

LEGACY TIMES

Patron: The Honourable Kim Beazley AC,
Governor of Western Australia.



In this issue...

Junior Legacy at Bounce, news
of the recent Camp Busy Bee
and much more.



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WAUR garden gurus!

Coming up...



48th Militaria Auction

Claremont Showgrounds
Sunday 20 October

True Grit

Donnybrook
Saturday 26 & Sunday 27 October

Maritime Day

B Shed Fremantle Port
Saturday 2 November
9am - 5pm

Remembrance Day

Monday 11 November

RSL Legacy Open Bowls Day

Yokine Bowling Club
Friday 15th November



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Monday to Friday
8:30am-4:30pm

Legacy Holiday Camp Busselton

128 Caves Road, Siesta Park WA 6280

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Cover image:

The Honourable Kim Beazley making a donation during Legacy Week
Photo credit: Government House WA

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Legacy WA President's Message



Spring has sprung! I hope this newsletter finds you all well and ready for the warmer months ahead. There's been so much happening around Legacy WA since the last Newsletter, following is just a snapshot:

With Legacy Week behind us, I can report that the badge collection day and collections over the weekend have gone very well. None of this could have happened without our fantastic Legatees, volunteers and military personnel who gave generously of their time to ensure we had plenty of feet on the ground selling badges and bears, and representing Legacy positively in the community.

Special mention goes out to Emily Mullins in the office at Legacy House, who coordinated approximately 200 volunteers and gained access to over 50 locations across Perth and some regional areas. Of course, a big thankyou to all the other Legacy staff who rolled their sleeves up and helped to set up and count the dollars received.

I'm pleased to inform you all that before the end of the year, Legacy will launch a new and improved national website. This website will be a great source of up to date key information and can be used as a go to for what is happening in Legacy Clubs across Australia. Legacy WA will continue to distribute a newsletter to our families, however, the number of editions may be reduced in the future. We will soon be seeking your feedback in relation to the newsletter content and frequency of publications.

Since the last newsletter, there have been a number of significant events and activities which have taken place, including:

- Past Presidents' Lunch - In July, I had the privilege of attending lunch with the Past Presidents of Perth and Fremantle Legacy, where the CEO and I were warmly welcomed. It was great to spend some time with this group of experienced and supportive Legatees.
- The Western Australian Veterans and Families Strategy - On badge collection day I was also honoured to attend the launch of the State Government's Veterans' Strategy. The strategy seeks to provide a framework to guide the development of policies and initiatives that welcome veterans and their families, and commemorates the service and sacrifice of Australian service personnel. A significant part of this strategy includes the need to support families of our veterans.
- Vietnam Veterans' Day - On 18 August, Legacy WA was represented at the Vietnam Veterans' commemoration in Kings Park by Matt Granger, Vice President of Legacy WA.

Legatee Peter Emmett



Junior Legacy Holds Winter Warmer at BOUNCE Cannington



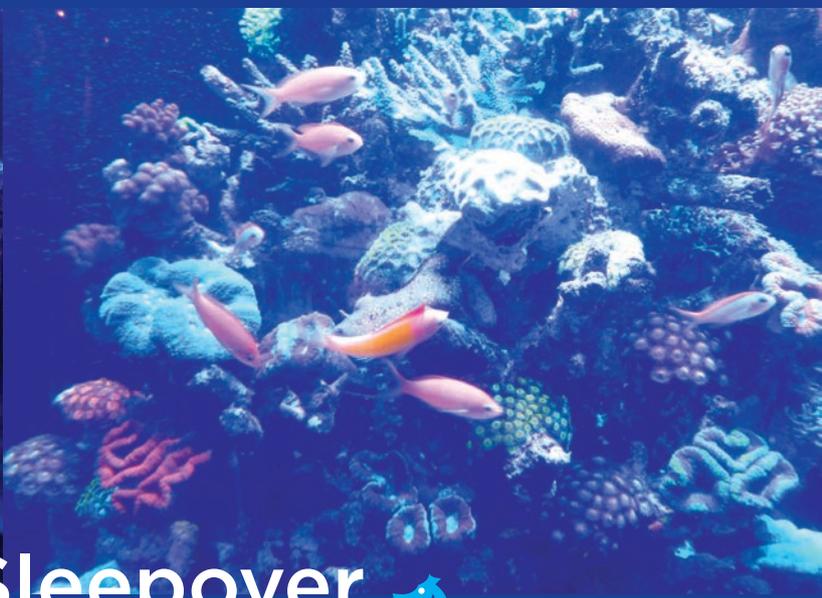
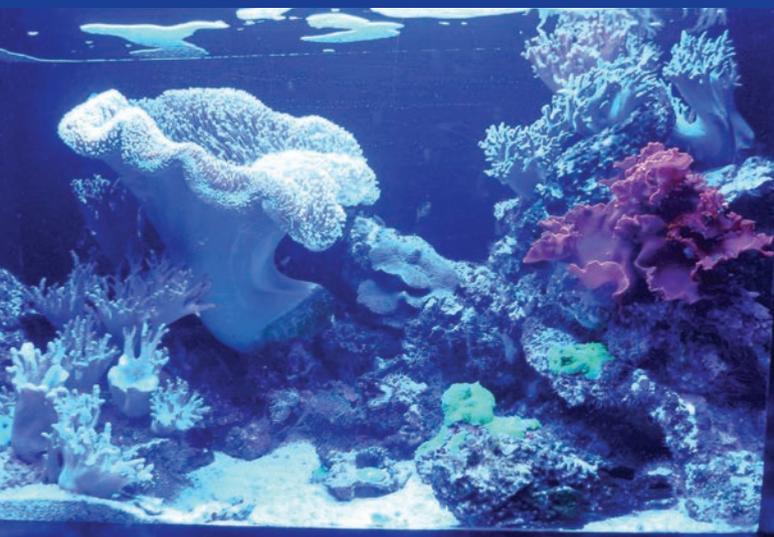
On Sunday 16 June 2019, the Junior Legacy Committee arranged an event at Bounce Cannington where the children (and the biggest kid - Legatee Renee Phillips!) bounced their way to warmth for two hours. Parents and guardians got to relax on the sideline and catch up over a hot cup of coffee. After much trampolining we had a wonderful pizza lunch in a private room where I learned a valuable lesson...you can never order too much pizza when catering for teenage boys!

Overall there was a great turn out on the day and a new Junior Legacy family attended their first Junior Legacy activity. We would like to extend a warm welcome to Erin, Jacinta and Luke! We very much look forward to seeing you at future events.

In addition to our wonderful Legacy families, our new Legacy WA CEO Vivian Blycha and her daughters attended to meet the families, and join in on the fun. Continuing his support to Junior Legacy activities, President Peter Emmett and his daughter Sarah were also there to assist on the day.

Legatee Tammy Davy





Police Legacy Sleepover at AQWA



On Saturday 30th March, our boys Thomas, Matthew and Benjamin took part in a sleepover at AQWA located at Hillarys Boat Harbour.

After meeting at the entrance at 6pm with their mattresses, they ate pizza near the upstairs aquariums and then headed underwater to set up their beds with the big aquarium overhead.

Once set up, they went back upstairs for a tour of AQWA where their guides taught them all about aquatic life in the upstairs aquariums. According to Ben this was an extremely interesting part of the night because they got to learn a lot of great facts about different



species of fish, their habitats and features. They also got to view the "danger zone" which had lots of different aquariums with deadly sea creatures inside them.

After finishing the tour they watched a movie and played games.

Next it was time to head downstairs again to the sleeping area. They were given about half an hour with the lights on to observe the fish swimming over their heads and around them in the big aquarium. Matthew said the best part of this was watching the stingrays swim over his head. Once settled into bed, the lights were switched off and instead of going to sleep Matthew and Ben wanted to see

what the fish did in the dark, so they chose to stay awake for a bit longer. Eventually the tank cleaning machine came on, which turned out to be quite noisy, making it quite difficult to get to sleep!

When they woke up the next morning it was time to pack up and head upstairs where a small breakfast was served in the café. They then got to feed the schooling fish, which is not normally done when you go to AQWA during the day.

Finally, they got to look at the baby stingrays and turtles and touch the fish in the touch pool. Ben said some fish felt hard while others were slimy and some became very large through the magnifying glass. It was so great to see them close up.

Thomas said that this sleepover was the most amazing thing he had experienced in a long time.

I would like to thank Legacy for giving the boys such a fantastic experience. They haven't stopped talking about it.

By Sharyn Kay





Lumen Christi Chips in to Raise Awareness

Alec Campbell served at Gallipoli and eventually returned to Australia to live a long and fruitful life. Many other service men and women were sadly not so fortunate.

Campbell House has chosen to support Legacy WA, an organisation that helps the families of veterans who are no longer able to provide that support. House Captains, Alyssa and Brendan, spoke at our Whole School Assembly reminding students of how many families Legacy cares for in Western Australia and the impact they have on the greater community.

On Thursday 27 July 2019, Campbell students held a

fundraiser in support of Legacy's work. Our students held a Legacy merchandise sale in the carpark before school in addition to a cake stall during Break one. Everything sold was graciously donated by Campbell House students.

The weather behaved exactly as we needed and both ventures were a massive success. We managed to raise over \$1000 for Legacy which will go on to raise awareness of the important

work they do in our community.

I would sincerely like to thank all members of Campbell House who contributed to the fundraiser as well as everyone else who supported us on the day.

*Amy Boughton
Head of Campbell House
English and Religious Education
Teacher*

Thanks goes out after Legacy Week Collection

With collection buckets still coming through the door, the team at Legacy House have been madly counting and banking money from the Legacy Week Appeal hosted from 2nd to 9th of September. Although the final total has not been tallied yet, we are currently sitting at \$71,000 with \$28,000 of that on our CBD collection day alone! What an achievement!

With this running tally still growing, a big thank you goes out to the Volunteers, Legatees and Defence personnel who, no matter how large or small, gave time and energy into raising funds for

our Legacy families here in WA. From the bottom of hearts, THANK YOU!

Look out for the next edition of the Legacy Times for our grand total raised during Legacy Week.



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By Legatee Steve Danaher

Legacy and the Western Australian University Regiment

Legacy, and members of the Western Australian University Regiment (WAUR) came to the rescue of 97 year old Mrs Lorene Bruce of Applecross whose back garden required some serious attention from an overgrown creeper that had the potential of placing much strain on the back fence.

Sgt Jill Bryant and her energetic team of volunteers of Army Reserve soldiers cut, slashed, and sawed their way through many years of entangled vine taking great care in ensuring they did not damage a glass house which had many years of growth on its fragile roof.

Family members were in attendance, providing freshly baked biscuits in addition to tea, coffee and plenty of cold water for the troops which were most certainly welcomed. I can attest to how tasty the jam biscuits were!

Mrs Bruce thanked all those who helped and you can see how delighted she was from her smile, see page 2. Her daughter, Pam, provided us with some background on her father which provides context to the younger generation about the brave generation of the 1940s.

James Bruce joined King Lines Ships in 1933 and eventually transferred to the Blue Funnel Line where he completed his studies, obtaining his Masters Certificate in 1938.

In 1942 at Singapore, as Second Mate, he was on the MV Gorgon, as part of the Merchant Navy. On 11 February, this 3,500 ton Passenger and Cargo Vessel was the last ship to leave the Singapore Wharf prior to its fall and capture by the Japanese. 342 women and 42 soldiers were on board together

as no one was refused a berth. They finally sailed on Friday 13th February 1942 and were attacked in the Durian Straits by 67 Japanese aircraft.

After being on continuous watch for five days from Singapore to Fremantle he eventually succumbed to exhaustion after arriving in Fremantle. He suffered temporary blindness in one eye but eventually recovered.

Three months later he re-joined the "Gorgon" in Brisbane and headed off to Milne Bay in New Guinea with cargo for the allied troops. At Milne Bay the Gorgon was targeted by Japanese Dive Bombers and the ship received direct hits, killing 35. As the



ship was on fire, Jimmy led and coordinated the firefighting, both above and below decks, at times with no more than fire buckets. This continued until help arrived from other naval ships. Two days later he discovered an unexploded bomb in the cargo hold in amongst army ordinance. He then ordered the crew to safety whilst he went down into the hold and with the assistance of an American Major retrieved the bomb and brought it to the deck. He then took the bomb and disposed of it over the side of the ship into the sea. For this action he received a Member of the British Empire, MBE.



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Legacy Badges



Make Appearance at Wedding



Recently Stephen and his partner Alicia were married and Legacy badges made a feature at their wedding. This was no spontaneous decision; Stephen's maternal grandfather and great-grandfather were involved in Legacy NSW. Furthermore, Stephen himself has served overseas as did many of his and Alicia's relatives and friends who attended their wedding. Legacy holds a special place in their lives.





Eulogy

Peter John Hart

Peter John Hart was born on 1st August 1931 in Bournemouth England to Kathleen and Fred Hart. Peter was called up for National service in 1952 where he joined the Royal Air Force. His education meant he began to train as air crew. Rising through the ranks, he became a pilot and went to many postings in the UK and overseas.

While posted at St Andrews in Scotland he met Barbara Shepherd who was nursing there at the time. Soon a couple, they enjoyed life together and married on the 13th February, 1960. Peter undertook deployments which required periods of separation from Barbara. Now a Flight Lieutenant, he flew the Gloster Javelin from which he ejected on two occasions, costing the RAF a great deal of money and himself some serious injury including a compressed spinal fracture.

Peter and Barbara's first child Lesley was born in 1962 and two years later, son Jonathan arrived whilst they were living in Lincolnshire. In England, Peter's final base before retiring from the Air Force was Cosford, Shropshire where youngest son, Simon made the family complete.

After leaving the Force, Peter wasn't content with being a civilian. The decision to board The Fairstar in Southampton and venture to Australia as ten pound POMS was made. Fremantle became their destination, 49 years ago.

A keen card player, Peter was involved in the formation of the Kalamunda District Bridge Club and became a State Director, a role he held for many years.

Peter then attended the University of WA to study a degree in Journalism. By this time, the family moved onto an acre block in Kalamunda – their home for the next 40 years. With the children at local schools, it was a tough decision to take up a position as an English teacher in Darkan, 200 kilometres south east of Perth. The following year, he was appointed to Eastern Hills Senior High School.

Peter spent the remainder of his working life as Personnel and Payroll officer for what was then, the Slow Learning Children's Group. He was a

major driver in the change to the current and more appropriate name of ACTIV Foundation.

The family loved the outdoor lifestyle. Camping at Moore River every summer, they sailed their little red dinghy, enjoying picnics by the beach. This peaceful life was shattered in 1980 when eldest son Jonathan was diagnosed with leukaemia. Jono fought hard but his battle was sadly lost in 1981. Peter handled the tragic loss with stoicism, keeping his much loved son's memory alive.

Peter's first grandchildren Rachel and Megan in the early 1990s filled him with pride, and he loved nothing more than spending time in their company be it rolling on the floor, filling them with yummy treats, or making them laugh. This desire to spend time with them helped him fight the odds and survive a heart attack and bypass surgery in 1994.

In 1996 he decided retirement was due. When the early stages of Alzheimer's took hold, Peter was keen to trial medication that slowed the progress. Although he was no longer permitted to drive, he rode his bike and walked whenever he could.

When care at home became too difficult, Peter found support at Jeremiah Donovan House where the staff loved his gentle manner and sense of humour. Peter continued to show the determination to live as he had many times previously. It was a sad time watching him lose control of his life over the past eight years and in true caring style, he chose to leave us when we had all said our goodbyes and he was sure we were off doing what we needed to be doing.

Peter was much loved and respected by many and will live on in the hearts and minds of us all.

By Lesley Hart

100th Birthdays

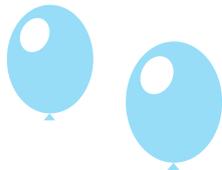


Molly Robinson

Congratulations to Molly Robinson on her 100th birthday on 5th August 2019.

Molly was born in Norfolk, England and travelled to Western Australia in 1964 where she lived in Carlisle and was an active member of the Gosnells Laurel Club.

She attributes her long life to being a country girl and having a laugh. Good advice!



Dulcie Emslie

Mrs Dulcie Emslie celebrated her 100th Birthday on 14th July 2019. According to her, "The secret to life is to eat well." Legacy would like to extend our congratulations to her on this very special occasion.



Mary Henfry

Legacy would like to wish Mrs Mary Henfry a wonderful 100th birthday. She celebrated her birthday on 2nd June 2019 surrounded by family and friends.

Mrs Betty Zimbulis

Congratulations to Mrs Betty Zimbulis on the occasion of her 100th birthday on 14th September 2019.

Mrs Zimbulis married her husband during the war, being childhood sweethearts and neighbours. Betty had to travel to Melbourne on the train to get married, as her husband was posted in Victoria. Betty had five children from the marriage. The youngest was eleven months and the oldest was 19 years, when her husband died. Legacy was there to help.

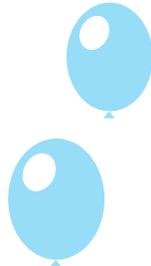
Betty always remains positive, any bad situations were always dealt with and then she moved on. This she attributes to good manners passed on by her parents.

Asked what her secret to long life is, she replied "keeping active physically and mentally". She holds the current top football tipper position and the top first goal tipper. She still does the crossword every day.

Her celebrations will be lasting a whole week, with immediate family on one day, and then two days later family and friends and then with the grandchildren two days after that.

Congratulations and best wishes from all at Legacy.





Mrs Grace Lucanus

Congratulations to Mrs Grace Lucanus, who celebrated her 100th birthday on 28th June 2019.

Constance Mauger

Mrs Constance Mauger recently celebrated her 100th birthday on 20th July 2019. She was born at Streaky Bay in rural South Australia with no electricity or running water to their home.

Mrs Mauger is celebrating her birthday with both sides of her family, with people coming from Melbourne, Fiji, Singapore and of course Perth - a true gathering of the clan. According to Constance, the secret to long life is keeping active while also avoiding smoking and alcohol.

Congratulations on reaching a milestone Birthday from Legacy.

Joan Tocock

Joan Tocock turned 100 on 17th June 2019 surrounded by her family in addition to the Friends of Lake Claremont. She says that "Lots of exercise is the key to reaching 100."

Legacy would like to extend our best wishes to her.



*Elvie with Legatee
David Durant*

Mrs Elvie Covey

Mrs Elvie Covey celebrated her 100th on 21st June 2019 and from all of us at Legacy, we would like to wish her all the best.





The Daisies

On 30th May 2019, a new group was formed named the Daisies. This group was for young widows born 1959 onwards and their families. In June, the Daisies enjoyed a Saturday night dinner at the



Kardinya Tavern, where they were busy sharing ideas for their up and coming monthly social calendar that includes outings with their children. The Daisies look forward to welcoming all new members, as this group has something to offer everyone regardless of age. Whether you have children at home, adult children or no children, every month there is something for all to enjoy. To become one of the Daisies, contact Legacy WA.

Kelly Beake
President

Rockingham Laurel Club

Hello to all our fellow Laurel clubs.

Our AGM will be held on 1st August. I will be stepping down from my position as secretary due to problems with my right hand. Helen Corti will replace me and I wish her all the best. This will be my last contribution to the Legacy Times.

We have been out and about on recent bus trips. We travelled to the Royal Australian Air Force Association where we enjoyed a delicious morning tea and luncheon. Both were appreciated as it was a damp day. We also visited the Royal Flying Doctor Service. What a lot we learnt; especially how patients are transported to various hospitals. The care and attention on these flights is top class.

We have been kept busy here in Rockingham during the winter months and most members have been attending the meetings.

On a bleak miserable day in June we visited the Royal Flying Dr. Base at Jandakot. The staff made us feel welcome by showing us what their job entails and how they operate. We had morning tea at the RAAFA and also had a lovely roast dinner there as well.

On a beautiful warm day we travelled to Gidgegannup where we had our Christmas in July, at the delightful venue Wild Goose. A wonderful meal was served...

On 25th July we celebrated "Christmas in July" with a bus trip to the Noble Falls Estate at Gidgegannup where we had a superb lunch at The Wild Goose. Being a country girl, I was especially pleased to see the artistry of the "old world" carpentry and fixtures.

There will be a speaker at the meeting held on 15th August and our birthday celebrations will be attended by visiting guests on 29th August.

My best wishes to all Laurel Club Ladies and Legatees,

Jan Firth

An added bonus to our travels on 23rd August was a visit to the Navy Base on Garden Island. After our morning tea we had the added delight of experiencing the 20 year anniversary of women in submarines. After the presentation we were taken on a little tour of the base, bringing back the memories for some of our ladies whose husbands served in the Navy.

On 29th August, we celebrated our 19th Birthday and are looking forward to our 20th Birthday next year.

We all look forward to the warmer months and more adventures with more members perhaps.

Helen Corti



Midland and Districts Laurel Club

Hello to all.

Hard to believe we are in August with just four weeks until spring, my favourite season.

Already some of the annual flowers in this area are in bloom, including snowdrops, everlastings and bottlebrush.

At our June meeting we welcomed two new members: Nola and Margaret. We had a very informative visit from Steve Danaher in July, he explained what Legacy could do to help with any issues to do with finance, wills etc. and took the time to answer any questions our members asked.

On Tuesday 17th July, twenty members of our club enjoyed a Christmas in July lunch at the 7th Avenue

Restaurant. Following soup, there were several choices of mains and sweets with some tea, coffee & chocolate to finish. Thanks to our committee for organising a nice outing for us.

Our next meeting is on Wednesday August 7th and we hope to see all our members there. We look forward to meeting new CEO Vivian Blycha as well as Marlene, who we all instantly recognise from the great way she MC's at our Christmas Jingle.

Cheerio on behalf of all our members,

Lilian Cottingham

Midland District Club Member

Floreat Laurel Club

Hello to all our fellow Laurel Clubs, we trust you are all well. It's been a bit of a quiet winter in Floreat with not much happening for the most part. That said however, we did receive a very interesting talk by one of the residents of Parkland Villas who shared the stories of her trip to Norway where she got to see the majestic Northern Lights. On the same day, Marlene paid us a visit to give us some insights into the inner workings of Legacy... so I suppose it wasn't so quiet after all!

Now we're into spring, we're hopeful of a considerable fuller programme. On 20th September, we're organising a wonderful river trip to Fremantle to visit Ciccarello's for a delicious

meal at their famous restaurant. We are also in the process of organising a guest speaker in October, who will tell us about his trip to Vietnam and all the experiences he had whilst there. Spring is certainly shaping up to be a very exciting time here at Floreat and we hope yours will be as exciting. We're looking forward to the warmer weather and we hope it brings some much needed sunshine to get out and about!

Best wishes to all the other Laurel Clubs and Legatees,

Beryl Gibson

Lillies Laurel Club

The Lillies have had a very busy few months It has been lovely meeting our new members with a particular welcome to Sharon who has been in Perth from Kununurra and was able to attend two functions. We have had many members enjoying holidays all over the world.

A highlight of our functions was an overnight stay at the Yanchep Inn for Christmas in July which was a wonderful weekend.

Other functions enjoyed were lunches at the Rose and Crown Hotel and the Wembley Golf Course.

We look forward to a busy run up to Christmas including lunch at Hillarys Yacht Club, Karalee Tavern and the Camp at Busselton. Our ladies are also looking forward to the Christmas Jingle.

Pam Deveson

Secretary

Legacy Lillies Laurel Club.

Mandurah Laurel Club 30th Anniversary

Laurel Clubs have been an integral part of Legacy for several decades and they provide a vital service for widows. They give an opportunity to meet up and form close friendships – something that everyone needs.

There are a variety of Laurel Clubs around Perth and WA and many of them attend social outings together. Each of them has a wonderful team of ladies behind them that run the show and provide a fantastic support network.

Recently the Mandurah Murray Laurel Club celebrated their 30th Anniversary on 27th August 2019. The ladies met together at the Dudley Park

Bowling Club in Mandurah where they shared a beautiful lunch together. Over tea, coffee and a spectacular cake; they reminisced about their partners and the wonderful times they have had together.

The Club President Anne Dunlop shared the story of her husband Hugh who was a Stoker in the Navy. Everyone listened intently and they were fascinated by the tales she told. Anne was delighted with the turnout and deemed the event a huge success.

Laurel Clubs aren't just widows however; Legatees also get involved by helping out when they can. One of these examples is Frank Clayton, who's been a part of the Mandurah Laurel Club for well over 21 years. He loves attending functions and finds that the group has a lot of fun together.



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By Legatee Steve Stoll

Camp Busy Bee Proves a Hive of Activity



We would like to extend a big thank you to the crew from Alcoa – Wagerup Refinery and the Alcoans Coming Together in Our Neighbourhoods (ACTION) grant.

For the past few years Matt Hardingham (organiser), L/John Delgado and a group from Alcoa along with their children, have been actively involved in volunteering their time at the Legacy Camp. This year they removed all the pavers from the designated alfresco area so that work can now commence on the structure.

The grants Alcoa puts out to charities and not for profit organisations each year is called ACTION and with the guys donating their time and Alcoa donating \$3000 to the charity or organisation of their choice, they're able to make a massive difference to the community. This year the Legacy Holiday Camp is their nomination and we are truly grateful for this privilege. This is something that the guys are very passionate about as they



appreciate the wonderful work that happens at the Camp and we hope this continues into the future. This year the time and money is going toward the new alfresco area.



By Legatee Steve Danaher

Keith Slinger

Some of you will know Keith Slinger who has been a Person with a Disability (PWD) beneficiary of Legacy since 1968 after his father, Douglas, passed away. Doug served in the 2/4th Bn AIF in New Guinea during World War Two, an unusual unit for a Western Australian to serve with as their home State was NSW.

Doug and Wilma Slinger brought young Keith into the world on 6 Oct 1951 and it was evident that he was facing challenges early in his childhood. The love of his parents saw Keith grasp as much of life as he could and some more! He wasn't going to let that phrase disability get in his way. Wilma used to take Keith to the St James Mitchell Centre where she volunteered for many years whilst Keith received an education and rehabilitation. Such was the sense of community that another little Greek migrant boy lived with the Slingers for a year so he could learn the English language. The family enjoyed holidays at Palm Beach and of course there was a great deal of involvement with supporting Legacy over the years.

Keith is a staunch supporter of Legacy; he helps out with fundraising during Badge Weeks, participates in our activities for PWDs, is just one heck of a nice bloke, and loved by those who know him.



He is a long term resident at Lady Brand Village situated at Greenfields where he recently received his 10 Year Medallion; he plays darts and carpet bowls at the club, but he does follow the Eagles (we'll let him get away with that one). He also fundraises for Peel Thunder during their home games and is seen on his motorised scooter all over Mandurah, as well as doing the newspaper round at Lady Brand ensuring the residents get their papers and magazines on time.

So when the call was received that Keith's long time worn out scooter had given its last whine of the electric motor, Legacy was more than happy to contribute towards the cost of replacing his old set of wheels. Keith will enjoy many more years of reliable scootering, so look out all you people in Mandurah..... Keith is on the loose again!



By Legatee Steve Danaher

MBMMC Charity Run September 2019

The Military Brotherhood Military Motorcycle Club (MBMMC) conducted its Legacy Charity Bike Run on Sunday 16 September starting at the Rockingham RSL. Ninety six motorcycles and over one hundred participants made their way to the Armadale RSL. The motorcyclists were blessed with great weather as they made their way through some of WA's best scenic riding country.

A stopover for morning tea at the Recovery and Restoration Centre in Jarrahdale was welcomed by the riders, who were surprised with donated 'Legacy' cupcakes which proved truly yummy. A tour of the facilities provided a good overview of the intent of the facility and the support that will be provided to veterans, families and kindred groups. Visit www.rnrcentre.org for more information.

Once at the Armadale RSL, there were lots of raffles and auctions which raised just over \$2,000 on the auctions results alone. Once

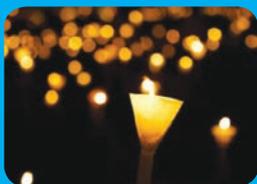
Dazza totalled up the individual amounts, they were thrilled to be able to give Legatee Ron Brown a presentation cheque for \$6,000,



which far exceeded expectations, providing an awesome result for a very happy and excited bunch of MBMMC WA guys and girls to be able to help out. This funding will go toward the 2020 Legacy Children's Camp to provide MBMMC sponsored Legacy Rashies and water bottles for each participant.

The dedication of the MBMMC members and their outstanding direct contribution goes a long way to support our activities and is most welcome by the Legatees and the Legacy children.

How you can Support the Families of Veterans



Gifts in Memory of a Loved One

Giving a donation to Legacy WA in memory of a deceased loved one or a friend is a generous and beautiful way to keep their legacy alive.



Gifts in Your Will

When you include a gift in your will for Legacy WA, you can create your own legacy which can help transform the lives of generations to come. Your gift can be used to support Legacy WA's programs directed towards the children, widows/ers and families of veterans who need our help the most.

Leaving a Legacy donation will help build a brighter future for the families of our veterans.



Anybody You Know Getting Married?

A wedding is such a joyous occasion; what better way to celebrate with friends and family, than to purchase Legacy pins to give as a wedding favour. A beautiful way to show your support for the families of our veterans.

If you would like to know more about how to support Legacy WA, please contact reception on Tel: (08) 9486 4900 or email to reception@legacywa.com.au



Rockingham Laurel Club HMAS Stirling Visit

The Royal Australian Navy Submarine Force (SUBFOR) based at HMAS Stirling extended a welcome invitation to Legacy WA to host Morning Teas and Base Tours for our Laurel Clubs.

With that, Rockingham Laurel Club was the first group to taste the hospitality (as well as morning tea) provided by the Submarine Force which was celebrating 'Twenty Years of Women in Submarines' on Friday 23 August 2019.

The ladies witnessed a presentation by Commander Submarine Force, Captain Doug Theobald, CSC, RAN. The presentation consisted of medals for operational service to five submariners, a Chief of Defence Force Commendation to a member for his contribution to saving lives of refugees during 2011 and a promotion from Seaman to Leading Seaman. The celebration of women in

submarines saw two past serving women attend who were members of the original training cohort. There were also several current long serving women, still wearing the uniform and their "dolphins" (submariner qualification badge) in attendance.

Led by the President Pauline Vernon, we had eighteen Laurel ladies attend the day, and mention should be made of Karen Steer who attended, as her husband Russell served with the RAN's Clearance Diving Team 3 in Vietnam.

We visited the site of the first settlement on Garden Island established by Captain James Stirling when he arrived at the

Swan River Colony in 1829, we also toured the base museum which contains many interesting artefacts including 18th Century clay pipes found at the site mentioned earlier.

A bit later we took a drive around the wharves and spied large supply vessels, smaller patrol boats and even caught a glimpse of a submarine.

The plan is that the RAN Submariners will host further gatherings for our Laurel Clubs (yes, you will all be invited) around every second month or so.

A huge thank you must be extended to Leading Seaman Christian Thom for organising the day, Chaplin Milo Velebir the happiest bus driver in WA and SUBFOR Command Warrant Officer Justin Moore for his leadership in making these events happen.

Additional thanks go to staff member Vareena Johnson for her happy snaps. Legatee Kim Farmer the Laurel Club Representative, and Legatee Steve Danaher also deserve a special mention for their help. Well, Steve didn't do much, but he can verify that the sandwiches and coffee were top notch.





Date and Ginger Cake

INGREDIENTS

- 1 Cup dates
- 1 Teaspoon bicarb soda
- 1 Cup water
- ½ Cup butter
- ¾ Cup self-raising flour
- ¾ Cup plain flour
- ½ Cup sugar
- 1 Teaspoon ground ginger
- 1 Packet chopped ginger

METHOD

1. Preheat the oven to 180°C.
2. Boil the dates, bicarb soda and water together. Remove from heat and add the butter. Set aside to cool.
3. Add the rest of the ingredients to the date mixture and mix well. Place in a baking tin and cook for 10 minutes. Lower the temperature to 150°C and continue to cook until a skewer inserted comes out dry.

Thank you to the Rockingham Laurel Club for this delicious recipe.

If you have recipes or anything of interest you'd like to be included in your Summer newsletter, please send them our way either by email (marketing@perthlegacy.com.au) or by post to: PO Box 1983, West Perth WA 6872 by the 1 November 2019.

Puzzle

Sudoku

4			9			1		
	9		8			7		2
	5			1	6	9	8	
		7		2			9	6
2			7		4			3
8	4			3		5		
	3	8	4	6			7	
1		4			7		5	
		6			2			8

Sudoku provided by Sudoku.com.au

	6		1		7		3	
	1						9	
8		2		5		7		4
9				1				3
			6		5			
4				2				9
3		8		6		1		7
	9						2	
	4		8		2		5	

Sudoku provided by Sudoku.com.au

Keeping the Promise Alive

How do you tell your children – four precious children under the age of eleven that their dad has died? That he has taken his life because he could not longer cope with the physical and mental torment that had become his reality?

That was the impossible question Angela Brient asked herself in the wake of the shocking passing of her beloved husband Terry, a proud RAAF Sergeant who devoted twenty two years of his life in service to this country.

Angela describes Terry as “...an absolutely devoted father” and “the most even tempered man around”. He was, she says, someone who loved a laugh and who would welcome people into his circle with open arms.

Terry was Angela’s first love. They met when Angela had finished Year 12 and was preparing to move to New Zealand to study medicine at university. Terry, then a Leading Aircraftman, was a Communications Electronics Technician with the RAAF ICCS Squadron, based at Richmond in Sydney.

After a two month long distance relationship, Angela moved to Sydney to take up university studies in Advanced Biology. Just two weeks later, Terry left Australia for his first deployment to East Timor. It was a frightening time for Angela who did not know if he would return or if he would come home bearing scars. Deployment would interrupt the couple again, months after they married in Perth in 2004, when Terry was again deployed to the Middle East. Angela would later discover that she had been two weeks’ pregnant with their first child when she tearfully farewelled her husband on that deployment.

On 31 July 2017, this courageous member of the Australian Defence Force took his own life. It was just a matter of weeks after the family lost Terry that Angela was first put in touch with Legacy.

Over the coming months (as he remains today,) Angela’s Legatee (Legacy volunteer) Steve, was by the family’s side: ensuring that Legacy helped to ease the burden wherever we could; helping Angela claim her rightful entitlements; offering constant family support. Helping the children on their road to healing through Legacy Children’s Camps.

Legacy was founded in 1923 on a promise to veterans like Terry: to support the families that are left behind.

By donating, you will bring much needed support to the partners and children of veterans who have lost their lives or have been seriously injured as a result of their military service.

Thank you in advance for your generous donation to support the families of those who served our nation.



Yes, I would like to support Legacy and help keep the promise

I do not need a receipt

Please accept my donation of

\$10 \$20 \$50 Other:\$ _____

Name: _____

Address: _____

Suburb: _____

Post Code: _____

Please accept my payment:

- Cheque (made payable to Torchbearers for Legacy in WA)
 Credit card (details below)
 Money Order (made payable to Torchbearers for Legacy in WA)

Credit Card Details:

Mastercard Visa

Card No: _____

Name on card: _____

Signature: _____

Expiry date: _____

Donations of \$2 or more are tax deductible.

Donate online now - www.legacy.com.au