

LEGACY TIMES

Patron: Her Excellency the Honourable Kerry Sanderson AC, Governor of Western Australia



In this issue...

*Legacy Christmas Jingle,
Companion Dogs
and much more.*



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Coming up...



Widows Picnic

Legacy Holiday Camp
Busselton
11 March

45th Legacy Militaria Auction

Claremont Showground
15 April

April Badge Day

Perth City
18 April

Badge Day

Shopping Centres
21 April

ANZAC Day

25 April

ADF Ball

TBC
28 April

Perth Legacy 90th Birthday Celebrations

Crown Ballroom
9 June



Perth Legacy

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Opening Hours:
Monday to Friday
8:30am-4:30pm

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Opening Hours:
Tuesday and Thursday 9am-3pm

Follow us...



Cover image: Perth Legacy Legatees march from the Flame of Remembrance to the State War Memorial.

Photo Credits: Sharon Briggs

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Perth President's Message

Greetings to all our wonderful readers. This is my first President's Message to you in nine years. It is my pleasure to have been asked to serve as President of Perth Legacy for this year, and deem it an honour to steer the *ship* in the way we care for you all.

As another year begins, and we farewell 2017, I would like to thank all in the Legacy Family for their tireless efforts to ensure our beneficiaries all receive the maximum level of support that you all deserve. The *Spirit of Legacy is Service*. Perth Legacy is blessed to have dedicated Legatees and staff who continue to care for all our beneficiaries in a compassionate and professional manner.

At the National Conference of Legacy, held in Woolongong in October 2017, the theme was *Managing a Smaller Legacy*. One thing you can be sure of, is that we will continue to provide wonderful care and guidance to those we serve.

Perth Legacy celebrates 90 years!

The 9 June 2018, marks Perth Legacy 90th anniversary, and we are in the middle of planning a black-tie sit down dinner at Crown. We will remember those Legatees who have served before us, caring for those we serve, and who *handed the Torch* to those who continue to serve. I encourage you all to mark this date in your calendar. In addition to this, the Legacy Team are looking at a possible dedication and birthday celebration for our widows at the Legacy *Widow and Child Statue* in the gardens at Monument Hill Fremantle - watch this space for more information.

It was lovely to see so many young ladies in the ballroom at Crown on Monday 11 December at the Legacy Christmas Jingle. Once again we were delighted

to have Steve Mills (6PR) join us as our compere - and I am sure you all join me in thanking him for his support of Legacy. Thanks must also go to Renée and Jessica at Legacy House, and Legatee Marlene Robins, for their efforts in coordinating the event.

The Badge of Legacy

I have from time to time been asked about the origin of the Legacy Torch. Well here it is... When Legacy was established in 1923 by a group gathered in Melbourne, it was decided to adopt the Torch, taken from the poem, *In Flanders' Fields*.

The Badge of Legacy symbolises in its torch, the undying flame of service and sacrifice handed to us by our comrades in war who have passed on. In its wreath of Laurel, with its points inverted in remembrance, is the guerdon of honour; that is the meed of those who gave their lives for their country.

Merry Christmas

Finally, I take this opportunity to wish you, and your loved ones, a safe and joyous Christmas and new year during the festive season. I look forward to catching up with you all over the coming year.

Legatee Peter Heeney





Fremantle President's Message

Another year almost gone, and when I look back, I am pleased with what Fremantle Legacy has achieved, yet I am hopeful that membership numbers pick up in the coming year.

Achievements include an upgrade of our accounting system, good progress with our constitution to comply with the 2015 Associations Act, our strategic plan, continued work on our Legacy House upgrade, and our ongoing review of compliance requirements. No doubt our most significant project this year has been our *Caring for Widows* program, where we have attempted to contact all widows on our database. This has resulted in over 120 requests from our widows for assistance in a wide range of areas. These are now being actioned, and no doubt this follow up work will flow into 2018. One of the outcomes from this project is the number of widows wanting to join Laurel Clubs. I would like to thank everyone who has worked on this project, and ask for your continued support to carry out the follow-up work required.

Fremantle RSL and Fremantle Legacy have had some discussions around a joint fundraising event to lift the profile of our respective organisations in our area. We are looking at holding the event sometime in 2018. It is still early days, and we are tossing around a few ideas, but we will keep you posted.

Apart from the follow up work required for the *Caring for Widows* program, I see that our main focus in 2018 will be membership and training. We have known for some time of the required training required under the Advocacy Training

and Development Program (ATDP) system, and this was again highlighted at one of our recent meetings, where we were addressed by Ian Thomson and Alan Thomas from the ATDP.

2018 will be an interesting year for Fremantle Legacy as we try out new initiatives such as holding our general meetings monthly, instead of fortnightly, to attract new members. We will also need to look at our membership costs as the new LA Inc levy of \$38 does not leave much out of our current membership fee of \$40 per Legatee.

Thanks to all of our staff and Legatees for their great work in 2017, also to Perth Legacy and Torchbearers for their continued support of Fremantle Legacy.

Merry Christmas and Happy New Year to everyone.

Legatee Arthur Peters



Perth Legacy Board of Management 2018/19



Back Row: L/Peter Emmett (**Chairman Junior Legacy Committee**), L/Pat Hall (**Chairman Torchbearers for Legacy**), L/Trevor Gunning (**Elected Member**), L/Bob Keatch (**Honorary Secretary**), L/John Murphy (**Chairman Holiday Camp Committee**), L/Mike Radwell (**Chairman Personnel Committee**), L/Tony Maclean (**Honorary Treasurer**)

Front Row: L/James Ford (**Immediate Past President**), L/Glenn Hibbert (**Senior Vice-President**), L/Peter Heeney (**President – Perth Legacy**), L/Ian Mcnee (**Junior Vice-President**), L/John Burridge (**Elected Member**)

Absent: L/Kim Doherty (**Chairman Planning and Review panel**)

And the winners are...

The Perth Legacy 2017 Raffle came to a close and was drawn on Friday 24 November 2017 by Peter King, Department of Veterans' Affairs -Deputy Commissioner WA. The winning ticket belonged to Mr and Mrs Negus who were overwhelmed with the wonderful news.

Greg Negus, who purchased the ticket, was a Legatee in Canberra during his service with the Armed Forces. The couple have won return flights to France with a six day ANZAC tour, accommodation, meals and spending money! This will be the trip of a lifetime and we look forward to hearing all about the trip on their return.

A big congratulations is also extended to Mrs Doe who took out second prize of \$1,000 CASH. Mrs Doe could not find the words to express her delight, a wonderful surprise and lovely bit of extra money to use over the holiday period.

The fundraising team are already in negotiation for some great prizes for the 2018 raffle, More information about the next raffle will be published in the next newsletter.

LEGACY 



Veterans Wellness Programs

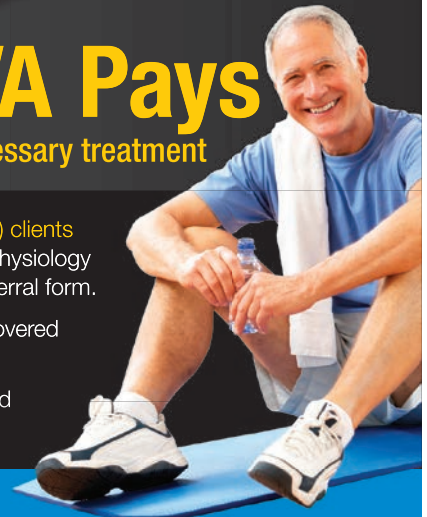
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True Grit

The weekend of 28-29 October 2017, saw the Fundraising team from Perth Legacy head down to Donnybrook for True Grit. This military inspired obstacle race course is designed to test participants physically and mentally.

With 30 obstacles spread across the 12km course, True Grit is not for the faint hearted. The mixture of ropes, water, hills, hurdles, barbed wired and cargo nets will challenge even the toughest. The fundraising team were set up at the first drink station and were kept busy for two days with more than 5,000 participants.

The event had such a great community feeling; everyone who participated was willing to lend a hand to others. It was truly a unique experience and many of us came back very sore!

Legacy are one of the benefitting charities from this event and as we look to 2018, we hope to have more join our team to take on Heartbreak Hill

– the final obstacle in the course, we will keep you posted on the set date and location as soon as we know!



MBMCC motorcycle run for Legacy



On Sunday 17 September, the Military Brotherhood Motor Cycle Club (MBMCC) held their annual motor cycle run for Legacy.

The ride started at the Armadale RSL, then travelled to Serpentine Falls, Rockingham RSL, and finished at the Esplanade Hotel, with a total ride distance of 135 kilometres.

Forty motorcycles were involved on the day with an estimated

worth of \$1.3 million dollars lined up outside the hotel.

A raffle was drawn, with more than \$2,000 worth of prizes donated by local businesses; including motorcycle gear, wine and spirits as well as various pieces of artwork.

The manager of the Esplanade Hotel, Blair Wallace, donated a night's accommodation as first prize that was won by President of the MBMCC, Brendon (Sarge) Kelly; a worthy winner, considering the amount of work required to run such an event. Sarge later presented Legacy with a cheque for \$4,600. This was a truly remarkable effort from both Sarge and his club members.

It was a great event, with such a supportive group and a good time was had by all. Thank you to all the Legatees who turned out to show their support on the day.

Legatee Sue Jones alongside Brendon Kelly with one of the raffle prizes drawn on the day.



By Legatee Gavin Briggs

Legatees Gather to Commemorate the Fallen



This year's commemorative service was held at the State War Memorial, Kings Park on Saturday 25 November. It was a warm and sunny day which reminded the wise to not just bring their hat but to also wear it.

Twenty-five Legatees, including two that had travelled from Geraldton, to Perth took formation at the Flame of Remembrance and marched the short distance to the State War Memorial where, standing at attention, Legatee James Ford, laid a Wreath of Dedication.

A small crowd also gathered nearby to watch the service and heard the event's bugler, Corporal Dave Scott, play the Last Post, which was followed by a minute's silence. Corporal Scott then played the Rouse, and Legatee John Burrridge recited The Ode of Remembrance.

After the short but heartfelt service, a number of people stopped some Legatees to inquire what the event was in remembrance of. This gave them a chance to briefly explain the purpose of Legacy and what it means to be a Legatee. After the

commemorative service, Legatees then headed to Legacy House for a midday lunch, which was followed by a very well attended AGM.



Photo credits: Sharon Briggs

Perth Legacy welcomes a new Legatee

Graham Clarke, Perth Legacy's newest Legatee, was inducted at Fellowship on Friday 1 December.

Graham served with 2 RAR in Vietnam during 1970, and remained in the Army for ten years before taking discharge. He then went into the hotel\ hospitality industry, managing various Swan Brewery hotels across Western Australia, but after coming home smelling like a brewery and reeking of cigarette smoke (remember the days when you could smoke in every corner of a pub!), Graham decided on a complete change of career.



Nursing was seen as an important way to contribute to society, so Graham qualified as an Enrolled Nurse in the late 1980's which took him on the path to qualifying for a career in mental health. He undertook

training in Psychiatric Nursing prior to working in this field in Geraldton, the Mid West and Central West of WA, working in disadvantaged communities for over ten years.

On his return to Perth, Graham worked in the same field with an emphasis on men's mental health, which he remains involved in today.

Graham is looking forward to contributing to Perth Legacy in the traditional way, as well as using his professional experience if and when required. We welcome Graham into the Legacy family and look forward to his fellowship.



WA Companion Dog Program



A group of contemporary veterans have all pledged to tackle the gruelling Kokoda track in March 2018, to raise \$100,000 needed to establish a WA based Companion Dog Program, similar to that in existence on the east coast. This program will support serving and ex-serving Australian Defence Force personnel, suffering from Post-Traumatic Stress Disorder (PTSD).

The group of six includes, Duncan Anderson, Steve Coghlan, Chris Mayfield OAM, Paul Mercieca, Duncan Powrie and Luke Thatcher, all of whom saw operational service during their time in the Australian Army, including places such as Afghanistan, Iraq, East Timor, Pakistan, South East Asia, Bougainville and Cambodia.

All of the men have come to know of someone who suffers from PTSD attributable to their service, either during their service or following transition into the civilian workforce, which sparked the enthusiasm and passion to take on this challenge.

Whilst this bunch of everyday blokes has successfully transitioned from service life into either private or

government sector jobs, they all continue to serve in some way shape or form.

Duncan Powrie, in his spare time, serves as a Major in the Army Reserve; Paul Mercieca is a Fire Fighter with the Department of Fire and Emergency Services; Luke Thatcher works for the Department of Justice; and Duncan Anderson, Chris Mayfield and Steve Coghlan are active members of the RSL and Legacy in which they hold leadership positions.

With some of the team's relatives having served during WWII in Papua New Guinea (PNG) and the Kokoda campaign, this initiative and the trek is made all the more significant for the team through the opportunity to honour those who have served before them.

Chris Mayfield's great uncle, Keith Osborne, served as a rifleman in PNG during WWII, and Steve Coghlan's great uncle, Captain (Dr) John Connell was awarded a Military Cross for bravery at Eora Creek on Kokoda, and his aunty, Captain Veronica Connell (Nee Coghlan), a nurse, was Mentioned-In-Dispatches.

You can show your support of this wonderful initiative, by visiting the Australian Defence Bank Foundation 'GiveNow' fundraising page:

<https://www.givenow.com.au/defencecommunitydogs>

Perth Legacy Staff and Legatees wish them luck and are happy to support their efforts where possible.



44th Legacy Militaria Auction



The 44th Legacy Militaria Auction was held on Sunday 29 October 2017. The Auctioneer, Legatee Wayne Gardiner, brought the hammer down on almost 800 lots, accompanied throughout the day by the strains of the Australian Army Band, the Rolling Stones, Shirley Bassey and Beatles impersonators performing at the adjacent Brit Fest Car show.

The donated funds to Legacy totalled \$8,900 – which is a great achievement and success for all involved. The Legacy Militaria Auction has been a biannual event since 1995 and has contributed just over \$400,000 for Legacy.

Amongst the interesting assortment of uniforms, medals and badges, bayonets, knives, swords, books, helmets, pistols, military souvenirs and collectables, which included several deceased estates, was a half size model of a First World War Sopwith Camel Aeroplane (pictured).

Top prices of the day were paid for a German dagger (\$2,300); a rare officer's enamelled badge from WA's 28th Battalion (\$775); a 1918 Australian made, rendered .303 rifle (\$675); and a WWII tropical flying helmet with communications cord

and goggles, which brought in \$675 [in photo with Sopwith Camel].

Thank you to regular helpers, Torchbearers Peter Lutley and Brian Griffith, who spent a full week setting up and preparing ahead of working on auction day; Paul Salpietro and David BurrIDGE; and Companions of Legacy for once again staffing the sausage sizzle and coffee shop which keeps auction goers fed and watered.

Mark your diary:

The next auction will be held on **Sunday 15 April 2018**, once again at the Wattle Room, Claremont Showground.

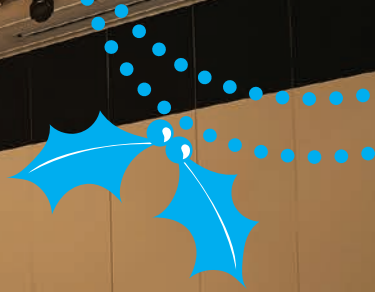
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Jingle All the Way



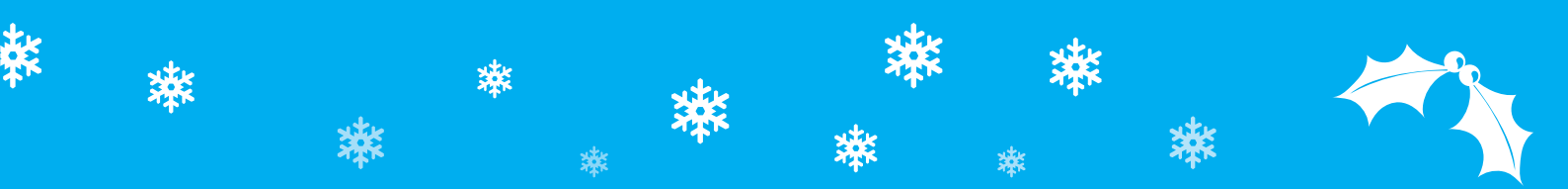
This year we had a gigantic turnout of 330 Legacy Widow's at the Crown Ballroom. All of whom came to enjoy a festive afternoon, complete with turkey and Christmas pudding. A few of the ladies even tried to outshine Santa, by kitting themselves out with some very jolly accessories, including Santa hats that danced, flashing necklaces and all sorts of fun headbands.



The room was dazzling with each table setting complete with a gift bag full of goodies from some very generous companies and in-house friends. It was great to see so many first-time attendees and to hear that a few have even joined a Laurel Club is fantastic!

We look forward to seeing you all again in the New Year and wish you a safe and very happy Christmas.





Widow's Camp Five 2017



Camp Five saw the ladies enjoy 12 wonderful days at the Legacy Holiday Camp Busselton with many outings, including the Remembrance Day service in Busselton on Saturday 11 November.

On Wednesday 15 November, the ladies already on camp joined those from Vasse Laurel Club, as well as the Mandurah Laurel Club for their annual morning tea. The ladies all brought a plate to share and Angie made fresh scones which were enjoyed by everyone.

On Sunday 19 November, Steve and Angie took a small group of the ladies to the Margaret River Gourmet Escape, which was held at Leeuwin Estate Winery. Everyone had a great time and loved getting out and about in the beautiful South West.



2018 Camp Dates

Camp 1	Fri 16 - Tue 27 February
Camp 2	Fri 9 - Tue 20 March
Camp 3	Fri 27 April - Tue 8 May
Camp 4	Fri 12 - Tue 23 October
Camp 5	Fri 9 - Tue 20 November

Legacy Holiday Camp

Application to attend Legacy Holiday Camp Busselton

Please complete and return to:

Legacy Holiday Camp Busselton

128 Caves Road

Siesta Park WA 6280

legacycamp@bigpond.com

Camp Details		
Holiday Camp no.:	From:	To:
Your Details		
Surname:	First name:	Preferred name:
Address:		
Suburb:	State:	Postcode:
Phone no.:	Mobile no.:	
Email:		
Next of Kin		
Surname:	First name:	Phone no.:
Address:		
Suburb:	State:	Postcode:
Name of family doctor:		Phone no.:
Other requirements		
Do you require a commode, walker or gofer during the camp? Please indicate below:		
*Please note there are limited supplies of these items at the Legacy Holiday Camp and any aids MUST be requested at the time of booking to ensure that your needs are met and arrangements can be made to secure these items for you.		

Legacy Holiday Camp

Private Transport

Please Circle:

YES/NO

If YES please provide your vehicle registration number: _____

Bus Information

TransWA

If you wish to travel with TransWA using your free travel pass you will need to arrange your own booking. Please advise the Legacy holiday camp on (08) 9755 4530 or 0429 293 316 of your travel itinerary in order for Busselton pick up to be arranged.

If you are a Gold Card holder arrangements can be made on your behalf. Please provide the following details so these arrangements can be made.

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Gold Card no.: _____ Expiry date: ___/___

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Perth Elizabeth Quay Busport	7:30am	1:20pm
Perth Airport- Domestic Terminal (T3/T4)	8:00am	1:50pm
Perth Airport- International Terminal (T1/T2)	8:10am	2:05pm
Cockburn Central Station	8:40am	2:35pm
Pinjarra Road Interchange	9:15am	No Service
Bunbury Bus Station	10:30am	4:25pm
Busselton Terminal	11:15am	5:20pm

Return Journey

	Morning Route	Afternoon Route
Busselton	7:40am	1:00pm
Bunbury Bus Station	8:30am	1:50pm
Cockburn Central Station	10:20am	3:45pm
Perth Airport- International Terminal (T1/T2)	11:05am	4:15pm
Perth Airport- Domestic Terminal (T3/T4)	11:20am	4:30pm
Perth Elizabeth Quay Busport	11:45am	5:00pm

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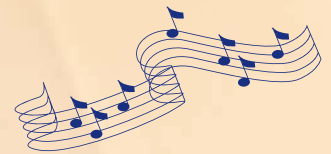
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Valrie Brockway turns 100

Valrie Brockway, widow of long time Legatee, Hugh Brockway, celebrated her 100th birthday in her home town of Wagin on 3 November 2017.

She was joined by her three children and eight grandchildren, plus all but one of her 17 great grandchildren, some traveling from as far afield as Sydney and Canberra for the occasion.

She received cards from the Queen, the Prime Minister and the Governor General, but the one that touched her most, was the card and bouquet of flowers she received from the members of Legacy.

Valrie still maintains good health and independence with the assistance of Meals on Wheels and Home and Community Care.

She still plays Bridge twice a week, and we are told she plays a mean game.

Pictured is Valrie with her son, Legatee Greg Brockway, reading her card from the Queen, as well as her large family.



Mrs Vera Holmes - A Truly Remarkable Lady

Mrs Vera Holmes attained the grand old age of 100 on 5 November 2017. Mrs Holmes was married to Sydney Holmes, who served in the Army in the Middle East for over two years during the Second World War. Unfortunately, Sydney Holmes passed away in 1980 after complications from his service.

Following his passing, Mrs Holmes moved to Wyvern House within the Hollywood Village complex opposite the Hollywood Repatriation Hospital in 1983. Mrs Holmes moved into an independent living unit in 2010, still within the Hollywood Village complex, where she still resides.

Mrs Holmes has no immediate family apart from her 95 yr old sister Dorothy, also a war widow,

who lives in an aged care facility in Claremont. Mrs Holmes is totally independent despite not ever having a drivers licence, and catches the bus to either Subiaco or Claremont to do her weekly shopping. She is still very active and does her own unit cleaning. Mrs Holmes cares for her own garden, and it is one to be truly proud of.

Owen Ashby, Chairman of Family Services, visited Mrs Holmes to celebrate her birthday with flowers, and enjoyed a cup of coffee and chat on how Mrs Holmes has enjoyed such a long and

active life. Owen asked how she had done this, her reply was... *'just get on with life and keep moving'*.

What a remarkable lady! Congratulations Mrs Holmes on reaching 100 years, and best wishes from Perth Legacy.





Bunbury Laurel Club

Best wishes for a happy Christmas and a healthy new year to all Laurel Clubs from the Bunbury Laurel ladies.

Our last meeting for the year was on Thursday 2 November and we went out for a Christmas lunch later in November. We all look forward to our next meeting in the new year, as well as the upcoming Jingle where we will be able to see all your happy and friendly faces.

Beryl Winning
Secretary



From left front clockwise: Lorna Doe, Joy Murray, Coleen Clifton (Grace Lloyd's daughter), Grace Lloyd, Rosemary Ricetti, Beryl Winning, Sue Lombardo (Pat Sutton's daughter) Pat Sutton & new member Marie Cross.

Floreat Laurel Club

As we near the end of a very successful year, we wish everyone a Merry Christmas and a Happy New Year.

Over the past year, we have enjoyed bus trips and had speakers address us on various interesting subjects. Now we look forward to the Christmas Jingle, which is always a red letter day in our calendar.

We consider ourselves very lucky to have the use of a lovely room to hold our meetings free of

charge at the Parkland Retirement Village.

It has been wonderful to have Laurie as our Legatee; he keeps us informed of any news from headquarters.

We welcome new members to our club and our meetings will resume 2 February 2018.

Joan Mitchell
President

Gosnells Laurel Club

Finally some lovely sunny days; the weather has been as dismal as our bunch of politicians, but we do need the rain.

This has been a quiet year for our club; no bus outings because of our low numbers and some disabilities. In saying this, next year is looking up with the possibility of new ladies joining our Laurel Club. The middle Wednesday lunch is popular at the local tavern which provides good service and food choices, and we provide the company and conversation.

Our president, Eileen, has been unwell for some time, but her health is slowly improving. Joan, our Vice President, is doing a splendid job holding the fort.

We meet on the second and fourth Wednesday of the month, the middle Wednesday is our lunch day as previously stated. There may be a guest speaker, some live music or jokes, or general catch up conversations. Lately we have also tested a few games of bingo.

We are looking forward to the Christmas Jingle. Last year was excellent, as was the hotel; there is no doubt this year will be even better.

We will remember 11 November.

Best wishes to all Laurel and Legacy members for Christmas and the new year.

Rosemary Cleary
Secretary



Fremantle Laurel Club

On behalf of the Fremantle Laurel Club, it is again my privilege to wish all Legacy Laurel ladies good luck, health and happiness throughout the remainder of 2017.

Since the spring newsletter report, we have enjoyed our last two bus tours. The first was indeed a most happy occasion, with much fun and laughter at an Irish themed restaurant called Friar Tuck at the Dawesville Cut. The second turned out to be a lovely spring day in October at the Ravenswood Hotel on the Murray River. Many ladies stated they had the best time ever with good food, company and a great atmosphere. So much so, management suggested we have our Christmas celebrations there. I regretfully had to advise them that we had already arranged other plans.

The first Tuesday in November saw Melbourne Cup come and go. The ladies gathered around the television at Fremantle Legacy, shrieking for the horses which they drew in the three sweeps. The three lucky ladies were Verna Carey, Patsy Lloyd and Beryl Messenger. We also enjoyed a special cake on the day, as well as a hat parade, with the winner being Maria Brown who received a small prize.

To finish off our social events for 2017, we shall have our third cash bingo in late November, and

our break up party is to be held on 5 December. The climax of course, will be the Legacy Christmas Jingle which is to be held at Crown on Monday, 11 December. If it is nearly as enjoyable as it was last year, all Legacy ladies will have a great time.

It was a pleasure to welcome to our Laurel Club, three new members, Dorothy Eacott, Olive Wilkinson and June Dunstan. They seem to enjoy their new friendships and the bingo games.

We bid a sad farewell to our lovely, popular and true friend, Gwen Corbett, whose passing mid-September left a deep void to fill. Gwen had spent several years during WWII in the Army base at Fremantle Barracks, and had been a member of Perth Legacy for a number of years before joining us. In civilian life she was a vibrant, independent person, as well as an accountant. Our sincere condolences go to her family and many friends.

In closing, all at Fremantle wish everyone connected with Legacy a healthy, enjoyable and prosperous 2018.

*Margaret Carbon
Social Secretary*

Fremantle Laurel Ladies are, from left to right: June Dunston, Olive Wilkinson, Margaret Carbon, Maria Brown and Mary Vincent.



Geraldton Laurel Club

Attendance at the Geraldton Laurel Club monthly meetings has been good. It is always comforting to see our ladies each month knowing that we are still an unbroken chain. Several of our *birds* have recently celebrated milestone birthdays; well done to those.

Freida Moses, our President has had health issues of late and, as such, our elected Secretary, Dulcie Valenti has stepped in as Acting President with newcomer Barb Duncan filling the shoes of Acting Secretary. Barb has also agreed to be the group's Publicity Officer, Geraldton; also known as POG.

We hope that Freida will re-join us very soon and, as such, we extend our warmest best wishes to her for a successful recovery. Frieda has been President of the Geraldton Laurels for many years. Get well soon dear heart, and we will see you in the new year to continue your reign.

Speaking of reign, we conducted a sweep for the 2017 Melbourne Cup, where Dulcie did a sterling job putting all the envelopes together. With only a small gathering at our November meeting, the day before the running of the cup, we did very well to sell all *horses* with proceeds divided into first, second and third place getters. By the time we are reading this we will know the winners, who will no doubt be enjoying their winnings and dreaming big on how to spend up. We wish the best of luck to all *horse holders*, and of course to the horses themselves.

Last month the girls gathered for a light lunch at a local watering hole and a very pleasant time was

had by all who attended. There is some left over funding and it was decided that we have a fish and chip lunch at the conclusion of our November meeting. I came armed with photographic equipment to provide a fun pic to share with you all, however due to a variety of factors, it was agreed that the fish and chip lunch be postponed to the February 2018 meeting; save the hunger girls, we will have this lunch!

Our December meeting is on the fourth, and at the conclusion of such, we will be adjourning to the Wonthella Bowling Club for our Christmas Lunch. We eagerly await this day and the wonderful fare that is on offer.

In conclusion our team of wonderful Laurels wish all a continuing safe and healthy life. We trust that Christmas will come with all the blessings you may wish for, or need. If you are travelling, travel safe, stay well, be happy and merry...but not too merry!

I came across a delightful quote that did bring a smile to my face, which is a rarity!

"Part of the success in life is to eat what you like....let the food inside, fight it out!!"

Well I thought it was good anyway, and I hope you think so too.

Watch this space; there will be a photo very soon. Best wishes from us all.

Barb Duncan
Publicity Officer, Geraldton

Menora Laurel Club

Season's greetings to all Laurel Club ladies and I hope the coming season brings joy to all.

It is lovely to be able to welcome our new member Alva, who I hope will continue to come along to our meetings.

On 4 October we had an awesome outing to the Grosvenor Hotel to listen to the entertainment, as well as have a delicious lunch. Thank you to Legacy for a wonderful day, especially the young ladies who transported us there and back.

We are all looking forward to our Christmas lunch at the Morley Ale House later in the year.

We still meet on the first Wednesday of the month at the War Widows Guild at Plantation Street, Menora, and as usual Jan and Hazel continue to hold the Menora Laurel Club mornings. If you live in the area we would love to see you.

Stay cool ladies.

Jan McLeod
President



From the Laurel Clubs

Kalamunda and Districts Laurel Club

Greetings to all clubs; how quickly the year has gone, and now Christmas is just a month away!

We were recently saddened to lose two of our Laurel ladies; Barbara Sadler, who had been a member for over 15 years, and our president Doreen Wollen. Both were tireless workers for Legacy and we remember them with much affection.

We had a busy September with outings to Gracies Café in Forrestfield, then on to Success for lunch at Gateway Shopping Centre. This was a new venue for most of us and we had a wonderful time. In October, we enjoyed morning tea at our Legatee's home; thank you Warrick and Kaye for your hospitality. Afterwards, we made our way down to Fremantle for lunch at the *Eat Greek* restaurant.

All members are looking forward to the Jingle, and we thank the organisers for their efforts, as it is a big job getting this underway.

Best wishes to all for a happy Christmas with family and friends, and may the new year bring all members good health and many blessings.

Angela Waters
Secretary



From left to right: Joan Zinner, Betty Coall and Angela Waters celebrating Kalamunda Laurel Clubs Birthday.

South Perth Laurel Club

On behalf of the South Perth Laurel ladies, I would like to wish everyone good health and happiness for the holiday season and into the new year.

Renée, Vareena and Jessica, from the fundraising team at Perth Legacy, took a number of us down to Fremantle in October.

The girls took the scenic route following the coast. It was such a beautiful sun-filled day which made the drive and view much more enjoyable.

We stopped off at Kailis Bros. for fish and chips, as well as coffee and cake. We had the most wonderful day and look forward to our next outing.

The Legacy Christmas Jingle is not far away, where all Laurel ladies come together to celebrate the year gone and the year to come. We can't wait to see all your familiar faces.

Cecelia Batt
President

The South Perth Laurel ladies enjoying the sunshine in Fremantle.



Legacy Lillies

This year has been an exceptional year, with new members being introduced to the loud and rowdy gang, the introduction of new types of meet ups, and a feeling from members that this group is a resounding success.

Introduced this year, on top of the normal meet ups, was a Swan Valley wine tour thanks to Legacy, a presentation by DVA, an informal lunch in January, as well as a Christmas wind up with lots of presents. Trina won best dressed wearing her Christmas T-shirt.

The more we get to know each other, the more comfortable we feel. On Sunday 26 November at Bella Rosa restaurant, a new member said, 'I had to force myself to come today'. This comment is one that every member has muttered at some stage since joining the Lillies. With a regular group of around 60 members, we look forward to welcoming new ladies every other week.

We have twenty one members coming to the Legacy Christmas Jingle on 11 December. Our table has extended from one table with eight members in 2015, to two tables this year; the question is, can we make up three tables in 2018? Now there is a challenge.

We are planning our 2018 program and start off with an informal get together at Cheral's place

on 14 January. Last year was fantastic, members didn't want to leave; if I recall, the ice had melted, shoes were off and some members were still there at 8pm!

This year we organised a talk by a DVA representative, which was very successful. Hopefully we can organise more interesting talks, particularly a talk on wills, which has been requested by numerous members. There are two camps booked for 2018, write them on your calendar. The dates are 22 May to 27 May, and 20 November to 25 November 2018.

Thank you to all the members who continually gather every month and join in on the fun, giving us vicarious trips around the world, and for welcoming new members.

Thank you to my committee, Cheral, Pam, Suzy and Trina for the unselfish time you have given, wrapping your wings around this group, dedicated hard work behind the scenes and for being my support.

This is the last opportunity I have to wish all the Legacy Lillies a safe and happy Christmas.

See you in 2018.

Georgina Hall
President

Perth Laurel Club

Greetings to all Legacy Laurel Clubs and a special welcome to our new member, Molly Greenwood.

I hope everyone is enjoying the warmer weather. A few weeks ago we had a very pleasant day out with lunch at Masons Mill, courtesy of Peter Heeney, our Legatee. Situated in a beautiful location in the hills we had an excellent lunch, though we were unlucky with the weather as the rain stopped us taking advantage of the beautiful gardens.

Two of our ladies were recently on holiday at the Legacy Holiday Camp Busselton where they enjoyed all the usual facilities. We are so fortunate to have this opportunity. The only complaint they had was that their waistbands are now too tight as they had put on a little weight!

Some of our members are looking forward to the tuition on the use of *tablets* which has been

arranged by Legacy. I will report later on how we are managing these gadgets.

We all look forward to catching up with old friends at the annual Legacy Christmas Jingle.

New members are always welcome.

Audrey Ridout
Secretary



Left to right: Audrey Ridout, Peter Heeney and Margaret Tait.



Midland and District Laurel Club

Greetings to all clubs. This is our first letter for a long time, and we are hoping there will be many more to come.

We stayed out in August with the very sad occasion of the passing of, not only our club's president, but secretary, Coral MacKenzie. She will be sadly missed by all.

At our AGM in September, we welcomed a new committee starting with our President, Wendy George; Vice President, Sheila Gasson; Secretary, Margaret Garbutt; Treasurer, Jan Knight; and Assistant Treasurer, Jenny Brutnell.

We would like to thank the Kalamunda Laurel Club for inviting us to their Birthday party. A total of 10 ladies from the Midland and Districts Laurel Club attended, as well as our Legatee Steve Rees, who drove us there in the Swan Shire Bus. The ladies had a great time and our very own, Elizabeth Jackson, who turned 90 the next day, helped with the cutting of the cake.

All of the ladies are looking forward to our club's Christmas dinner at the Pig and Whistle as well as the Christmas Jingle. Some of our ladies have also



Betty Coall cutting the Kalamunda and Districts Birthday Cake alongside Elizabeth Jackson who turned 90.

been attending the holiday Busselton camp and having such a great time.

We welcome any new members we meet to attend our meetings at the Midland Senior Citizens Hall on the first Wednesday of the month at 1pm.

Best wishes to all Legacy ladies.

Margaret Garbutt
Secretary

Rockingham Laurel Club

Hello to all fellow members and Legatees.

We have had very interesting speakers from the local Autumn Centre, World Elderly Abuse Awareness Day, and three young ladies from the Perth Legacy office, who informed us of the availability of services widows are entitled to.

We recently had a Chinese luncheon at our local restaurant, which was a treat, and everyone enjoyed the variety of dishes. After Lunch a few of us went to the local community arts and crafts shop where we were pleasantly surprised by the array of goods on offer.

Our birthday party was a great way to catch up with our Legatee, Mark and his wife, Heather, as well as our friends from the Fremantle Laurel Club. Everyone enjoyed the food and the raffles that were drawn on the day.

Our recent trip to Kings Park was both excellent and informative. Fourteen of us took part in a walking tour with three guides, who explained

where various wild flowers grew. We all had a lovely walk around the park which took in a visit to the Boab tree brought down from the Kimberley. Afterwards we had lunch and enjoyed the food and surroundings. It was a full day but we came home happy and tired.

Our Christmas party will be held on 7 December followed by the Legacy Christmas Jingle on 11 December. We then break up until 18 January 2018, when we meet for a BYO picnic at Bells Park on the foreshore.

Pauline and other members attended the funeral of Yvonne Grant who had been a long time member. We held a minutes silence in her memory; she will be sadly missed by all.

Our best wishes to all of you; may you enjoy good health and happy days with loved ones and friends.

Jan Firth
Secretary

Vasse Laurel Club

Our meetings are held in the RSL Hall on the second Wednesday of the month and usually 20-25 ladies attend.

Our bus trip in October was to Alverstoke, a heritage property in Brunswick. It is an interesting old building. We also got to look at ancient machinery and tools, the beautiful old roses in the rose garden, as well as the old books in the school. We then went on to Harvey for lunch at the Stirling Cottage.

On Wednesday 11 November we went out to the Legacy Holiday Camp Busselton and had morning

tea with the Mandurah ladies. We all enjoyed Angie's lovely scones. As this was Remembrance Day Joan Ornsby and myself laid a wreath.

Christmas lunch is at Stilts on 13 December at noon.

Don't forget the Legacy Christmas Jingle is coming up, ladies. Steve and Angie are picking us up, as well as the Bunbury ladies.

All the best for Christmas and keep well.

Barbara Froome
Secretary

Mandurah/Murray Laurel Club

Unfortunately, I missed the last deadline because I was in Cairns escaping the cold weather.

Where has the year gone? Once again, we have enjoyed many interesting bus trips, for which we thank Legacy. We have travelled to Boyanup to visit the Gingerbread House, enjoyed lunch at Bunbury Backbeach Cafe, toured the Railway Museum in Bassendean, saw the delightful display of tulips at Araluen, fed miniature horses in Neergabby and lunched in Gin Gin.

When we are not out on bus trips, we have enjoyed lunches at Mei Jing and Silver Sands Hotel, which has provided the perfect opportunity for the widows to catch up with each other.

Many thanks to Mildred Underwood and Glennis Johnson for braving the cold on Badge day, well done!

Safe travels to both Glennis, who is going to America for three months and will be celebrating her 80th birthday in December with family over there, and to Jean Greenwood, who will be travelling east and enjoying a family Christmas in the USA as well.

A warm welcome to our new member all the way from Townsville, Jill Smith, who we hope is settling into the West; it is great to have you with us.

In August we had both an interesting and informative guest speaker, Linda Bettenay, who

spoke about her books on the local history.

We are looking forward to seeing all Legacy widows and Legatees at the Legacy Christmas Jingle, and thank all those involved for putting on such a wonderful day.

Many thanks to our Legatees who have attended our meetings and all that you do for us.

I am looking forward to meeting up with those who are attending my camp in November, and many thanks to Steve and Angie for all the time and work they put into the camp.

Thanks also for our camp liaison officers for all the meals and care. Mandurah Club had their last meeting on 20 November and Christmas function on 28 November.

We would like to thank our President, Anne Dunlop for all her hard work and we appreciate all she does for us.

Merry Christmas and best wishes for a healthy and Happy New Year to all those who are part of the Legacy family and a special cheerio and best wishes to those not doing so well; we hope all improves in 2018.

Barbara Keillor
Secretary



From the Laurel Clubs

Northern Districts Laurel Club

It is hard to believe 2017 is drawing to a close; it has been a busy year for our club. We started this quarter with a "Bring and Buy" with funds raised donated to Alzheimer's WA.

On 11 November a number of members attended the Remembrance Day service at North Beach Memorial Park followed by lunch at the North Beach Bowling Club.

The ladies gratefully received a presentation by Australian Army Lieutenant Colonel Craig Madden, Director of Defence Bank Ltd and Ambassador for the Defence Community Dog Program, joined by his son Stefan and their dog Chloe.

The dogs that are a part of the program are assigned to veterans and Australian Defence Force members suffering from mental health issues. A small donation was made on behalf of the Northern Districts Laurel Club to further the wonderful work they do.

A total of 32 members boarded the bus to attend the Legacy Christmas Jingle at Crown Towers and a great time was had by all. We are grateful to all Legacy Staff involved that made this fun day possible as it is a great opportunity to catch up with friends. Thank you for the goody bags, everyone loved the coasters.



From left to right; Rosie H, Gwen H, Lorna W, Barbara O, Christine R.

We don't meet in January except to gather for a morning movie followed by lunch at Warwick Cinemas. Our first meeting in 2018 is Thursday 1 February and we have an outing planned to Hillarys Boat Harbour on 8 February.

To those Legacy widows not in the best of health we send our best wishes for a speedy recovery. To all we wish you a wonderful Christmas with family and friends, 2018 is going to be a very good year!

God Bless you all.

Sue Jarvis



Defence Community Dog Program ambassador Australian Army Lieutenant Colonel Craig Madden, son Stefan, dog Chloe and Legatee Mike Ruffin.



A visit from Kanyana

Recently, the Kalamunda and Districts Laurel Club and the Midland Laurel Club came together at the Jack Healey Centre in Kalamunda for a catch up and visit from Kanyana Wildlife Rehabilitation Centre. The team of education volunteers brought along a number of their most wriggly and spikey Australian animals.

Kanyana Wildlife Rehabilitation Centre is a not-for-profit organisation dedicated to wildlife conservation who care for sick, injured, orphaned and displaced wildlife. They also breed threatened species, conduct training and research as well as educate schools and the community.

The ladies were able to get up, close and personal with each of the animals, and some overcame their fears of blue tongue lizards. They met an echidna, as well as a black cockatoo who loved to talk and squawk, especially if you were trying to say something.

Everyone learnt some interesting facts about the echidna as they are the only extant mammals

that lay eggs. The size of an echidna egg is that of an Australian five cent coin, so it comes as no surprise that the echidna is in fact featured on our five cent coin.

To show our support of the work Kanyana does, the Kalamunda Laurel Club made a donation to support Kanyana to continue on their mission to conserve our wildlife.

Afterwards we celebrated Kalamunda and Districts Laurel Club's birthday with the biggest cake any of the ladies had ever seen. A big happy birthday to Kalamunda and we wish all the ladies another year filled with joy and friendship.





Recipes

Edna's Lamingtons

INGREDIENTS

- 1 1/2 Cups castor sugar
- 250g butter
- 3 Cups self-raising flour (sifted)
- 1 Cup milk
- 1 Teaspoon bicarbonate soda
- 4 eggs (beaten)
- 1 Teaspoon vanilla essence
- 2 Teaspoons cream of tartar
- 3 Cups shredded coconut

Chocolate Icing

- 3 Cups icing sugar (sifted)
- 200ml boiling water
- 3 Tablespoons cocoa
- 3 Teaspoons melted butter

1. Heat oven to 180 degrees and grease a lamington pan or small baking dish.
2. Beat butter and castor sugar to a cream; add eggs, milk, self-raising flour, bicarbonate soda and cream of tartar. Mix until smooth and be careful not to over mix.

3. Pour mixture into greased lamington pan or baking dish and smooth top of cake with a palette knife to help keep the cake even.
4. Bake in a moderate oven for 30 minutes.
5. When cake is thoroughly cooled, cut into 4cm square pieces.

Chocolate Icing

1. Sift icing sugar and cocoa together.
2. Add melted butter and boiling water, beat until smooth. The icing needs to be of a runny consistency.
3. With a slotted spoon, dip squares into chocolate icing until fully coated, then toss in coconut.
4. Dry Lamingtons on a cake rack with grease proof paper underneath to catch excess coconut.

Happy baking!



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Season's Greetings



Candy Cane
New Year
Mistletoe
North Pole
Reindeer
Greetings
Rudolph

Tinsel
Elf
Presents
Santa Claus
Snowman
Prancer
Chimney

Noel
Holly
Gingerbread
Sleigh
Nutcracker
Bells

If you have recipes or anything of interest you'd like to be included in your autumn newsletter, please send them our way either by email (marketing@perthlegacy.com.au) or by post to: PO Box 1983, West Perth WA 6872 by the 7 February 2018.

***“Legacy is not leaving something for people, it is leaving something in people”
– Peter Strople***

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