	Y	S	I	E
I	W	X	M	D	U	O	Q	A	B	C	T	Y	P	C	D	C	I	L	P	X
E	R	B	U	F	R	B	L	I	L	Y	R	Q	U	Q	K	A	M	S	O	I
R	A	C	K	B	L	A	N	D	I	S	E	A	E	W	I	D	U	E	C	L
T	I	W	M	T	I	P	G	A	S	C	S	D	A	S	T	E	R	L	B	U
H	D	A	F	F	O	D	I	L	C	V	A	L	R	Z	P	U	D	O	R	P



- Aster
- Begonia
- Bluebells
- Chrysanthemum
- Daffodil
- Daisy
- Forget Me Not

Flower Power

- Geranium
- Hibiscus
- Iris
- Lavender
- Lily
- Lotus
- Marigold



- Orchid
- Poppy
- Rose
- Snapdragon
- Sunflower
- Tulip

If you have recipes or anything of interest you'd like to be included in your Summer newsletter, please send them our way either by email (marketing@perthlegacy.com.au) or by post to: PO Box 1983, West Perth WA 6872 by the 14 November 2018.

Megan's Story

I don't remember a lot about my father. I was so little when he died.

He passed away when I was just five years old, leaving my mum Siggy, to raise my two brothers, Jacob and Jeremiah and me on her own.

My dad, David Wiblen, joined the Royal Australian Navy in 1986 and had served as a leading Seaman in the Marine Technician Propulsion unit on board the HMAS Brisbane during the First Gulf War in 1990/1991.

My mum tells me that he was a very hands-on dad, who loved golf, fishing, going to the beach and surfing.

Growing up without him has been hard. Sometimes I feel like I've missed out on things, but then I remember I've also gained a family in Legacy.

A lot of things that my dad would have done with me, I've been able to do with Legacy. I learnt to surf at a Legacy camp in Mt Keira, something I will never forget.

Over the years Legacy has also helped my family with a variety of activities through schooling, including music and dance lessons and textbooks and uniform purchases.

I'm now at university, studying Occupational Therapy, thanks to a scholarship from Legacy and financial assistance with study expenses.

Teaching dancing to young children is a passion of mine and a way to support myself, a skill I wouldn't have developed without the help of Legacy putting me through dancing lessons as a child.

In 2017 I was a part of the Operation Legacy Australia Kokoda Challenge, 14 years after my dad passed away and he was in my thoughts the whole trek. I know he'll be so proud and is watching over me.

Donors like you help fund programs like this.

My heartfelt thanks,

Wiblen
Megan Wiblen



Yes, I would like to support Legacy and help keep the promise

I do not need a receipt

Please accept my donation of

\$10 \$20 \$50 Other: \$ _____

Name: _____

Address: _____

Suburb: _____

Post Code: _____

Please send me information in confidence on remembering Legacy in my Will.

Donations of \$2 or more are tax deductible.

Please accept my payment:

Cheque (made payable to Legacy WA.)

Credit card (details below)

Money Order (made payable to Legacy WA.)

Credit Card Details:

Mastercard Visa

Card No: _____

Name on card: _____

Signature: _____

Expiry date: _____

I do not wish to receive mail from Legacy.

Donate online now - www.legacyweekappeal.com.au