

LEGACY TIMES



In this issue...

*Legacy WA April Appeal,
90th Anniversary Gala
and much more.*



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Coming up...



Dedication to Widow and Children Statue
Monument Hill, Fremantle
9 June

Perth Legacy 90th Anniversary Gala
Crown Ballroom, Burswood
16 June

Legacy Week Begins
2 September

Legacy Week Collection
Perth CBD
7 September

Queen's Birthday
24 September

46th Militaria Auction
Claremont Showground
21 October

True Grit
Donnybrook
27-28 October



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Cover image: Cadets, Volunteers and the Legacy Bears on the streets of Perth for the 2018 April Appeal.

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Perth President's Message

As mentioned in my last report it is my intention to visit as many beneficiaries including each of the Laurel Clubs throughout the year and I am happy to report that I have been busy meeting and catching up with you all. After 36 years as a Legatee, I continue to admire your strength, humour and courage.

As Legatees, we are privileged to be able to assist and safeguard your interests. If you require assistance, advice or guidance please contact Legacy House.

Veteran's Home Care Program

If you are a Gold Card or White Card holder with low-level care needs, DVA's Veterans' Home Care (VHC) Program can assist you to continue living in your home. The Program provides a range of home care services designed to maintain your health, wellbeing and independence. To receive these services, you will need to arrange an assessment be a VHC assessment agency on 1300 550 450.

Amalgamation of Perth Legacy and Fremantle Legacy

The Board of Management of Perth Legacy and Fremantle Legacy, as well as Torchbearers for Legacy in WA, have unanimously agreed to amalgamate and become one entity, known as, Legacy WA.

There will be little changes to the way services are provided but we are hoping to see a united and stronger Legacy moving forward.

Dedication to Widow and Children Statue – 9 June 2018

Thank you to Legatee Marlene Robins and Executive Officer, Rob Ratkovic, who did a great job in organising the rededication of the Legacy *Widow and Child* Statue in the gardens at Monument Hill, Fremantle. The then Governor of Western Australia, Hon. Dr Ken Michael AC, who unveiled the statue in 2009, was able to return for

this momentous occasion. It was great to see all those in attendance as this is your Legacy.

90th Anniversary Gala - 16 June 2018

Celebrations began on 9 June 2018 and carried on until the following weekend as we celebrated 90 years of Legacy in WA at the Crown Ballroom, Burswood. The night saw the launch of an additional education trust fund and the Honourable Kim Beazley AC, Governor of Western Australia, gave an emotional address recognising the great work of Legacy. Thank you to all those who attended and helped raise over \$55,000 to ensure the future of our Legacy Children.

Best wishes to you all, until next time!

Legatee Peter Heeney





Fremantle President's Message

I am delighted with the progress that the two clubs are making regarding the amalgamation of Fremantle Legacy and Perth Legacy. The board and members of Fremantle support the formation of a single entity to be known as, Legacy WA.

On Anzac Day, ten members of Fremantle Legacy were led by past president, Legatee Mark Stevens, to march behind the Legacy banner in Fremantle. The march ended at the Esplanade for a closing ceremony.

Rockingham Laurel Club have a number of ladies who are no longer able to drive to the fortnightly meetings at the Port Kennedy RSL. Legatee Mark Stevens is exploring options to possibly obtain the service of a bus to transport the ladies to and from the meetings and outings. It is often that we hear these meetings are the only social outing these ladies attend and makes it all that more important to find a solution.

I recently received an invitation to join the Fremantle Laurel Club for their Mothers' Day luncheon at Legacy House. We enjoyed a lovely

roast lunch with thanks to Bill Horn, and Fran Cornell baked the most beautiful cake and provided the flower arrangements for all the tables.

We have been asked by Lotterywest to look at the Legacy House upgrade in two stages and we are now in the process of resubmitting our quotes to comply with this request. The initial application was in excess of \$500,000 and the new submission will be significantly reduced. We have also been told that we will need to contribute an increased amount towards the project.

Earlier this month Fremantle Legacy hosted a briefing session with Josh Hawes from Critical Components, Legacy's corporate psychology and counselling service provider. The session really drove home that the amalgamation with Perth Legacy will allow Fremantle Legatees to tap into the resources and expertise when faced with relevant complex issues.

Legatee Arthur Peters

Legatee Kevin Gleeson

Long serving Legatee Glen Ridgwell, and President of Fremantle Legacy, Arthur Peters, present long serving Legatee Kevin Gleeson, with a certificate of Reserve Membership.

Kevin joined Fremantle Legacy in August 1978 and served a term of Presidency in 1985/86 and based on his great service to Legacy over many years, the board of Fremantle Legacy had no hesitation in presenting Kevin with Reserve Membership and a certificate to honour his service.





The Annual Legacy Ladies Picnic



Approximately 130 ladies attended the annual Legacy Ladies Picnic, held once again at the Legacy Holiday Camp Busselton, on 11 March 2018. It was great to see so many ladies dressed in red to commemorate the 100th anniversary of the end of WWI.

The Busselton Brass Band treated all to a few classics and the cadets did a great job waiting on the ladies. All those who attended had the most wonderful day.

The gift bags were full some great goodies and a big thank you goes to the Holiday Camp Committee for organising such a successful day. Another thank you goes to the Legatees who lent a hand on the day; your service does not go unnoticed.



"I started coming to the camp twenty years ago and we've had some funny times down here! The picnic is a great opportunity to mingle with new faces and catch up with old friends," said Glennis Johnson, Treasurer of the Mandurah/Murray Laurel Club.

We look forward to next year's picnic and hope to see you all there!



An Experience Never to be Forgotten

The 2017 Perth Legacy raffle winners, Robyn and Greg Negus, gifted their first prize win to daughter Joanna Negus, who was kind enough to share her tales with us.

On the morning of 22 April 2018 we arrived in Paris full of excitement as this holiday, arranged by Flight Centre Claremont, was the first prize in Perth Legacy's 2017 Raffle – a trip for 2 to Paris including flights, 8 nights accommodation and an Anzac Tour.

Our afternoon in Paris was spent walking, admiring the beautiful architecture. We visited the Louvre Museum and enjoyed the sophistication of the city. The next morning we boarded the TVG (France's intercity high-speed train) for Lille in northern France where we met the other travellers on our tour - all Australians with the exception of one New Zealander.

On 24 April 2018, we commenced our Anzacs on the Western Front Tour with our extremely knowledgeable tour guide and a great group of travelling companions. The French countryside in the Somme is quite striking. Villages surrounded by endless fields of wheat, potatoes, flax and canola. It was a common sight to see small beautifully maintained cemeteries in the midst of the fields, very serene.

We visited Pozieres where we were shocked to learn that Australian troops had fallen more thickly here than at any other battlefield. We spent time at the Windmill site, Mouquet Farm and the Lochnagar Crater. This massive crater was caused by the detonation of a British mine with reports suggesting the sound of the blast was heard in London. We also wandered

in a preserved battlefield at Beaumont-Hamel.

Over the next few days, we saw battlefield sites at Le Hamel, Fromelles, Mont St Quentin, Bullecourt and Pheasant Wood. We travelled north and crossed the border into Belgium, to Ypres, Polygon Wood, Hill 60, Hooge Crater and stood in silence as the Last Post was played at Menin Gate. We saw the wooden cross commemorating the site of the 1914 Khaki Chum's Christmas Truce where dozens of men from both sides of the war openly congregated in no man's land.

My Nana, who lived with her family in Victoria Park, had two brothers and one sister, a nurse who served in WWI. My great Uncle Vince, who was mentioned in dispatches in April 1917, was killed in action in April 1918 when serving with the 51st Battalion. He was buried at the Albert Road British Cemetery (then a field of wooden crosses) but in 1920 his remains were exhumed, along with so many others, and reinterred in the Dernancourt Cemetery. Our guide arranged for us to visit this cemetery. Although sad, for me this visit was definitely a highlight.

Another memorable moment was attending the Dawn Service for the Centenary of the Battle of Villers-Bretonneux. We had an early start on Anzac morning, up and on the coach by 1.00am, sneaking away in the dark. It was a bitterly cold morning but not as cold as some of the temperatures our Diggers experienced. The service, attended by Prince



Joanna visiting the grave of her great uncle at Dernancourt Cemetery.

Charles, Australian Prime Minister, Malcolm Turnbull, and other dignitaries, was incredibly moving. Our tour group returned to Villers-Bretonneux some days later to visit the village, the school and its museum, and also the newly opened Sir John Monash Centre.

At the completion of this tour, we returned to Lille for one night, then by train back to the boulevards, cafes and vibrancy of Paris.

We were very appreciative to Perth Legacy for the opportunity to undertake an Anzacs on the Western Front tour, and to attend the 100th Anniversary of Villers-Bretonneux. This prize has provided a lasting memory. Thank you.

Here to Lend a Hand

It was one of those satisfying moments where members of Navy's Submarine Force joined forces with Legacy WA to handover a new gopher to 94 year old Legacy war widow, Mrs Margaret McDonald of Dudley Park, Western Australia.

Mrs McDonald's husband Alex served in New Guinea during World War II with the 2nd AIF (Australian and New Guinea Administrative Unit) and passed away in 2007.

The original request for a gopher occurred during a Mandurah/Murray Laurel Club meeting where Mrs MacDonal asked for assistance.

A new gopher to Mrs MacDonal means much more than a way to get around; it means she has regained a sense of independence and freedom.

"These opportunities promote the ongoing relationship between current members of the ADF and the families of those who have served our country," Submarine Force Staff Officer Commander Tony Ashley said.

"Navy is always keen to assist with the exceptional work Legacy does in providing services to Australian families."



The Submarine Force has close ties with Perth Legacy, and regularly assists the organisation in a variety of ways, ensuring quality of life for the families of those who have served.

It is with the help from the community and current serving ADF personnel that Legacy WA is able to care for the families left behind.

2018 Legacy Christmas Puddings

Due to administration and financial efficiencies, 2018 pudding orders are **PRE-ORDER ONLY**.

Please complete the separate order form included in the newsletter and return to Legacy House no later than **Monday 6 August 2018**. Collection and delivery options are available.

For further enquiries please contact Legacy on (08) 9486 4900.





Tradelink to the Rescue

Tradelink recently teamed up with Legacy to assist two Legacy widows with their gardening needs, think 'Backyard Blitz.'

With a high percentage of Legacy beneficiaries over the age of 80, for many the maintenance around the house has become a little too difficult to keep on top of.

In the case of Mrs Betty Morrison, at the age of 94 she could no longer bend down to attend to the unruly grass and weeds. She had recently got down to do some weeding and had not been able to get back up; as she was home alone she had to crawl to the nearest post and try to pull herself up.

We cleaned up Betty's garden beds, spread some mulch, mowed the lawns and pruned a few bushes and she was over the moon.

The second house we attended later in the day was that of Mrs Shirley Foley, who had lost her husband last October. Her daughter was there for the day and extremely overwhelmed by the

support Legacy has shown, and continues to show for her mother.

The smiles left on the faces of both widows and their families were priceless and everyone involved on the day left with warm filled hearts.

Tradelink have been a great supporter of Legacy and have previously helped a number of widows with guttering.

If you are a Legatee to a widow or Legacy family who are in need of assistance in the garden or for general maintenance please contact Legacy House on (08) 9486 4900.

This is just part of the practical support that we offer to many of our beneficiaries and we look forward to lending a hand to many more.

Thank you to the Tradelink team who helped our widows, you are remarkable!



Military Brotherhood MMC Charity Ride for Legacy

On Sunday 25 March, the Military Brotherhood held their annual charity ride and raised over \$2,600 for Legacy WA. The day was a huge success with the rain holding off and all 54 riders finishing safely at the Nollamara RSL.

Our very own president, Legatee Peter Heeneey, participated in the ride and stated that it was a great day for all who attended.

In particular, worthy of mention was the fact that the Hon. Peter Tinley AM, MLA, Minister for Housing, Veterans' issues and youth, supported by the member for Morley, Amber Sanderson, saw the group of riders off. Both had some very honest and supportive words for the group and Legacy before the ride.

It is pleasing to know that Legacy and the Veteran community are supported by the State Government.



From Left to Right: Perth Legacy President, Peter Heeneey, member for Morley, Amber Sanderson, Minister for Housing and Veterans Issues, Peter Tinley AM, Perth Legacy Executive Officer, Robert Ratkovic, president of Perth Central MMC, Rick Nahi.

45th Legacy Militaria Auction



The 45th Legacy Militaria Auction, held on 15 April, saw the hammer come down on over 900 lots to raise \$6,800 for Legacy. The auction has been a bi-annual event since 1995 and contributed over \$400,000 for Legacy.

The atmosphere was tense with many bidders taking on one another to get the best pieces for the best price. Thank you to those that helped on the day; from staffing the sausage sizzle, providing refreshments, to setting up and preparing for the auction.

The next auction is to be held on 21 October 2018 and we hope to see you there.

For more information or how you can be involved please contact John Burrige on 0417 189 883 or email john@jbma.com.au.





Legacy Youth Undertake Driver Training

Young adults are amongst the highest risk road users in Western Australia, given their age and lack of experience. Legatee Mike Radwell identified this demographic within the ranks of Legacy WA and decided to investigate ways we can help ensure their safety and help them become better drivers.

The Youth Driver Development Program (YDDP) is a community based, not-for-profit organisation in Bunbury, and is the only program of its type in the state. The program teaches young drivers to stay alive on our roads, offering theory and practical lessons on appropriate road positioning, basic daily maintenance and braking techniques.

A lecture was also given on road trauma, by St John Ambulance, followed by a practical demonstration in the use of ABS braking after which participants were given

the opportunity to practice in a controlled environment. Mother Nature ensured that the weather conditions really put the trainees to the test, with a strategically timed downpour.

Those in attendance included Joshua and Haley Nary, Christian Martin, Jacinta Blum, Tyriek Coleman and Jamie Radwell. The group travelled to the Busselton Camp the day before, to meet up and get acquainted with one another.

Everyone got a great deal out of the day and went home with a wealth of new skills, that will assist them in becoming safer

“It is important that we continue to provide such opportunities and look forward to doing it again as many more young adults amongst the Legacy family begin to get their license.”
– Mike Radwell

road users. Thank you to the YDDP staff for sharing their knowledge, including Tiffany Staples, who made up a great lunch on the day as well as instructor Richard Halls.



The Hon Darren Chester MP

Minister for Veterans' Affairs

Minister for Defence Personnel

Minister Assisting the Prime Minister for the Centenary of ANZAC

MEDIA RELEASE

20 March 2018

VETERAN PENSIONS SET TO INCREASE

VETERAN pension payments will increase in March in line with the bi-annual indexation process.

Pension recipients including veterans, their partners, war widows and widowers across Australia will receive increased payments from 20 March 2018.

Due to the calculation of pension rates on a daily basis, the first pension paid after the indexation on payday 29 March 2018 will comprise both the old and new rates.

The new pension rates will be fully effective from payment date 12 April 2018.

The table below highlights the new fortnightly rates.

SERVICE PENSION	Old rate (fortnightly)	New rate (fortnightly)	Increase (fortnightly)
Single person	\$894.40	\$907.60	\$13.20
Couples (each)	\$674.20	\$684.10	\$9.90
Single person – transitional	\$752.40	\$762.00	\$9.60
Couples (each) – transitional	\$607.00	\$614.80	\$7.80
WAR WIDOWS			
War widow(er)'s pension	\$909.10	\$922.50	\$13.40
Income support supplement (ceiling rate)	\$268.50	\$272.60	\$4.10
DISABILITY PENSION			
T&PI (Special rate)	\$1,373.80	\$1,394.20	\$20.40
Intermediate rate	\$932.70	\$946.60	\$13.90
EDA	\$758.90	\$770.20	\$11.30
100 per cent	\$488.40	\$495.70	\$7.30
10 per cent	\$55.77	\$56.50	\$0.73

These are the maximum rates of payment and include any Energy Supplement payable.

Pensions are indexed twice a year in March and September. For a full list of pension rates, please visit www.dva.gov.au or call 1800 555 254.

Veterans and Veterans Families Counselling Service (VVCS) can be reached 24 hours a day across Australia for support and free and confidential counselling. Phone 1800 011 046 (international: +61 8 8241 4546). VVCS is a service founded by Vietnam veterans.



It was all Glitz and Glam for Perth Legacy's 90th Anniversary

On Saturday 16 June, friends and family of Perth Legacy celebrated 90 years of service, at the Crown Ballroom, Burswood. This inaugural event kick-started an additional education trust fund to ensure the future of our Legacy Children is a bright one.

With the mission to provide Legacy families with the same opportunities as any other and through your contributions we saw the night raise over \$55,000.

The night began in the glamorous roaring twenties with a swinging dance performance and a video explaining a bit more about the history of Legacy. We also heard from Joan Howard whose father was an early president of Perth Legacy. In later years, Joan was left a widow with a ten month old baby and a baby on the way, when her husband passed in WW2.

Jeff Newman, who was the master of ceremonies for the evening, shared a little about his connection with Legacy. Jeff and his brother, Peter Newman, were Legacy Children who's recollection of days at the camp were enjoyable to hear. The Honourable Kim Beazley AC, Governor of Western Australia, delivered a very moving speech after applauding the work that Legacy have upheld in the community for 90 years.

We then journeyed into the era of rock and roll and discovered the origins of Torchbearers, who were established in order to take care of raising the funds, following a dramatic increase in beneficiaries during WW2.

Hon. Dr Ken Michael AC, former Governor of Western Australia, was also a Legacy Child who lost his father when he was just eight. He spoke on the night of the Meccano set he would receive every Christmas from Legacy which he feels later contributed to his career in engineering.

When we transitioned into the modern day, Pia Piggott, daughter of late Frank Piggott, shared some insight about what it is like to be able to connect and share with kids at the Busselton Camp. Pia and her sister, Georgia, received the first of the new education grants, which was generated from the ticket proceeds.

This momentous celebration was made possible due to the generosity of the following

sponsors; Crown Perth, AV Partners, The Sandbar Hotel, Liquor Barons, Defence Health, Cambridge Media and Nova.

The Australian Army Band kept the crowd entertained with hits some classic swing songs from the 20's and 30's through to some of the current chart toppers.

We can't wait to do it all again and hope to see you there next year.





Applications Wanted for Leeuwin Youth Explorer Voyages

Positions are available for interested Legacy Children, aged 14 years and older, to undertake a seven-day Youth Explorer Voyage aboard the tall ship STS Leeuwin II.

Leeuwin's Youth Explorer Voyages allow young people to experience a unique, challenging and inspirational ocean adventure. These voyages run for seven days/six nights and are designed to increase self-awareness, develop communication, teamwork and leadership skills, and create a strong sense of community. For further information including the voyage schedule on the Leeuwin II and the Youth Explorer Voyages, please see: <https://sailleeuwin.com/voyage/youth-explorer-voyages/>.

Please contact Perth Legacy for further information. **Please do not contact Leeuwin directly.** Perth Legacy will make the necessary booking and arrange payment for all successful applicants.

Voyage Schedule

Date	Departs	Arrival
15 Jun - 21 Jun	Geraldton	Fremantle
17 Sep – 23 Sep	Fremantle	Fremantle
28 Sep - 4 Oct	Fremantle	Fremantle
8 Oct – 14 Oct	Fremantle	Fremantle
2 Nov – 8 Nov	Fremantle	Fremantle
22 Nov – 28 Nov	Fremantle	Bunbury
16 Dec – 22 Dec	Fremantle	Fremantle

Image sourced from Leeuwin Ocean adventure Foundation via <https://sailleeuwin.com/news-stories/leeuwin-set-return-geraldton-2018/>.

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Thank You for Digging Deep



This year's Legacy WA April Appeal has seen the community dig deep and raise over \$120,000 for the families left behind.

As always, the Legacy bears were flying out the door like hotcakes.

April is a significant month for our Legacy families, and a time we come together to march

alongside one another and reflect on the sacrifice their loved ones made for our country.

On collection days, it is always humbling to hear the stories told of past Legacy children

and families that have received support from Legacy. This reminds us of why we do the work we do.

You may have seen the Channel Nine News Presenters wearing the Legacy pins, and heard interviews on both 98.5 and 6PR. The support from the media has been incredible in helping to spread the word of Legacy.

The fundraising team would like to thank all those that not only dug deep into their pockets but also donated their time. Without you, and you know who you are, this would not have been the success it was.

A number of pubs and cafes were also involved in fundraising for Legacy throughout April and we encourage you to visit any of



the following and thank them for their support.

The Wembley Hotel
Gramercy Bar and Kitchen
Murphy's Irish Pub
Grand Bar & Bistro
The Grosvenor Hotel
Victoria Park Hotel
Northbridge Brewing Company
Eathouse 66
Perth City Farm
The Generous Squire
Rigby's Bar
C.Y. O'Connor Village Pub
The Como
Varsity Bar Nedlands
LouVe
Panache
Plain Street Bar
Basilica
The Brisbane Hotel
Gordon Street Garage
Teassential
The Sandbar
Paddy Maguire's
The Palace Cafe

Get your diaries out! Legacy Week is just around the corner and our CBD collection will be on Friday 7 September 2018, followed by the shopping centre collection on 8/9 September 2018. We hope you can join us and together we are able to keep the promise to the families left behind.



Anzac Legacy Blues Concert

Hosted by the City of Canning, the Anzac Legacy Blues Concert is an iconic event amongst the local community and this year raised over \$2,500 for Legacy.

Hosted on Anzac Day, Legacy has been a part of the event for a number of years and it is great to see the crowd growing larger and larger. This family friendly concert is a must for any blues fans and the best part is, it's free!

Thank you to the volunteers on the day who manned the Legacy tent and to the young army cadet who braved the heat in the bear suit. We hope to see you there next year, this is one to mark in the calendar.

Photography by Travis Hayto



By Legatee Ray Murphy

Legacy to the Fore in Perth Anzac Day March



Legacy was again well received by the large crowd during the recent Anzac Day march through the Perth CBD. Led by President of Perth Legacy, Legatee Peter Heeney, the contingent of current and former Legatees, Legacy Children and Widows represented Legacy WA in this year's march.

Being 100 years since the end of WWI, tens of thousands of people lined the streets to salute current Australian Defence Force personnel and veterans, as they marched down St Georges Terrace, concluding with a commemorative service at the Perth Concert Hall. Marchers commented that the Legacy contingent was well received by the large crowd, with many cheers and applause as they marched past. Legacy Children, Zane and Christian ably carried the Legacy banner that led the Legacy group along the route.

Following the march, Legacy provided refreshments and a BBQ lunch at Legacy House and many took the opportunity to reminisce and socialise. Many thanks go to both Legatees Laurie Sibson and Tammy Davy for organising the meal and serving the drinks behind the bar.

However, as the big day drew to a close, it wasn't quite over yet with a number of Legacy members continuing on to volunteer at a number of Legacy fundraising events including the Anzac Legacy Blues Concert hosted by the City of Canning.



Russell Family Visit to Canberra

The April school holidays saw Leisa Russell and her mother visit Canberra for Anzac Day commemorations. Below Leisa reflects on her trip and shows her gratitude for those who made it all possible.

Thank you to Legacy WA and the SAS Resources Trust who made it possible for my mum and me to visit Canberra for five days, during the April school holidays. During this time, we went to the old and new Parliament House, the Australian War Memorial, Duntroon and the Australian Federal Police (AFP). On our visit of the AFP we were able to see



the training college, the K9 unit, the forensic building as well as the water police. We learnt so much about what they do, and the training involved to become a Federal Agent.

We had a private tour of the Australian War Memorial before it opened and saw exhibits with my father in them. We also spent time reviewing war files that included details about my great grandfather and uncle's service during World War II. At the end of the day, I was invited to lay a wreath at the Last Post service. I felt privileged and honoured to be a part of this, the evening before Anzac Day. This was an

emotional experience and gave me a better understanding about what my Dad is now a part of.

On Anzac Day, we went to the Dawn Service and afterwards I took part in the march. I marched alongside the SAS Association, and got to meet those that served in Afghanistan, as well as learnt more funny stories about my Dad.

The trip was amazing, and I am very grateful to everyone that helped it all come together. I learnt so much and am very grateful to Legacy and the SAS Resources Trust for the opportunity.

Legacy Holiday Camp

Application to attend Legacy Holiday Camp Busselton

Please complete and return to
Legacy Holiday Camp Busselton, 128 Caves Road, Siesta Park WA 6280
or email legacycamp@bigpond.com.

2018 Camp Dates		
Camp 4	Fri 12 - Tue 23 Oct	Gae Donaldson
Camp 5	Fri 9 – Tue 20 Nov	Barbara Keillor
2019 Camp Dates		
Camp 1	Fri 15 – Tue 26 Feb	Yvonne Cocker
Camp 2	Fri 15 – Tue 26 Mar	Rosemary Ricetti

Camp Details		
Holiday Camp no.:	From:	To:
Your Details		
Surname:	First name:	Preferred name:
Address:		
Suburb:	State:	Postcode:
Phone no.:	Mobile no.:	
Email:		
Next of Kin		
Surname:	First name:	Phone no.:
Address:		
Suburb:	State:	Postcode:
Name of family doctor:	Phone no.:	
Other requirements		
Do you require a commode, walker or gopher during the camp? Please indicate below:		
Commode		
Walker		
Gopher		
*Please note there are limited supplies of these items at the Legacy Holiday Camp and any aids MUST be requested at the time of booking to ensure that your needs are met and arrangements can be made to secure these items for you.		

Legacy Holiday Camp

Private Transport

Please Circle:

YES/NO

If YES please provide your vehicle registration number: _____

Bus Information

TransWA

If you wish to travel with TransWA using your free travel pass you will need to arrange your own booking. Please advise the Legacy holiday camp on (08) 9755 4530 or 0429 293 316 of your travel itinerary in order for Busselton pick up to be arranged.

If you are a Gold Card holder, arrangements can be made on your behalf. Please provide the following details so these arrangements can be made.

Gold Card no.: _____ Expiry date: ____/____/____

Seniors Card no: _____

Pension Card no.: _____

South West Coach Lines- Daily

	Morning Route	Afternoon Route
Perth Elizabeth Quay Busport	<input type="checkbox"/> 7:30am	<input type="checkbox"/> 1:20pm
Perth Airport- Domestic Terminal (T3/T4)	<input type="checkbox"/> 8:00am	<input type="checkbox"/> 1:50pm
Perth Airport- International Terminal (T1/T2)	<input type="checkbox"/> 8:10am	<input type="checkbox"/> 2:05pm
Cockburn Central Station	<input type="checkbox"/> 8:40am	<input type="checkbox"/> 2:35pm
Bunbury Bus Station	<input type="checkbox"/> 10:30am	<input type="checkbox"/> 4:25pm
Busselton Terminal	<input type="checkbox"/> 11:15am	<input type="checkbox"/> 5:20pm

Return Journey

	Morning Route	Afternoon Route
Busselton	<input type="checkbox"/> 7:40am	<input type="checkbox"/> 1:00pm

Signature: _____ Date: ____/____/____

By Legatee Steve Danaher

V8 Drive Day Barbagallo Raceway



Junior Legacy in a combined effort with the President of Perth Legacy, Peter Heeney, activity organiser for our People With a Disability (PWD's) arranged a hot lap day at Barbagallo Raceway, with *V8 Drive Days*.

We had attendees from near and far; Findlay Osborn and his mother Glenys made the trip from Bunbury whilst Keith Slinger, from Greenfields, was given a ride by his neighbour, Ross Coxon. Cassandra Gallagher brought along her three sons, Corey, Isaak and Tyson. Zane Livingston and his grandfather, John Rorke, attended as well as newcomer Andrew Macneall. I also got to meet Wendy Hook, carer for Peter Dickson.

The weather was perfect, with a bright blue, autumn sky for three hot laps of Barbagallo Raceway. Seated in the passenger seat of a V8 race car, with some of WA's top racing car drivers at the wheel, the excitement and anticipation began to build. As soon as the drivers started to get into their race suits, you could feel the nerves began to kick in.

It transpired that we had a spare spot, so with some persuasion from her three sons (as well as audience participation), Cassandra decided to also don a race suit and let one of the drivers whizz her around for a few laps.



The walk down to the race track was taken with much bravado, helmets and gloves were issued and passengers were seated in each car. A full race harness, roll cages and hard race seats set the picture with nervous smiles across the board.

We were - ready...set... GO!

Exit from pit lane, immediately taking a right into turn one which has a double apex into a slight left at turn two, a short climb up towards turn three puts the car over the ripple strip at around 150km setting up for the left-hander, that is turn four. Down a gear, on the brakes, hugging the left-hand side of the track looking up towards turn five as you climb and the track seems to disappear from view as the race car takes the slight turn and you immediately head down into turn six, otherwise known as 'the basin.' Accelerating all the way down hitting 180km before hard braking - down two gears into the hard right-hand double apex turn as you're forced down into the seat before heading up and out of the turn into the back straight. As we climbed towards to the top of the hill, nothing to see but sky (where is the track?), hitting the top accelerating at 230km, over the top; heading down at 250km towards the final turn into the main straight, turn seven. Brake, brake, brake, there is no way he is going to be able to slow down enough to make it.....!

PHEW! He does....

A hard right turn into the front straight pushes your body hard to the left but you are well protected by the race harness. Faster, faster down the main straight back to turn one.

The three laps are completed in less than four minutes which feels like 60 seconds!

The grins on the faces were worth a million words, when the cars pitted to swap passengers. The excitement was contagious and we all had the time of our lives.

A well-deserved sausage sizzle followed, which allowed for everyone to chat about their experience and just relax. It was such a fun activity and no one went home disappointed.

A shout out must go to Grant Johnson, owner of V8 Drive Days and two times Australian V8 Ute Champion; the wonderful staff behind the counter; pit crews and the professional drivers.

The day is summed up by Findlay Osborn in an email, "Thank you again, Steve, for the marvellous opportunity on Saturday. It was so much fun and I am still smiling."





Looking back on the past 90 years of Legacy in WA

On Saturday 9 June, Perth Legacy commemorated 90 years of service alongside a number of dignitaries and Legacy beneficiaries with a rededication of the Legacy Widow and Child Statue at Monument Hill, Fremantle.

It was most fitting that the then Governor of Western Australia, Hon. Dr Ken Michael AC, who unveiled the statue in 2009, was able to return for this momentous occasion.

Attendees saw a lucky break in the weather to join together and surround the statue to remember fondly the veterans whose families have been cared for since the founding of Perth Legacy in 1928.



With touching speeches delivered by Dr Michael; The Hon. Peter Tinley AM MLA, Minister for Housing, Veterans Issues and Youth; and Mayor of Fremantle Dr Brad Pettitt, it was evident that the work of Legacy has affected many amongst the community.

Member for Fremantle, Hon. Simone McGurk said that it was her privilege to attend and to discover the significant statue in her electorate.

Chaplain Miloslav Velebir RAN, from the Royal Australian Navy rededicated and blessed the statue and ensured the sun remained shining for the rest of the service.

This day marked not only a time for reflection but celebration of the work and support Legacy has provided for the families of those who served their country.

Thank you to the Legatees who assisted on the day and for your continued service.



Happy 100th Birthday Mrs Marie Dalton

Mrs Marie Dalton of Mosman Park, celebrated her 100th Birthday on 29 March. She was presented with flowers by the President of Fremantle Legacy, Arthur Peters, to mark the occasion.

Arthur timed his visit perfectly as Mrs Dalton had just had her hair done and was later off to

lunch in City Beach, with her family. Mrs Dalton has been a Legacy Widow since September 1991 and the Club was honoured to share some time with her on such a special day.

President of Fremantle Legacy, Arthur Peters, presenting flowers to Mrs Marie Dalton, to celebrate her 100th birthday.



Mrs Ethel Schroder turns 100

On Thursday 29 March, I travelled to Augusta to present Mrs Ethel Schroder with flowers and a card from Legacy, to celebrate her 100th Birthday. Mrs Schroder's husband served in various posts during WWII and was given a hard time by fellow soldiers because of his name being Germanic in origin. Mrs Schroder worked to support the war effort by making 25lb bullets and knitting socks.

Their son was five when his father went to war and had turned ten when he returned after being imprisoned as a Prisoner of War in Germany. Their daughter arrived five years

after her husband's return.

As a couple, they spent many years working in outback WA before retiring to Augusta. Mrs Schroder is very proud of her Volunteering WA medal for 50 years' service to community volunteering.

Mrs Schroder still lives alone and is in good health. She has Meals on Wheels deliver twice a week, her daughter drops two meals off each week, her



Mrs Schroder proudly displaying her letter from Queen Elizabeth to mark her 100th birthday

daughter in law drops off two meals a week and Mrs Schroder cooks for herself on the other night.

Legatee Angie Stoll

Gwyn White Celebrates 105th Birthday

On Monday 11 June Gwyn celebrated her 105th birthday surrounded by family and friends of Legacy.

Gwyn's half-brother served in WWI and both her brother and husband served in WWII. Her husband sadly passed away in the 70s and Gwyn says Legacy has been an amazing support

for her over the years and has helped in every way possible.

She credits her long life to a life playing sport and continues playing competitive tennis until she was 96. At 90 she toured for 6 weeks playing in Europe and now plays indoor bowls.

Legatee Ian McNee presenting Gwyn with flowers on behalf of Legacy.





Bunbury Laurel Club

Hello to all Laurel Club ladies, we hope you are free from winter chills.

The lovely ladies from Australian Medical Association (AMA), who use the RSL Hall in Bunbury, invited Laurel and RSL members to a high tea. We were very well looked after with a delicious variety of homemade goodies, prepared by the lovely ladies from AMA. We really enjoyed

the day, with three lucky people winning raffle prizes.

Best wishes to all, we hope you keep warm and well.

Beryl Winning
Secretary

Mandurah/Murray Laurel Club

Hello to all members of Legacy.

We recently held our club AGM and all positions remain the same, Anne Dunlop once again remains as president.

Many thanks to Yvonne Cocker who looked after everyone so well on Camp One, I had a great relaxing time. Angie and Steve do a great job looking after us and will be missed when they leave.

Many thanks go to the Legacy ladies for their support after the loss of my daughter in December 2017.

Our members enjoyed the South West Ladies Picnic and many thanks goes to all involved including the cadets and Legatees. We also wish to thank Jessica from Legacy House for attending our meeting and her prompt action in gaining a gopher for Margaret McDonald, who was so thrilled and most appreciative.

Congratulations to members Dora Taylor, who turned 90 and Pearl Christmas who turned 95 in April. Sadly we recently lost Dot Watson in March, who had not been well for some time. My camp ladies will also miss Roma Stempel, who passed away Christmas day and like many, I will miss her care and support. Both Dot and Roma were lovely ladies.

We welcome new members Yvonne Towner and Thelma Hughes, and sadly say farewell to Beryl Wraight, who has moved to Bunbury to be with her daughter.

In April we enjoyed a bus trip to Harvey Dam, then on to Collie for a tour of the replica mine and later to the Wellington Forest restaurant for a roast lunch. After a pit stop at Taffy's in Bunbury it was home time. An enjoyable day was had by all.

Another trip is planned for May and a luncheon in June. All widows are welcome.

Legatee Colin Purcell and I were honoured to lay a wreath on Anzac Day at the Mandurah service. This was a moving service to commemorate 100 years since the end of WWI.

Barbara Keillor
Secretary



The Mandurah/Murray Laurel Ladies waiting for the bus ready for their April outing.

Gosnells Laurel Club

Welcome to winter, although the warm weather persists and sun continues to shine. Hopefully our much needed rain will arrive very soon.

It has been really encouraging and great to see the continual support for Anzac Day, long may it continue. Some other good news, we have three potential new members to join our club, of which one will be attending our next meeting.

We continue to meet every second and fourth Wednesday of each month at the Gosnells Football Club, with a lunch date at a local tavern on the third Wednesday.

We had a special lunch in May for Mothers' Day, at the Narrogin Inn, Armadale. All ladies who were able to attend had a lovely time and

everyone received a small gift. Apart from our usual entertainment this year we have introduced Cat Bingo! It's great fun and we have made a few adjustments as there are 64 cat breeds, and possibly more. It is definitely more fun than regular bingo. There is a bird and dog version as well, but I think we will stick to cats.

Of course I have to mention the royal wedding and I will assume most people enjoyed the live coverage as much as I did. My daughter lives close to Windsor and had left town as the whole place was, as she put it, Bonkers!

Best wishes to all.

Rosemary Cleary
Secretary

Legacy Lillies

The Lillies have been busy travelling, attending camps, meeting for outings, looking after grandchildren and attending organised Lilly get-togethers.

The committee recently met to induct Legatee De'Arne Prosser as the new event coordinator, thank you for joining us. De'Arne is also very busy as a Legatee visiting widows.

We discussed at length how we can assist ladies that spend significant days and anniversaries such as Christmas, Easter and Anzac, on their own. We are a united group, always available to spend time with those who struggle during these times and would like to know when these significant dates are affecting you.

The Lillies had a table for the 90th Anniversary Gala on the 16 June, at Crown Ballroom, Burswood. It was a great opportunity to get dressed up and dust off those dancing shoes, a great night was had by all.

The Invitation was open to all Legacy widows to attend the blessing and rededication of the 'Legacy Mother and Child Statue,' on Saturday 9 June at Fremantle War Memorial, Monument Hill. It was great to see so many friendly faces on the day.

If you have recently changed phone numbers or emails please notify a Lillies committee member or call Legacy House, so your details can be updated.

Over the years of staying at the Legacy Holiday Camp Busselton, the Lillies have got up to a lot of different adventures, but at the May camp we saw a first with Pam Deveson and Tricia Smith knitting poppies.

The 11 November 2018, marks the 100th anniversary of the day guns fell silent on the Western Front and the First World War officially came to an end. RSLWA will be installing 62,000 handcrafted red poppies on the lawns of Kings Park surrounding the State War Memorial. Trish and Pam will donate their knitted poppies to be included in the display. I recall the Middleton Beach in Albany and the Tower of London that has had similar displays, so I look forward to our beautiful Kings Park covered in red.

Georgina Hall
President



Geraldton Laurel Club

Hello to all our dear Laurels. We trust this message finds you all safe and well after having survived the summer, autumn and of course the joys of Easter. Here we are approaching winter and I say, "roll on summer".

The Geraldton Laurels have been experiencing very good attendance rates at their monthly meetings and it is always a pleasure to see the smiling faces of all attendees knowing that we are still a full team, with no links in the chain having been broken.

We held our Annual General Meeting on the 5 March with the following results for office bearers:

President – Dulcie Valenti – elected unopposed

Vice President – Frieda Mosses – elected unopposed

Treasurer – Pat Clewes – elected unopposed

Secretary – Barb Duncan – elected unopposed

Publicity Officer – Barb Duncan – elected unopposed

Many thanks to Legatee Max who had the honour to preside over the election in the absence of our regular Legatee Roy, who was AWOL! Our President was also out fighting fires and the vice President was bogged, I believe somewhere in the sand dunes at Lucky Bay. Max executed his responsibilities in a most professional manner.

Congratulations to all those ladies elected, doing a superb job in continuing with the traditions and support the Geraldton Laurel Club.

Brenda Ellis had a very successful and memorable visit to the Legacy Holiday Camp Busselton in

March which also gave her the opportunity to attend the Widows' Picnic. She reported on a thoroughly rewarding experience and the opportunity to catch up with numerous friends and acquaintances. She further enhanced this journey by winding her way home, at leisure, calling in on old friends.

We finally enjoyed our much awaited fish and chip lunch which was delicious and consumed with passion. This event took place at the conclusion of our May meeting, we must do this more often.

As Virginia Woolf so famously quoted:

"One cannot think well, love well, or sleep well if one has not dined well."

Anzac Day in Geraldton was well attended with a beautiful wreath being laid from Geraldton Laurels in honour of our fallen.

For many of us this is always a sad day with many reflections on memories.

And now for a smile:

1: You cannot see your ears without a mirror.

2: You cannot count your hair.

3: you cannot breathe through your nose with your tongue out.

Now honestly... you just tried it, didn't you? And when you did, you found that it is possible only to realise that you look like a dog (hee hee hee).

4: and now you are smiling because you were fooled.

You skipped number 5.

And now you are checking if there is a number 5.



Dulcie Valenti and Shirley Travers at the Anzac Day Geraldton service.



Geraldton Laurel Club enjoying fish and chips.

Just sharing with friends to brighten the day, hope you continue to have fun and enjoy all that life has to give.

And in closing, a handy hint. I really love this one.

If you do not want to cry while grating onions- get someone else to do it or open the windows.

Well dear hearts, best wishes to all our Laurels from Geraldton for continuing good health and happiness.

Until we read again, stay safe and well.

*Barb Duncan
Publicity Officer, Geraldton*

Fremantle Laurel Club

Once again it is my privilege, on behalf of our members to wish all Western Australian Legacy Laurel Club ladies good health, good luck and much happiness throughout the rest of the year.

We have already enjoyed our welcoming 2018 catered luncheon, cash bingo games and many wonderful outings.

Tuesday 3 April we went on a Mandurah Canal Cruise and witnessed the matriarch dolphin, Top-Notch, aged between 12-20 years, introduce her two week old calf, Carter, whose sex is still to be determined and is her third surviving calf, to the delight of all on board.

They were both swimming in the shallow waters and every time Top-Notch surfaced, two week old Carter had to surface twice to keep up. Close by, five to six dolphins in the deeper water kept surfacing, possibly as a support team. It was lovely to watch and such a delightful spectacle! The Mandurah Cruise staff were more than helpful in arranging nearby parking, to limit the walk back to our waiting bus.

Following the cruise we headed to the nearby Paparazzi Café, for a scrumptious three course meal. It was the most happy finale to our unique viewing of Top-Notch and her calf performing in the estuary that morning.

Our next outing was to the Ravenswood Hotel, located on the Murray River, and was also a much enjoyed trip by all present. The laughter and banter said it all on a perfect autumn day.

The images to the right were taken at our Mothers' Day in house catered luncheon, by no other than our famous photographer, Fremantle Legacy President, Arthur Peters. A big thank you to Fran Cornell, once again, for the flowers on the table that made a lovely addition.

President, Maria Brown has taken a two week overseas June holiday to witness her youngest son, Joseph's marriage in Vietnam. Joseph is an English teacher in Vietnam instructing young students acquiring a second language.

May all our WA Laurel ladies enjoy the second half of 2018 with continued good health and happiness.

*Margaret Carbon
Social Secretary*





Rockingham Laurel Club

Hello to all members of Legacy.

Since my last report, three of our members, Edna Teasdale, Isa Fellows and Helen Kallawk, have passed away. As long time members of our club, a minute's silence was held in their memory.

Recently we had a speaker address us on 'caring for the aged with in house care', and a chaplain from Street Chaplains, who help people living on the streets and those living with memory loss. Both discussions were interesting and enlightening for all members.

Our President, Pauline Vernon, was interviewed by the local paper to help spread the word of Legacy and also laid a wreath at our local memorial on Anzac Day.

We had an Easter Bonnet parade with first prize going to Lola Johnson, coming in second was Eve Forrester, Kob Wilkinson took out third place with Helen Corti following in fourth. An Easter egg was presented to each place getter.

A number of members have recently enjoyed a trip to the miniature gardens at Pinjarra and others attended a singalong at Kwinana Arts Centre.

Legacy badges were sold by a number of members who volunteered their time at Port Kennedy Bunnings and Rockingham Centre, and as always the Legacy teddy bears were selling like hotcakes.

Our Mothers' Day luncheon is to be held 3 May 2018 at the Pavilion Restaurant, TAFE.

On 22 May, we will attend a show at Mandurah Performing Arts Centre, a tribute to Fred Astaire. As you can tell our calendar is full so we will have plenty of news for the next newsletter.

Yesterday has gone, live for today, hope for tomorrow.

Best wishes to you all, keep well.

Jan Firth
Secretary

Vasse Laurel Club

Greetings from beautiful Busselton.

Firstly, a big thank you for yet another enjoyable South West Legacy Picnic in March.

In April our invitation to participate in the Anzac Day ceremony was, as usual, very much appreciated.

Our monthly meeting in May was held at the Legacy Holiday Camp Busselton, where Legatee

Angie Stoll did herself proud with her 'very sweet' catering, just what the doctor ordered?!

Come June and our AGM will see some changes to the committee. Thank you to Beryl Grimshaw who is stepping down after many years as Madame Treasurer, this will be a hard act to follow!

Remember ladies to count your blessings.

Suzanne Ozolins
President

Menora Laurel Club

Hello to all fellow Laurel club members.

We meet on the first Wednesday of the month at the War Widows Guild Hall, Plantation Street in Menora. All those who wish to join us would be very welcome.

Sadly many of our members are getting too unwell to continue to regularly attend meetings and many are now in care. Our numbers fluctuate but it's really nice when we get a few more.

I have to thank our Treasurer, Hazel Donald, for

holding the fort while I was in hospital. Hazel has helped me tremendously over the past few months.

We will be holding our AGM in June at the Morley Ale House where Peter Heeney will be talking to us, and then we will enjoy lunch.

It's hard to believe we are halfway through the year already.

Jan McLeod
President

Perth Friday Laurel Club

Some of our ladies have recently returned from the Legacy Holiday Camp Busselton, having had a wonderful holiday and enjoying the sunny weather which was more like spring than autumn.

Big thank you to Angie and Steve for making everyone feel welcome, keeping the whole camp spick and span and for showing the upmost care for all ladies. To those who have not yet been to enjoy these facilities should start planning to do so.

The ladies who are learning to use the iPads are having mixed results but enjoying the process. The tutor is a delightful and enthusiastic lady.

Unfortunately two of our ladies have been unwell and we all look forward to seeing them back on Friday mornings once they recover. New members are always welcome to join us.

Audrey Ridout
Secretary

Midland and Districts Laurel Club

Hello all members, hope you had a special Mother's Day on Sunday 13 May.

I have been on holidays visiting my sister and her family, so missed out on, what I have been told, was a most enjoyable April outing to Whiteman Park, with lunch at the Village Cafe.

Sadly, I was also away for the last meeting when the club had the pleasure of a social visit from Perth Legacy President, Peter Heeney and Marketing Coordinator, Jessica Kirstenfeldt.

Last month we lost one of our lovely members, Candy. Condolences to her family, she will be missed by all and we won't forget the delicious sponge cakes she used to make for afternoon tea.

The Kalamunda and Districts Laurel Club are joining us at The Grand Central Hotel, Midland on

17 July, for a Christmas in July lunch. We are all looking forward to catching up with the ladies.

Our Secretary, Margaret Garbutt, is collecting used stamps for Legacy and all donations are welcome.

Sheila, our Vice President, is off on holidays this month to catch up with extended family and friends; have a lovely time Sheila.

The club welcomed two new members last meeting and I am looking forward to meeting them at our next meeting which will be held on Wednesday 6 June at 1pm.

Lilian Cottingham
Midland and Districts Laurel Club Member



Midland Laurel ladies visit to Whiteman Park.



Northern Districts Laurel Club

Greetings to all Laurel ladies.

April was a busy month for our club. We visited Lakeside Joondalup and met for lunch at Hogs Breath Café. On 19 April we celebrated our 30th birthday with guests from Legacy House, who all enjoyed a delicious morning tea and entertainment from the fabulous Seventh Heaven, who played music we remembered well!

We have missed seeing members who are not enjoying good health at the moment and look forward to their return.

Thank you to our girls who collected at Whitford City Shopping Centre for the Legacy April Appeal, on Saturday 21 April, and raised \$833.70!

In May we had a speaker, Elaine Winnigan, who talked about the importance of organising our Wills, Enduring Power of Attorney, and Advance Health Directive, and making sure our families know our wishes.

A beautiful day in May was enjoyed by members at Perth Zoo. On arrival we had morning tea and then we were able to board the Zoo cart to visit the animals. For some of our girls it had been a



Northern Districts Laurel Club president, Lorna Wilson, cutting the club's 30th birthday cake alongside, Perth Legacy President, Peter Heeney.

long time since their last visit. We had lunch before returning home and all agreed it was a great day.

God bless you all.

Sue Jarvis

Kalamunda and Districts Laurel Club

Hello to all Laurel Club members, we hope you are all well and have been enjoying the year so far, including many activities and outings.

Our first outing for the year was to the fresh food market in Midland and then on to Carilley Estate, Herne Hill, for lunch, followed by a walk through the beautiful gardens.

In March we visited the heritage listed, Wanslea building in Cottesloe. Originally built in 1905 and established as an orphanage, it is now a cancer support clinic and wellness centre. Lunch was later had at the Albion Hotel, which has been reconstructed and as a showpiece, has a huge old tram in the dining room.

April saw us venture to the Homestead Brewery, a part of the Mandoon Estate, Caversham. The vineyard started in 1840 and includes the original home of explorer and surveyor, General John Septimus Roe. We all enjoyed our visits to these historical WA sites.

Our congratulations to the editor of the autumn edition of the Legacy Times and thank you for the interesting coverage and keeping us up to date with Legacy news.

Our best wishes to all Legacy Clubs.

Angela Waters
Secretary

Floreat Coastal Laurel Club

We regret to say that our President, Joan Mitchell, is not well and has been admitted to a nursing home. We are all thinking of her and wishing her return to better health. In the meantime your writer is standing in until a new president is elected.

We have had several nice outings since our last newsletter. We have enjoyed a nice lunch at the Herdsman Lake Tavern, and also enjoyed a great

day out at the Caversham Wildlife Park followed by lunch at the Lavender Bistro in the Swan Valley.

At our last meeting we welcomed our new Legatee, Barry Lloyd. We are delighted to have Barry join our group, together with Legatee Laurie Sibson and his wife Lynnette. Laurie and Lynne are at present enjoying a well-deserved overseas holiday.

Beryl Gibson
Acting President

South Perth Laurel Club

It is hard to believe we are already half way through the year. We hope you have all been keeping well and warm as the winter weather begins to roll in.

We have been keeping ourselves busy with meetings every Thursday at the South Perth Senior Citizens Centre and new members are always welcome.

We are all looking forward to catching up with old friends at the blessing and rededication of the 'Legacy Mother and Child Statue,' on Saturday 9 June at Fremantle War Memorial, Monument Hill.

The Senior Citizens Centre invited us to a Royal High Tea to celebrate the Royal Wedding and a great time was had by all. We got dressed up with

headpieces and hats, even Meghan and Harry made an appearance, well the cut out face of both did!

The fundraising team recently popped in for a cuppa and brought some scrumptious sweet treats along with them. We had a morning full of laughter and look forward to their next visit.

Sadly we recently lost a most loved member of our club, Valma Wright. She was a long standing member, great friend and will be truly missed by all.

Best wishes to all.

Cecelia Batt
President



The fundraising team enjoying a cuppa and cake with the South Perth Laurel ladies.



Judy Welch and Andrea Hunt

The 2018 Poppy Project



The 11 November 2018 marks the 100th anniversary of the day guns fell silent on the Western Front and the First World War officially came to an end.

To commemorate this significant anniversary, RSLWA will be installing 62,000 handcrafted red poppies on the lawns of Kings Park surrounding the State War Memorial. This significant number includes the 61,513 lives that were lost in battle as well as acknowledging the 156,000 that were wounded, gassed or taken prisoner.

Whether you are a beginner or experienced crafter, choose to make only one or hundreds of poppies, anyone can contribute to this history making event in WA. Patterns and guidelines can be found on our Poppy Project page www.rslwa.org.au/rslwa-poppy-project-2018.

You can post your poppies into RSLWA State Branch— PO Box 3023, East Perth WA 6892

or drop off your handcrafted creations at your local RSL Sub-Branch. To find your local RSL visit our website www.rslwa.org.au/subbranches/. When making your contribution, please include your details or a completed

submission form available on our Poppy Project webpage.

RSLWA looks forward to working with the team at Kings Park and with the knitters and crocheters of WA to create this historic installation of Remembrance.



Jan Weston and Sylvia Hodgkinson



Recipes

Edna's Hummingbird Cake

INGREDIENTS

- 1 Cup crushed pineapple (in natural juice)
- 2 egg whites
- ¼ Cup sugar
- ¾ Teaspoon bicarb soda
- ½ Cup apple sauce
- 1 Cup banana, mashed
- ¼ Cup walnuts, chopped
- 1 Teaspoon mixed spice
- 2 Cups self-raising flour
- Cooking spray

Icing

- 1 Cup icing sugar
- 1 Tablespoon pineapple juice (saved from tinned pineapple)
- 2 Teaspoons margarine

Directions

1. Preheat oven to 180°C fan forced.
2. Drain pineapple keeping juice for icing.
3. Beat egg whites and sugar for 1 minute using an electric beater, in a large mixing bowl.
4. Stir bicarb soda into apple sauce (it will froth) and add to bowl.
5. Mix in mashed banana, walnuts, drained pineapple and mixed spice, blend ingredients together well.
6. Gently fold sifted flour into mixture in one go, treat this mixture as if a sponge, DO NOT beat as this will make the cake tough.
7. Pour mixture into a round cake tin (19cm) that has been coated with cooking spray.
8. Bake for 35-40 minutes or until firm to touch the centre. Allow cake to sit for 5 minutes before turning onto a wire rack to cool.

To make icing

1. Once cake has cooled, place all icing ingredients into a small mixing bowl, blend together until smooth.
2. Spread over top of cake.



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O	A	Y	I	L	R	T	A	S	A	S	R	I	T	H	Y	G	U	H	P	H
R	E	S	L	O	Y	U	O	U	Y	D	A	A	V	U	I	L	T	W	U	S
T	R	E	U	H	U	R	F	P	S	F	V	K	Y	Y	A	N	C	P	I	E
N	T	A	Y	T	D	T	D	A	U	H	F	M	C	T	U	L	R	L	F	L
M	E	Q	B	A	H	L	S	D	H	S	H	G	K	S	S	H	A	R	K	W
B	L	O	B	S	T	E	R	F	A	J	K	T	M	O	P	I	B	S	J	E
A	H	U	M	P	B	A	C	K	W	H	A	L	E	L	K	O	S	U	G	A
D	I	K	R	D	A	C	S	G	R	K	W	H	T	K	H	J	H	Y	Z	H
V	P	I	D	C	P	R	W	H	M	E	R	M	A	I	D	P	E	R	I	Y



Ocean Animals

Dolphin
Lobster
Anemone
Stingray
Octopus
Starfish
Seaweed

Jellyfish
Periwinkle
Humpback whale
Sea Urchin
Coral
Seahorse
Eel

Clown Fish
Turtle
Mermaid
Manta ray
Crab
Shark



If you have recipes or anything of interest you'd like to be included in your Spring newsletter, please send them our way either by email (marketing@perthlegacy.com.au) or by post to: PO Box 1983, West Perth WA 6872 by the 1 August 2018.

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“Without Legacy, Corey, Isaak and Tyson would not be thriving in life as they are now. I really cannot imagine life without my Legacy family.”

When Cassandra’s husband, Ryan, returned from active overseas service in the Royal Australian Navy, she was so excited to be reunited with the man she was so in love with and for him to meet his newborn son, Corey, for the first time.

“I felt like I had been holding it together for so long, so the day Ryan got back I was relieved and for a minute thought that I could let it all go for just a bit. I was wrong. Ryan came home having experienced and seen things that no one should have to go through or see.”

Ryan struggled to settle back into family life. He had to not only rebuild his relationship with Cassandra, but form a bond with Corey. Sadly, even the birth of their twin sons, Isaak and Tyson, did not lift the terrible dark cloud that weighed Ryan down.

Tragically, Ryan’s struggles became too much for him and he took his own life. Cassandra was left alone to raise three-and-a-half-year-old Corey and his twelve-month-old twin brothers.

“I died, too, that day,” Cassandra recalls. “My past and present were shattered and the future without Ryan was an unbearable thought. I was lost for a very long time.”

A turning-point came for Cassandra when she stumbled across a newspaper advertisement for Legacy at a time when she needed it most.

“I had no idea how much my life was about to change after that very first call to Legacy. It really was amazing. Suddenly, I knew about a range of things we were entitled to but, more than this, for the first time in a long time, I felt like we belonged again.”

Cassandra was connected with a Legatee and became part of his family, embraced with warm love and support.

“Dennis always made sure that the boys and I were well looked after. He helped me with day care arrangements and getting the kids to and from school.”

When Corey was old enough, he was invited to Legacy’s Summer Kid’s Camp, held over two weeks in Busselton in January each year. Corey was one of 70 children who shared the sad bond of losing a parent who had served our country.

“The day Corey came back was bittersweet. The little boy, who had left to go to camp, had come back a confident young man, oozing joy. The stories he told us really lifted my heart. I saw a change in Corey that made me realise how monumental the loss of the boys’ dad had been.”

Corey, Isaak and Tyson have all received Legacy education grants to help with essential items for school, including tuition fees, textbooks, laptops, uniforms and anything that is required for their studies.

“I am very aware that, without Legacy, Corey, Isaak and Tyson would not be thriving in life the way they are now. I really cannot imagine life without my Legacy family.”

There are many more families like Cassandra’s that need your help today. Grieving, yet raising a healthy resilient family in the absence of a loved parent is tough. You can help us to make it easier – and successful – with a donation today.

Yes, I would like to support Legacy and help keep the promise

I do not need a receipt

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