

LEGACY TIMES

Patron: The Honourable Kim Beazley AC,
Governor of Western Australia.



In this issue...

*Christmas Jingle, Iron Man Success
for Paralegic Ex-Serviceman and
much, much more.*



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Perth Legacy House Christmas Closure



The Offices at Legacy House will be closed over Christmas and New Year from Friday 20th December 2019, reopening on Thursday 2nd January 2020.

If you experience an emergency situation during this time, contact CEO Vivian Blycha on 0419796685

Coming up...



Junior Legacy Camp

Busselton

Friday 3rd – Wednesday 15th January

Australia Day

Monday 27th January

Legacy House Closure – Staff Induction

Thursday 6th February

(Emergency Contact CEO Vivian Blycha 0419796685)

Annual South West Widows Picnic at Busselton Camp

Sunday 8th March

Legacy WA

1130 Hay Street,
West Perth WA 6005

PO Box 1983,
West Perth WA 6872

T: (08) 9486 4900

F: (08) 9486 7022

E: legacy@legacywa.com.au

W: www.legacy.com.au/PerthLegacy

Opening Hours:
Monday to Friday
8:30am-4:30pm

Legacy Holiday Camp Busselton

128 Caves Road, Siesta Park WA 6280

T/F. (08) 9755 4530

E. legacycamp@legacywa.com.au

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Legacy WA President's Message



It is with great pleasure that Legacy WA brings you the Summer edition of the Legacy Times. This edition represents the conclusion of my first year as President of the Legacy Club of WA and it has been a busy yet incredibly rewarding experience.

Since the Autumn edition was released, the CEO and I attended the National Conference and AGM in Bendigo over 16 – 18 October 2019. The Western Region was also represented by Legatee Peter Heeny in his role as a national director. Bendigo Legacy hosted a fine event and provided an opportunity to speak with other clubs in detail regarding their circumstances/issues.

Key areas of discussion during the conference included an address from the President of Legacy Australia, Legatee Rick Cranna, focusing on changing beneficiary needs, and requirement for Legacy to evolve to meet these needs into the future (young families specifically).

It is also pleasing to note that Legacy Australia continues to advocate on behalf of the Legacy community and is actively engaging with corporate sponsors to seek ongoing support where possible. In fact, a generous benefactor has pledged \$2,000 to clubs in support of beneficiaries affected by drought or fire. If you are someone in this situation, please contact Legacy WA for more information.

To other news, the fast-approaching **Centenary of Legacy** will fall in 2023. Planning at the National level is well underway, and a working group will be established here in WA to commence planning for the local commemorations. The working group will undertake consultation with Beneficiaries and Legatees alike to collect information and ideas for consideration.

As is our tradition, the **Christmas Jingle** was held again this year. To keep things interesting,

the Jingle was held at the picturesque venue of the South Perth Yacht Club. We were graced by the presence of The Honourable Kim Beazley and our guests were entertained by live music and Christmas carols. I thoroughly enjoyed this wonderful event and meeting many of you there.

For the children of Legacy WA, we hosted the annual Adventure World Christmas Party on 1 December. With over 80 attending, this event was a fantastic day for all. And of course, we are also looking forward to the annual children's camp to be held in the first week of January down at Busselton. This camp is a critical program for our children and as usual, the weather will be fabulous and the program will be full of adventurous activities.

This year is gearing up to be another cracker of a camp. If you have a child or dependant between the ages of 6 and 17, and haven't enrolled them for the camp yet, please contact Legacy WA as soon as possible.

On behalf of the team at Legacy WA, I would like to wish you all a very Merry Christmas and prosperous New Year.

Legatee Peter Emmett



Legatee Peter Heeney pouring the refreshment



Legatee Mike Radwell and Reserve Legatee John Rigg.

Legacy WA Reserve Members Lunch 2nd November 2019 at the Grosvenor Hotel Perth

In what has now become an annual event; Reserve Members of Legacy WA were invited to lunch with their partners hosted by Legacy President, L/Peter Emmett.

Four of the Club's Reserve Members with partners attended.

During the proceedings, President Legatee Peter Emmett presented Legatee Joe Moskwiak with his Reserve Membership Certificate after 37 years of Legacy Service.

Adding to lustre of the occasion a 90-year young Legatee Wal Riley attended (of course, everyone knows that he is a Kiwi).

Legatee Bevin Trouchet was also recently granted Reserve Membership for his Legacy service, but unfortunately was unable to join us at the Luncheon.

L/Mike Radwell



Joe Moskwiak accepts his Reserve Membership Certificate

True Grit 2019

Over the weekend of 26-27 October, a group of 19 volunteers including 16 from Step Into Life Fitness headed to Donnybrook for True Grit 2019. A truly challenging experience for those who dare, the 12km obstacle course is not for the faint hearted.

Legacy is one of the benefiting charities from this event and for each volunteer nominating Legacy WA as their charity, we receive \$50. With a special thanks to the team from Step Into Life, in total they

and the other volunteers raised \$950 for our beneficiaries.

Thank you to True Grit for supporting Legacy and we hope to get more volunteers involved in this great event next year!





Matthew Brumby Ironman Triathlon World Championships 12 Oct 2019

Matthew Brumby joined the Royal Australian Navy at the age of 16. Matty was undertaking selection to be a Navy Clearance Diver when he collapsed on the beach and was removed medically from the course. Some 36 hours later Matty was diagnosed with a syrinx and it paralysed him from just below the chest down.

A few years later, he competed in his first triathlon, finding a love for the sport. Matty narrowly missed out on selection for the Australian Paralympic Team for Rio. He then switched to long-distance triathlon and went onto win the 2016 70.3 Ironman at the world championships.

Following a successful Sydney Invictus Games in 2018, Matty set his sights on the 2019 Ironman Triathlon World Championships held in Kona,

Hawaii. Half vs full Ironman is a massive step up and not to be underestimated.

It didn't take long for Matty to step up and accept the challenge. Matty raced and qualified at the Cairns 70.3 on 16 June 2019. Over its eight-year history, the event has become known as the Ironman in Paradise, with arguably the most spectacular bike course in the world. Competitors race up the Captain Cook Highway hugging the coastline from Cairns to Port Douglas. From reef to World Heritage listed rainforest, with a run along the stunning Cairns boardwalk, the race finishes in the heart of the city.

Matty's team (Team Brumby) consisted of the following:

Athlete – Matty Brumby (Co-Captain Invictus Games 2018),

Coach – Neil McCallum MBE (Coach Invictus Games 2017 & 2018) and,

Training Partner / Handler – Pete Rudland (Co-Captain Invictus Games 2018)

To accept the challenge is one thing, qualifying for the World Championships is another. Athletes from around the world must race and qualify to be invited to the World Championships.

With only four Handcycle spots available and only three qualifying events worldwide, getting an invite is a challenge in itself; one that many elite triathletes spend all their lives trying to achieve, but never get the opportunity to experience Kona.



With an invite secured, Team Brumby set out to establish 'The Making of a World Champion,' a program of four months of meticulous planning. Training was conducted in and around the Terranora and Murwillumbah area in Northern NSW. This area provided the most suitable training area for all three triathlon disciplines in Matty's events: Swim, Handcycle and Race Chair. This is also where Matty's, training partner and good friend Pete Rudland now lives with his family, relocating there after his discharge from the Army in November 2017. Matty and Pete spent many hours training together, both enjoying the opportunity to have a training partner. Pete generally trains alone on a recumbent trike after being wounded in a Blackhawk Helicopter crash in Afghanistan in 2010.

When Matty conceived the idea of competing at the World Championships for Ironman, he never believed he could win. He was there to prove something to himself and to represent Australia to the highest standard he could. Matty's amazing effort consisted of a 1:19:37 Swim, 7:31:34 Handcycle and 2:52:12 Race Chair: a total of 11:54:19 earning first place and the title of 2019 HC World Champion.

Matty's success is attributed to much more than just training and the will to win. Without support from sponsors it would not have been possible for the following to expenses to be met:

- Relocate to Northern NSW from Tasmania for training,
- Cost of the race entry fee,
- Cost of the qualifying race,
- Airfares for Matty, Pete and Neil to Kona,
- Accommodation in Kona,
- Hire car at Kona,
- Cost of equipment maintenance, and
- Dietary requirements.

These costs fall somewhere between \$15,000 and \$20,000 and unfortunately Matty is waiting for a favourable determination from the Department of Veterans Affairs for acceptance of his injuries to fall under a defence related injury. At the time of Matty's injury, it was not known that a syrinx could be related to diving. Matty had been previously employed as ships diver before attempting the Navy Clearance diving course.

For Matty to represent Australia at this high standard without sponsorship or funding from your organisation would have simply been beyond his financial capabilities. Your sponsorship has



directly contributed to development of a world-class athlete and an Australian that can now call himself a world champion.

I think it's important that people understand the continuing and unwavering support that Legacy provide to ex-defence personnel and their families. Legacy has been that ongoing rock for families since 1923. In this modern time where deployments have been frequent for defence members, there is a growing need for the services that Legacy provides. It's a reflection of the core values of your members that Legacy is dedicated to enhancing lives and opportunities to families through innovative and practical programs. Your members' support to Team Brumby even though Matty himself is not a Western Australian is greatly appreciated and reflects your great commitment to ex-defence members and their families.

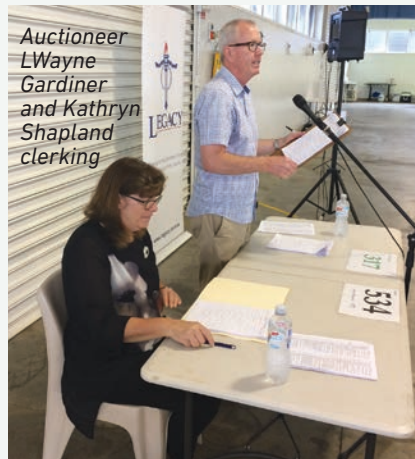
Your support in this endeavour really does make you the standout defence-related organisation in the country. I know that Pete is very proud to have been a Western Australian legacy ward and a legatee.

*Thank you,
Team Brumby*





Some of the items for auction



Auctioneer
LWayne
Gardiner
and Kathryn
Shapland
clerking



Companions of Legacy

Companions once again helped at the Legacy Militaria Auction in October. This was the 48th outing for this event and raised approximately \$9,500 for Legacy WA.

To promote the auction, Companions President, Sally Sturgess, was interviewed live on Radio 6PR by announcer Tony McManus on Saturday 19 October, the night before auction day.

The Legacy Militaria Auctions are organised by L/John Burridge, and L/Wayne Gardiner is the auctioneer. Also assisting Legacy at this event were long-standing auction volunteers Brian Griffiths and Peter Lutley, who devoted the entire preceding week to setting up. Assistance on the day also came

from Kathryn Shapland, who acted as Auctioneer's clerk, Paul Salpietro and David Burridge.

This twice-yearly event is eagerly looked forward to by the large fraternity of loyal collectors and enthusiasts who continue to support this long-running Legacy fundraiser. The next Legacy Militaria Auction will be held on 15 March 2020.

Sally Sturgess
Companions President

The Lloyd Family at the Wizard of Oz musical performance

Earlier this year APAN Entertainment graciously donated several tickets for the music performance of the Wizard of Oz, showing at the Regal Theatre. These tickets were for the opening weekend of the show and they had to go to someone very special.

Legacy reached out to the Lloyd family to offer the tickets after hearing about the recent passing of Patsy Lloyd's son, David. Patsy is a war widow and she's also a very active member of the Fremantle Laurel Club. Unfortunately, Patsy was unable to attend the show, but her daughter-in-law Natasha along with her two children Sarah and Ryan were able to attend this spectacular performance.

They thoroughly enjoyed the music, dancing and characters that were wonderfully presented

by both national and local artists. In particular, Sarah and Ryan were delighted by the performance of Toto the dog - actually played by a real dog!

Legatee Charlie Matheson and his wife also attended the Saturday Matinee performance and they loved every moment of it. Charlie is one of our longest serving Legatees who, although now a Reserve Member, still regularly visits and supports the ladies of The Fremantle Laurel Club.

Sarah Jeffries





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Here we know that what we do, means more than what we say. So the care we deliver goes beyond specialist skills and tailored services, giving our residents the support they need, the choices they want and the freedom they deserve. And this is why we're the best choice in aged care.

To find out more about discounts we offer Legacy members, call us and discover Regis today.



By Steve Danaher

Persons with Disabilities, Busselton Camp

Legacy WA conducted its first exclusive PWD camp at Busselton over the weekend 23-24 November, which provided a well-earned respite for our beneficiaries and their families. The beneficiaries in attendance were Keith Slinger; Andrew Macneall and mother Kaye; Kerry Pattinson and mother Val; and Mark Prosser with his mother De'Arne. Legatees Ian Young, Sven Ross and Mick Flight, with staff members Vareena Johnson and Steve Danaher, provided much-appreciated assistance for the activity.

We departed Legacy House on Friday afternoon, with Keith being collected on the way by Legatee Young. We all met at the Crooked Carrot for a refreshment break and to stretch the legs a little, before making our way to the Legacy Camp to be greeted by the smiles of Steve and Angie Stoll. We all socialised over an evening meal of fish and chips, where everyone got the chance to introduce

themselves, later retiring to the TV room where the conversation continued.

Awakening on Saturday to a beautiful Busselton sky and pristine waters, we had a hearty breakfast (thanks Sven and Mick) before visiting the Jetty and Observatory. A short train ride later and we were treated to the wonderful colours of the coral and fish through the Observatory windows at the bottom of Geographe Bay. Lunch at the newly renovated Esplanade Hotel was a treat, where Val really enjoyed her 'Parmy and Pint'. The rest of the menu wasn't bad either – so next time you are down that way drop in for a meal.

There was plenty of room for dessert, so off we went to the Margaret River Chocolate Factory to try the odd free sample, departing with lighter





pockets and plenty of chocolate for all. A short stop at Hay Shed Hill Wines, where some sampled the reds and whites, the reds being a hit with De'Arne. A drive along Cave Road, then up towards Cape Naturalist Light House, we detoured down Sugarloaf Road to view the rugged coastline and Castle Rock before heading back to camp.

Steve Stoll had organised a spot of beach fishing where Mark, Keith and Kerry cast a fishing line into the pristine waters of the bay. Mark was the first to have a crab take the bait, however it slipped off before Steve could grab it. The crab attempted a pincer movement on his toe, so Steve decided to let him go. Keith managed to catch two crabs, one being a nice blue one. The catch of the day went to Kerry, who snagged a monster bream, which was released to fight another day.

Time for a clean-up for a BBQ dinner, with salads prepared by Angie and Steve on the barbie tools, there was plenty to go around. THEN - yummy birthday cake was brought out to celebrate Vareena's and Steve Danaher's (much older) birthdays. Thanks Angie!

Movie time at the Legacy Camp Outdoor Cinema, where we watched *No Water for Elephants*. A favourite at the camp with a happy ending, for



the elephant anyway ... the bad guy gets his just deserts Oh did I give the ending away?

Sunday morning we were treated to Sven's egg and bacon rolls before departing for Perth, with one more stop on the way, the Busselton Sunday Markets. Val and Kerry went berserk buying all sorts of trinkets, Kay and Andrew purchased some local fresh fruit.

The weekend was an absolute success, with everyone looking forward to similar activities in the future. I would like to thank all those involved: beneficiaries, legates and staff who made this weekend happen. There was only one casualty during the weekend, where Steve Danaher broke a fingernail, screamed like a banshee and sought sympathy all weekend none was received!





By Emily Scott



Christmas Jingle 2019



The annual Christmas Jingle party is one of the highlights and biggest events on the Legacy WA calendar, and this year did not disappoint. The event acknowledges Legacy's widows and widowers, and is an opportunity for WA's Laurel groups to come together and celebrate the festive season. Despite the hot and humid weather, the attendees were excited for the celebration!

This year's Jingle party was held on Monday 2 December at the South Perth Yacht Club. The event was hosted by Steve Mills from the 6PR Breakfast show and he provided laughs and entertainment throughout the day. The Governor of Western

Australia, the Honourable Kim Beazley, also attended the event.

As the attendees enjoyed their drinks and the lunch provided, elements of the official Army band performed an array of songs which were enjoyed by all who attended. By the end of the lunch, many ladies were even up and dancing!

his family have been positively impacted by the hard work and emotional support Legacy provides. The Governor ended his captivating speech with a quote from what he regards as the greatest American speech of all time. The speech, from the late American president Abraham Lincoln, emphasised



Following lunch, we heard from the Honourable Governor who gave an enticing and emotional speech. The Governor talked about the important role war widows have played throughout Australia's military history. He also discussed his personal connection to Legacy and how





the tremendous role played by American war widows during this time. The Governor's speech was uplifting and greatly emphasised the significance of war widows.

Shortly after Beazley's speech, dessert was served and we heard from a number of different Laurel club members across the room. Those who spoke relayed the message of how grateful they are for Legacy.

Later, Legacy President Peter Emmett gave his inaugural Jingle Christmas party speech.



Peter talked about being a Legacy child himself, detailing how he and his family benefited from Legacy's services.

As the event drew to a close, the Army band played Christmas songs and carols which lifted the spirits of all involved.







AUSTRALIAN ARMY MUSEUM OF WA *Presents*

SUNSET MILITARY SPECTACULAR

8th March 2020, Sunday, 5.20pm
Artillery Barracks, Burt Street, Fremantle

Featuring

Australian Army Band Perth

Royal Australian Navy Band WA

Royal Australian Navy
Ceremonial Guard, HMAS Stirling

The Massed Pipes & Drums from:

- Australian Army Band Perth
- 51 ACU Swan Regiment Drums & Pipes

Tickets available through www.trybooking.com

Adults	\$40.00
Family (2+2)	\$85.00
Concession	\$35.00
Children under 18	\$20.00

Booking fees apply.

- This price includes free museum visit prior to the concert
- Seating provided
- BYO alcohol and food
- Plastic drinking glasses ONLY
- Sausage sizzle, hamburgers, soft drinks, ice creams and coffee available for purchase

For further details, refer to our website www.armymuseumwa.com.au

Army Museum of Western Australia • Artillery Barracks, Burt Street, Fremantle WA 6160 • Contact: 9430 2535

100th Birthdays

Wishing a very happy 100th birthday to three lovely ladies – Mrs Ida Smith, Mrs Margaret Clancy and Mrs Phyllis Spencer.



Mrs Ida Smith

Mrs Ida Smith came over from Scotland in 1926 as a small child and settled with her parents in Bayswater.

She met her husband at her twenty-first birthday and they were happily married for 68 years. She is the proud mother of three daughters, and now has eight grandchildren and nine great-grandchildren. Her family are having a party for her so everyone can celebrate her achievement.

Ida worked at The Government Printing office earning £13 4p per week. She attributes her long life to music. She played a violin until the age of 93 and continues to sing with her local choir.

Mrs Margaret Clancy

Mrs Margaret Clancy turned 100 on 5 November. A big party was held with lots of family and friend attending to celebrate this wonderful occasion.

Margaret arrived from England with her family when she was eight years old and lived on the family farm. She decided she would move to town to take care of her mother in her mum's later years so got a job in the local hospital.

Margaret has seven children, 12 grandchildren, six great-grandchildren, and seven great-great-grandchildren.

She was working in the local tourist visitor's centre until she was 98 years old, and is a very competitive player of Scrabble and Tri-ominos.



Mrs Spencer

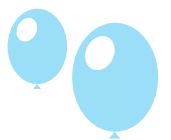
Mrs Spencer was born in Subiaco. She has five children, nine grandchildren and 18 great-grandchildren.

Phyllis made all the clothes for her children and has only recently given up her dressmaking. She always had a house full of children, as she would look after all the grand children after school. Nowadays she does puzzles and reads.

She worked for The Telethon Institute for many years after the children had grown up.

When she was young, she would chop the wood for her kitchen stove and the copper. Her daughters attribute this hard work for her reaching her hundredth year.

A large party was held for Phyllis so everyone could celebrate with her





An Animal Experience for Legacy Families

The Royal Agricultural Society of WA (RASWA) have, for many years, offered free Perth Royal Show passes to our Legacy families. This year the tickets included an exclusive animal nursery experience with farmer Nigel courtesy of Lotterywest funding.

Along with 300 families who are 'doing it tough' whether due to disability or hardship, three of our Legacy families were selected to take part in this wonderful opportunity during Show week.

These families were invited to a private showing of the Animal Nursery prior to the Show opening. This included a question and answer session and an opportunity to get up close and personal with the animals. Lots of cuddles were to be had!

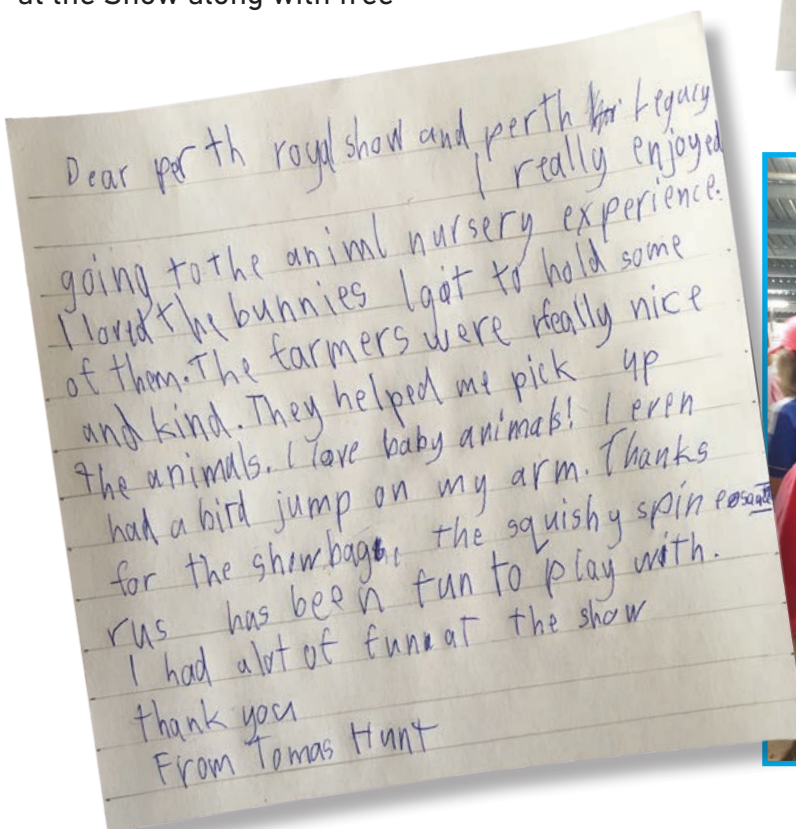
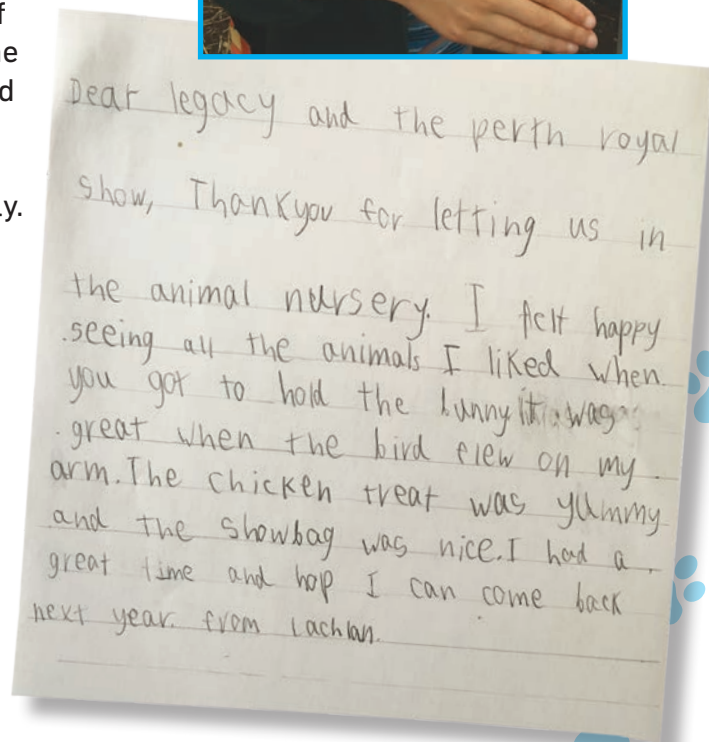
Each family also received free entry to stay and enjoy a day at the Show along with free

parking, show bags and food vouchers to enjoy.

We received letters of thanks from two of the children who attended and by all accounts everyone enjoyed the experience immensely.

Our thanks go out to the RASWA for their ongoing support and for offering our families this opportunity for an amazing day out at the show!

Sarah Jeffries





Bunbury Laurel Club

From all the Bunbury Laurel Club, we hope that this festive edition of the Legacy Times finds all the Laurel Club ladies and the associates of Legacy WA in good health.

Our annual Club Christmas Lunch has been arranged for Thursday, 21 November at the Highway Hotel. We hope that all of our members will be able to join us at this celebration.

Five of our members will be making the journey to South Perth to attend the Christmas Jingle this year. We are looking forward to sharing this wonderful event with the ladies of other Laurel clubs.

Many thanks to Legacy and the volunteer organisers of this event.

Hope to see you there!

Wishing all a very merry Christmas and the best of health for 2020!

*Rosemary Ricetti
President
Bunbury Laurel Club*



Northern Districts Laurel Club

Hello Laurel Ladies everywhere.

At our July meeting President Lorna advised the club of the passing of our member Lil Pratt. A minute's silence was held.

Vale Lily Doreen Pratt, who passed away on 5 July 2019 at the age of 93.

A new Legatee, Jeff Edwick, has joined our club. Welcome Jeff, we look forward to a long association with our club.

I would like to thank the girls who volunteered their time at Whitfords Shopping Centre on Badge Day. They collected \$351. Well done!

During the year members have visited a beautiful garden at Baldivis, followed by lunch. Members also met for lunches at Lotus Court in Woodvale, the Purple Goat in Hillarys, and Kingsway Bar and bistro.

Thank you to Rosie and Barbara for organising these outings for us.

For Remembrance Day we gathered at North Beach memorial to remember our loved ones. Legatee Mike Ruffin also attended with our President Lorna Wilson who laid a wreath.

We have had visits from our new Legacy WA CEO, Vivian Blycha, and Convenor Marlene Roberts. It is always good to see them and hear what changes are happening within the Legacy family and new plans for the future.

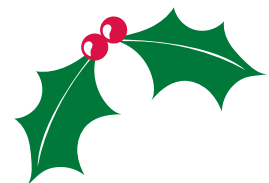
We have had two visiting speakers this year.

Mr Richard Offin spoke about 'The lost history of Perth'. Members really enjoyed this trip down memory lane.

Dawn from Advocare also spoke to us; explaining the help that is available for those who may be experiencing problems either at home or in care.

Thank you Christine for organising our speakers.

*Best wishes to Laurel Ladies everywhere
God bless you all,
Sue Jarvis*



Fremantle Laurel Club

On behalf of all the members of the Fremantle Laurel Club, I would like to wish all associated with Legacy Western Australia and especially all the WA Laurel Club ladies much happiness, good luck and the very best of health for the remainder of 2019 and throughout 2020.

The second half of 2019 offered our members celebrations, tours and regular good company.

In June, we joined a bus tour to the Dawesville Cut and enjoyed a scrumptious lunch at Friar Tuck Irish Restaurant. It was a perfect warm winter's day and we saw many dolphins frolicking across the bay. The ladies all enjoyed the meal and shared laughter throughout the trip.

Our Club's birthday party was held in August and all enjoyed a delicious catered lunch. On this occasion we were also introduced to the new CEO of Legacy WA, Vivian Blycha, who addressed the meeting, outlining her role and the proposed goals of Legacy WA for the future.

Maria Brown, our president, along with two other members were guests of Rockingham Laurel Club on the occasion of their birthday celebrations.

September saw our ladies enjoying another bus tour to Enderslea Farm and a lunch of quiche and sweets. The tour also showed us all the beauty of the Chittering Valley.

Our final tour of the year was to Noble Falls, Gidgegannup, in October where we enjoyed a relaxing lunch in the Tavern. The highlight of this trip was travelling to and overlooking these wonderful falls.

As usual, we celebrated the Melbourne Cup on 5 November. This year our luncheon was at a new venue, The Bicton RSL Club, where we gathered to watch the race on TV after organising our sweepstake. Afterwards we had our annual Hat Parade. It is always a fun day to share, especially if your horse wins!

I spoke recently with the club's Treasurer of many years, Verna Grant. She informed me that she would be unable to attend any further meetings in 2019 due to an unwelcome medical diagnosis.

Although being hospitalised, she remains positive and is a true fighter! All the Fremantle ladies send their sincere best wishes and hope that 2020 sees improvement in her health. We are grateful for her staunch and accurate accounting and will miss her presence at meetings, but will keep in close contact.

Sadly, this year we have said goodbye to two of our long term members:

Vale Joy Smith, who passed away 29 May 2019 at the age of 94. Joy held many voluntary posts, joining shortly after the inauguration of Legacy Laurel Clubs, following World War II.

Vale Pearl Corcoran, who, until recently, was an enthusiastic supporter of our club and regularly joined us for bus tours and lunches. Pearl passed away on 11 August 2019 at the age of 95.

As we head towards the first anniversary of Legacy WA, special thanks are extended to Legatees Rob Fittock, Liz Funnell and Charlie Mattheson for their special efforts in supporting our Laurel Club Ladies during this period of change. Due to the extensive alterations to Fremantle Legacy House, which at times were challenging for our members, our fortnightly meetings suffered some disruption. Thanks to the new leasers, The Military Arts Program, who allowed us to continue to meet there, we settled back into a regular pattern until November. Following the Melbourne Cup Luncheon being held at Bicton RSL Club, all our future activities will now be held at this new venue. We thank RSL and L/ Rob Fittock for arranging this for us.

We complete the year with our Christmas Party on Wednesday 11 December.

To all you dear Laurel Ladies, stay safe, well and happy in 2020 and I hope to see many of you at the Christmas Jingle at the South Perth Yacht Club!

Margaret Carbon
Social Secretary



Geraldton Laurel Club

Hello dear readers from the Geraldton Laurels. We sincerely trust all is well in your world. The year is almost at an end ... goodness how time flies.

Due to a combination of situations, our contribution to the previous issue of Legacy Times did not make it to print. I know you missed us, but dear readers all is not lost ... you have us back again.

"Life always offers a second chance ... it's called ... tomorrow!"

Our meetings (held on the first Monday of each month regardless of public holidays - no January meetings) are continuing to be very well attended.

We have added a 'Wellness Report' to our agenda. This gives members the opportunity to report on any issues they may be experiencing, from health, to home invasion, property damage by neighbours and any general situation they feel they would like to share and receive guidance on. We are not lawyers, counsellors or emergency services personnel, however, collectively throughout the journey of life, we gather a vast range of experiences and sharing this knowledge can be of tremendous help and provide the 'transport' for comfort.

It is not always about health-related matters with a variety of individual experiences being discussed. One Laurel reported a night-time home intrusion, which was promptly and efficiently handled by our police department. Although a very daunting and frightening situation, it was good to

talk through it together. Another member had a challenging experience with telephone scammers. To be able to share these experiences is always a wonderful 'tool of support' and is encouraged by our Laurels.

'Never let a stumble in the road be the end of the journey.'

We welcomed Esmá Ottway to our membership. Whilst we are always pleased to welcome new Laurels, we are all too painfully aware that it comes at a heavy cost.

'When life gives you lemons ... make lemonade.'

At our June meeting we got very excited about the approaching warmer weather and decided to organise a bus trip to Dongara for a look around and a shared lunch. In researching this adventure, the costs became enormous and could not be justified. In abandoning this exercise, the July meeting decided to 'keep it local' and conclude our August meeting with a lunch across the road at Mia Restaurant. A wonderful experience and we certainly did not leave hungry. We are continuing to explore ideas for adventure beyond our meetings.

'You cannot go back and change the beginning, but you can start where you are and change the ending.'

Our October meeting culminated in a wonderful excursion to our local Bunnings store for morning tea and a craft session of pot decorating. Sandy, our co-ordinator at Bunnings, looked

after us extremely well, and her attention to our needs could not be faulted. Morning tea was generously provided by Bunnings with an excellent array of wonderful cream cakes and a choice of beverage. The staff at Bunnings did an excellent job in making this excursion enjoyable and very memorable.

We are now busy preparing for our Christmas Luncheon, to be held on Monday 2 December at the Wonthella Bowling Club. We look



forward to this event and attempt to make it as memorable as possible – we haven't failed yet!

I can report that all our Geraldton Laurels are enjoying good health and we hope it stays that way.

'To drink wine is to drink nature ... I brought the package.'

Well there you have it for another edition. Hope you get some enlightenment from our input and as we all do ... continue to enjoy life's offerings.

'Life is short. Break the rules, forgive quickly, kiss slowly, love truly, laugh uncontrollably and never regret anything that makes you smile.'

Until we read again dear hearts wherever you may be, stay safe and well with warmest thoughts to all.

*Barb Duncan
Publicity Officer
Geraldton Laurel Club*

Mandurah/Murray Laurel Club

A Big hello to all in the Legacy family.

Mandurah/Murray club has been busy and out and about.

We welcomed new bus operators, Les and Leonie Reynolds and farewelled Sian and Kevin, who have served us well in the past.

Our trips have taken us to Collie, Chittering, Mundaring and on a lovely cruise up the Moore River.

In between, we have had lunches at local cafes and restaurants.

In August, long time members Con Holmes and Margaret Watson turned 90. Special birthday wishes to these ladies and especially to Ronnie Roach who turned 95 in November and was sorely missed at our camp this year. Our best wishes to all widows not travelling so well.

Seventeen widows attended our Camp in November, and as usual had a great time. Our



Con Holmes 90yrs

warmest thanks go to camp managers, Steve and Angie who will soon be off on a well earned holiday!

It was great to catch up with the Vasse ladies for morning tea and we particularly enjoyed the Busselton Remembrance Service on the 11th. Many thanks also, to our new widow Yvonne Towler for all your help at Camp.

Our Club Christmas lunch will be held on 26th November at Dudley Park.

The Jingle will be our last function for 2019 and we look forward to seeing all Laurel members there.

Our first meeting for the New Year will be held on 17th February 2020.

Merry Xmas and healthy happy New Year to all!

*Barbara Keillor
Secretary*



Greta and Angie



Annie, winner Melbourne Cup Sweep



Floreat Coastal Laurel Club

Greetings to all fellow Laurel club members.

We have had a couple of very interesting meetings recently.

One was with a guest speaker who told us of their recent trip to Vietnam and was able to share their experience with us as well as many photographs. It certainly looked a very lovely country and you can see why so many people chose to holiday there.

Then at our last meeting, we all met at the Herdsman Tavern for lunch and we were very pleased to have our much loved Legatee Laurie and his wife Lynn join us. Laurie is not enjoying the

best of health lately so we were very pleased he could come. Hopefully 2020 will be kinder to him and to us all!

We are looking forward to the Christmas Jingle at the new venue and meeting up with all our friends from the Laurel Clubs of WA.

We will then be in recess until February.

Beryl Gibson
President

Vasse Laurel Club

October saw our ladies go on a mystery tour with L/Ange & Steve Stoll as our tour guides.

First stop was Vasse Virgin to sample products and do tastings. Some ladies took the opportunity to purchase items for themselves or gifts.

Next we went to the Lavender Tea Rooms for morning tea and enjoyed lavender scones with jam and cream, lavender milkshakes and tea and coffees, a very enjoyable morning tea break.

From there we toured the coastline. With many of our ladies not having visited since their childhood, we were all amazed at the beauty of the ocean and the many improvements made through the Royalties for Regions program.

We stopped for our lunch at The White Elephant Café at Gnarabup, a lovely spot, as it sits on the cliff above the white sands. The trip home included a stop at Simmo's Ice Cream, which we all enjoyed. Some of our ladies were unable to attend but we held them in spirit and enjoyed the day on their behalf.

In November our meeting was at the Legacy Holiday Camp for Morning Tea along with the ladies of Barbara Keillor's camp. It was a lovely morning and enjoyed by all. This day gives us the opportunity to meet other ladies outside our group and to enjoy a chat and fresh-made scones.

Daphne Preston
Treasurer



Rockingham Laurel Club

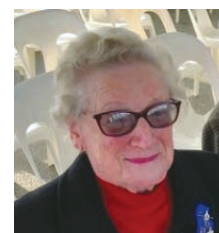
Rockingham Laurel club has continued to grow this year and remains a very active and inclusive club.

Many of our members hope to catch up with the other Laurel Clubs at the Christmas Jingle.

We would like to take this opportunity to thank our tireless President of many years, Mrs Pauline Vernon. Unfortunately, she is not enjoying the best of health at the moment, and will be retiring from her post at the end of this year.

We will surely miss the energy and enthusiasm Pauline brought to this role – she she has given

so much over many years to the biggest Laurel Club in WA. Although her successor will have very big shoes to fill, we hope that we shall welcome a new president to the role early in 2020.



Mrs Pauline Vernon

Midland Laurel Club Garden Island visit

By Emily Scott

The Midland Laurel Club members were blessed with a lovely sunny day for their tour of Garden Island and HMAS Stirling. Established in 1978, HMAS Stirling is the Royal Australian Navy base situated 55km south-west of Perth.

The morning commenced with a special tour of the Royal Australian Navy Submarine School. We learnt about the mechanics and the extensive process behind constructing submarines. Following the tour, we were lucky enough to witness an awards ceremony where a number of hardworking submariners received their 'Dolphin' badge.

The presentation was followed by a yummy lunch which was greatly enjoyed despite the magnitude of flies! We feasted upon a variety of different salads and a tasty barbeque. The ladies greatly enjoyed talking and laughing with the navy personnel.

It was fascinating to gain insight into the lives of Navy men and women by hearing their experiences first hand. The ladies were greatly appreciative of all members at the barbeque for their hospitality and enthusiasm and eagerness to sit down and have a chat.

After lunch, we hopped back on the bus and headed over to view the submarines! The ladies were particularly excited about this opportunity. We were

fortunate to have Christian Thorn on board to tell us about the submarines and point out important landmarks on the island. For Christine, the best part of the day was watching the awards ceremony and seeing the submarines. The day was an extraordinary success!





North Beach RSL lend a hand at Legacy Camp

For the past 12 years, the North Beach RSL Sub-branch has sent groups of volunteers to the Busselton Legacy Camp for a week to help maintain the camp before the children and war widows come down for the summer and Christmas period.

This year was no exception, with 25 Sub-branch members, under the guidance of Mr Roger Harwicke, volunteering their time and work ethic to make the camp shine. After sorting out what needed to be done, they formed work teams depending on past skills – for instance, cooks, bricklayers, plumbers, gardeners, general maintenance, tree-lopper, cleaners, even a photographer. After breakfast, Roger assigned the tasks to the

teams and they were carried out with military precision.

Garden maintenance tasks achieved this year included whipper snipping, removal of tree roots from paving and removal of dead tree limbs. Cleaning efforts were focused on pathways and brick paving, the camp kitchen, beach accesses and the equipment sheds. After the new patio was erected the teams got together to build the great BBQ brick wall.

It was a great effort for these veterans, aged from their late 60s to 80s, and they are lining up to put their names down for next November.

We at the North Beach RSL Sub-branch hope all the Legacy beneficiaries have a fun time at the Camp and wish you and all the Legatees all a very Merry Christmas.

*Jon McKenzie
North Beach RSL Sub-branch
Media Relations Officer*

Widow's Camp Dates for 2020

February	Friday 14th – Tuesday 25th	Yvonne Cocker, Elvie Cartmell
March	Friday 13th – Tuesday 24th	Rosemary Ricetti
April/ May	Friday 24th – Tuesday 5th	Betty Rochford
May	Tuesday 19th – Sunday 24th	Lillies
October	Friday 16th – Tuesday 27th	Dorothy Cunningham, Gae Donaldson (PVA)
October/November	Tuesday 27th – Sunday 1st	Lillies
November	Friday 6th – Tuesday 17th	Barbara Keillor



Legacy Holiday Camp Update

The Camp is now looking exceptionally good with manicured lawns, clean and well maintained rooms and facilities thanks to tireless work of the Camp Manager, Steve and his wife, Angie. In addition there has been much activity and improvements made over the past few months.

The Alfresco outdoor kitchen and shelter, complete with BBQ, benches and pizza oven is on track to be completed by the end of November

Each year the North Beach RSL gathers a team of volunteers to attend a busy bee at the Camp and they do an amazing job of hard toil, camaraderie and fun. They have undertaken work at the Camp under Steve's watchful eye.

Stainless steel benches, a sink and BBQ hotplate have been installed and forty fibreglass-reinforced stackable lime-green chairs have been purchased for the long-planned alfresco, which is nearing completion. The concrete floor and the steel

shade structure is now in place.

A donated 50,000 litre fibre glass tank has also been installed. This will be used as an additional emergency fire-fighting resource with a future hose connection to be installed. Reticulation has also been upgraded to assist in keeping the grounds green.

Thanks to a Telethon grant, the camp has now taken delivery of a new Hyundai eight-seat SUV and a Mitsubishi Triton Ute

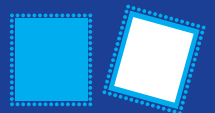
The Camp has had a very busy period with Widows camps

and school holidays, which will continue throughout the summer months, including the ever popular Annual Children's Camp in January 2020.

*Legatee Rob Fittock
Chairman
Camp Committee*



A Letter from the Stamp Lady



Greetings to all. Thank you again to the Legacy ladies and gents, Legatees, Laurel Clubs and others, for your valuable stamp contributions over the years. Between us we have managed to donate and save Legacy many dollars. As of September 2019, we have put in \$42,160.00. A pretty fair effort I feel, well done!

Whilst the use of 'snail mail' has reduced considerably since

we started in November 2005 (that is as far back as I can find records for) I always still find a use for your stamps and know many others who do too.

Keep them coming. All contributions are gratefully received and faithfully used. I shall continue regardless.

Yours in Legacy,
Mrs Lois Bramley



Geraldton Widow Loves her New Shade

Geraldton Legacy received a request for assistance from Bookara widow, Mrs. Marian Clements. Located just north of Dongara, the existing shade cloth in her garden was in such disrepair that she was unable access it. Legatee Brian Millett and his son travelled to her farm to repair the structure and replace the shade cloth. All materials and equipment was supplied by a local businessman, Rod Poynton which was greatly appreciated. The project has resulted

in a much improved gardening space and Mrs Clements was thrilled with the result. She will now be able to plant out the space with the added protection from the harsh summer sun.

Geraldton Legacy presented Certificates of Appreciation to both Brian's son, Rodney and Rod Poynton for their support and kind donation.

*L/Ross Macarthur
Geraldton Legacy*



Rotary Club of Geraldton Greenough Presentation

In recognition of their outstanding contribution to Legacy, Geraldton Legacy presented the Rotary Club of Geraldton Greenough with a Certificate of Appreciation.

Over the past 30 years, they have raised over \$150,000 for Legacy with their annual Anzac Day Golf Tournament and auction. This year's event raised \$8,500 for Legacy beneficiaries.

*Legatee Ross Macarthur
Geraldton Legacy Group*

*Legatee Ross Macarthur
(Geraldton Legacy Group)
presents the certificate to
Geoff Wood (President Rotary
Club of Geraldton Greenough)*





Laurel Club Meeting Times and Locations

Please see below a list of each Legacy WA Laurel Club's meeting times and locations:

LAUREL CLUB	MEETINGS TIMES	LOCATION
Bunbury	1st Thursday 9.30am	RSL Hall 19 Spencer Street Bunbury WA 6230
Floreat Coastal	Fortnightly Fridays 11.00am	Parkland Villas Woodlands 52/54 Liege Street Woodlands WA 6018
Fremantle	Fortnightly Tuesdays 10.30am	Bicton Palmyra RSL 30a Foss Street Bicton
Geraldton	1st Monday 10.00am	Birdwood House 46 Chapman Road Geraldton WA 6530
Gosnells & Districts	2nd & 4th Wednesday 11.00am	Gosnells Football Club Terrence Street Gosnells WA 6110
Kalamunda & Districts	3rd Friday 1.00pm	Jack Healey Centre 21 Mead Street Kalamunda WA 6076
Mandurah-Murray	3rd Monday 1.30pm	Mandurah Baptist Church 370 Pinjarra Road Mandurah WA 6210
Menora	1st Wednesday 10.00am	War Widows Guild 15 Plantation Street Menora WA 6050
Midland & Districts	1st Wednesday 1.00pm	Ascension Church Hall 17 Spring Park Road Midland WA 6056
Northern Districts	1st & 3rd Thursday 8.30am	"Mildenhall" Duncraig Senior Citizens Club 49 Beddi Road Duncraig WA 6023
Perth Friday	Fridays 9.00am	ANZAC House 3/66 St Georges Terrace Perth WA 6000
Rockingham	Fortnightly Thursdays 10.00am	Port Kennedy RSL Cnr Paxton Way & Helmshore Way Port Kennedy WA 6172
South Perth	Thursdays 10.00am	South Perth Senior Citizen Centre 53 Coode St South Perth WA 6151
Vasse	2nd Wednesday 10.00am	Busselton RSL Hall 10 Rosemary Drive Busselton WA 6280

If you are not a part of a club, we urge you to join. With regular outings and support from those with a shared experience it is a great way to create long lasting friendships.

As you can see there are Laurel clubs spread throughout Western Australia.

For our Younger Widows there are two social groups who organise their own activities. The Lillies (for ladies DoB 1944-1958) and The Daises (For ladies DOB from 1959 onwards).

All clubs are very sociable and the ladies love to welcome new members.

If you would like to find out more about a Legacy Club for Widows near you, please contact Legacy WA on (08) 9486 4900 or email reception@legacywa.com.au.

We look forward to hearing from you.

Pensioner Concessions Update

Thanks to L/Peter Scott for providing the List of Concessions shown below as sourced from the West Australian's Nick Bruining – 'The Coach'.

He has also suggested some useful links to check for more information on entitlements:

WA Government

General: <https://concessions.communities.wa.gov.au/Pages/default.aspx>

Seniors Card; <https://www.seniorscard.wa.gov.au/eligibility/>

Commonwealth Government

Commonwealth Seniors Health Card: <https://www.humanservices.gov.au/individuals/services/centrelink/commonwealth-seniors-health-card/eligibility>

Department of Veterans Affairs (DVA)
<https://www.dva.gov.au/factsheet-con05-concessions-western-australia>

Gas Suppliers (AGL, Alinta, Kleenheat and Origin)

Gas suppliers in WA are currently competing vigorously and on request may offer substantial discounts to their gas rate.

Shop around if your supplier will not reduce their rate for you.

PENSIONER CONCESSIONS					
	Department of Veterans Affairs (DVA)	Pensioner Concession Card (PCC)	Commonwealth Seniors Health Card (CSHC)	Health Care Card (HCC)	State Senior's Card (SSC)
Eligibility for card	DVA Application to DVA who will determine eligibility. (Legacy will assist with applications)	Centrelink Anyone receiving Age or Disabled pension. Over 60s who have received a Centrelink allowance payment for nine months.	Centrelink Age 65 or over. Current Australian residents who are not eligible for Centrelink or DVA payments. Must meet an income test, now \$54,929 pa from all sources for singles.	Centrelink Anyone receiving Centrelink support payments including allowances. Low income earners, income tested.	WA Govt WA residents aged 63 or over who are permanent residents and work less than 25 hours per week averaged over one year.
Local Government	State Concession Card issued to specific DVA pensioners. 50% rates rebate.	Up to 50% discount on rates cap of \$750. 50% discount on dog licence fees.	Holds CSHC Same benefits as PCC.		Holds only SSC Up to 25% discount on rates. Concessions capped at \$100.
Water Corporation	State Concession Card issued to specific DVA pensioners. 50% rebate on sewerage and drainage rates.	Up to 50% discount or deferment of water service charges. Cap of \$600 applies to water service charges. 30% concession on water use charges to a prescribed level.	Holds CSHC Up to 50% discount or deferment of water service charges. Cap of \$600 applies to water service charges.		Holds only SSC Water rebate capped at \$100.

	Department of Veterans Affairs (DVA)	Pensioner Concession Card (PCC)	Commonwealth Seniors Health Card (CSHC)	Health Care Card (HCC)	State Senior's Card (SSC)
Power	Gold card holders \$300 energy assistance payment. Discount on account establishment and meter testing fees.	\$300 energy assistance payment. Discount on account establishment and meter testing fees. Dependent child rebate. Air-conditioning subsidy for nominated areas.	\$300 energy assistance payment. Air-conditioning subsidy for nominated areas.	\$300 energy assistance payment. Discount on account establishment and meter testing fees. Dependent child rebate. Air-conditioning subsidy for nominated areas.	Air-conditioning subsidy for nominated areas.
Department of Transport		Free drivers licence (age pension). 50% off drivers licence (disability pension). 50% off licence component of vehicle reg.	Free drivers licence. 50% off licence component of vehicle registration.		50% off drivers licence.
Pharmacy prescriptions (PBS safety net)	Gold White	60 prescriptions at \$6.50 per year.	60 prescriptions at \$6.50 per year.	60 prescriptions at \$6.50 per year.	
Medicare safety net		After \$656.30 expended in one year, 80% refund	After \$656.30 expended in one year, 80% refund	After \$656.30 expended in one year, 80% refund	
WA cost of living					\$89.71 rebate annually
WA spectacle subsidy		\$54.34 rebate every 2 years.	\$54.34 rebate every 2 years.		\$54.34 rebate every 2 years.
Transperth	Apply for a Veterans Smartrider	Up to 50% discount on fares. Free suburban travel (9am-3pm and 7pm-6am).		Up to 50% discount on fares.	Up to 50% discount on fares. Free suburban travel (9am-3pm and 7pm-6am).
TransWA	Gold and Veterans Smartrider 2 free return trips per year.	Up to 50% discount on country fares. One free trip per year.		Up to 50% discount on country fares.	Up to 50% discount on country fares.
Country fuel card		\$575 fuel card for country residents without public transport.			
Fisheries WA		50% discount on recreational licence.			50% discount on recreational licence.
Parks		Discounts on entry to state parks and attractions.			Discounts on entry to state parks and attractions.

Legacy Shield 2019

On Friday 18 October, I was able to attend the year-end parade for the Christchurch Grammar School Cadets, and presented the Legacy Shield to Year 12 Cadet Under Officer Jonathan Chew. Amongst the cadets, CUO Chew raised the most money on behalf of Legacy during badge day. They raised a total of \$4,288 this year to add to a combined total since 1996 of \$71,000.

Cadet Chew plans on studying medicine and joining the Army.

*Cheers,
L/Matt Granger*



Dear Laurel Club Members and Legatees – A Reminder about Legacy WA Laurel Club Funding

As you know, we transitioned into a new payment module for the Laurel Clubs as of 1 July 2019. The new module was put in place to make expense payments easier to action for both the Clubs and Legacy. Two payments are made – the first was in July this year and the second will be in January 2020. These payments are based on the number of the Club's active members. With the funding from Legacy WA you should be paying for all your own expenses with the exception of the transport and catering costs of holding a Christmas function for your Club or attending the Legacy WA Christmas

Jingle. If there are any extra-ordinary events you feel Legacy should be assisting with financially then please send the request to Toni in accounts and she will forward to the CEO for consideration. Toni's email address for any questions or correspondence is accounts@legacywa.com.au We hope this will clear any misunderstandings moving forward.

*Kind regards,
Vivian Blycha
CEO Legacy WA*

Last Call for Christmas Puddings!

Have you forgotten to order your Christmas Puddings?

We still have a supply of puddings at Legacy House.

Large Puddings, \$13 each or 1 pack with
4 Small Puddings for \$8.

Please contact Legacy House to order/collect,
08 9486 4900 or email reception@legacywa.com.au.

Delivery can be arranged at additional cost.





Traditional Weetbix Slice

This is childhood favourite to make when the budget is tight, but you still want a quick dessert after a meal. It's surprisingly delicious considering it costs so little!

INGREDIENTS

- 1 cup self-raising flour
- 3 Weetbix
- 1 cup shredded coconut
- 3/4 cup brown sugar
- 2 tbsp peanut butter

Lemon Icing:

- 2 tsp lemon juice
- 1/2 cup icing sugar (sifted)

METHOD

Preheat oven to 180 degrees and grease a slice tray.

In a bowl crush the Weetbix and add the flour, brown sugar and coconut.

Melt the butter and peanut butter together in the microwave and add to the dry ingredients.

Press the mixture into the slice tray and bake for 15 minutes.

Lemon Icing: Mix until you get a nice icing consistency and spread over the top of the slice.

Store the Weetbix slice in the fridge or it becomes very crumbly.

If you have recipes or anything of interest you'd like to be included in your Summer newsletter, please send them our way either by email (marketing@perthlegacy.com.au) or by post to: PO Box 1983, West Perth WA 6872 by the 3rd February 2020.



you're invited to...

The Annual Legacy WA
Widows' Picnic
 Sunday 8 March 2020
 Legacy Holiday Camp
 128 Caves Road, Siesta Park WA
 RSVP by 10 February to reception@legacywa.com.au
 or call (08) 9486 4900





***“Legacy is not leaving something for people, it is leaving something in people”
– Peter Strople***

Yes, I would like to support Legacy and help keep the promise

I do not need a receipt

Please accept my donation of

\$10 \$20 \$50 Other: \$ _____

Name: _____

Address: _____

Suburb: _____

Post Code: _____

Please accept my payment:

Cheque (made payable to Torchbearers for Legacy in WA)

Credit card (details below)

Money Order (made payable to Torchbearers for Legacy in WA)

Credit Card Details:

Mastercard Visa

Card No: _____

Name on card: _____

Signature: _____

Expiry date: _____

I do not wish to receive mail from Legacy.

Donations of \$2 or more are tax deductible.

Donate online now - www.legacyweekappeal.com.au